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Back to School Feng Shui

By Kathryn Weber

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How Rearranging Your Child's Room Can Make Better Study Habits This Year

Every school year parents and students dutifully trudge through the malls in search of the perfect sneaker or the cool new outfit for the coming school year. However, it's unlikely that the new shoe or shirt will benefit them at school like a new room arrangement. How so? According to feng shui, a child's room that is arranged well can positively impact study habits and create better grades.

Feng shui, the Chinese technique for design and arrangement, suggests that rooms that have good energy, or "chi", create happier, well-adjusted children. Feng shui theories believe that for a child's room to have good "chi," the room must follow certain guidelines to be harmonious.

If the room follows these guidelines, the room will not only be restful, it also promote good relationships others and generate good self-esteem. Perhaps most importantly, a harmonious bedroom will encourage good study habits and promote greater success in school.

Follow these eight feng shui tips to help create a room that inspires your child to study more and to do better at school.

1. The room has a desk.

It sounds obvious, but many kids' only workspace is a bed, the bedroom floor, or the family dining table. Every child needs a suitable study area in the bedroom that includes a desk, chair, and a lamp. Children with study areas are more likely to study.

Better still, having a study area keeps all the school books and papers confined to the child's room. Feng shui also teaches that it's best for children to study facing the northeast, the direction of wisdom and learning.

2. Ground your kids.

Buy your kids a globe to promote interest in geography and to help ground them and encourage them to study. Add a globe in the Northeast corner of the bedroom, if possible, as this enhances the wisdom corner.

3. Create an "achievement area."

Every child needs to have recognition for a job well done. A perfect way to gain this is to create an achievement area on the South wall of the bedroom.

According to feng shui, this is the recognition area and it is the perfect place to pin up awards, papers with good grades, letters of recommendation, ribbons or trophies. Hang a roomy bulletin board here to

make an "atta' boy" or "atta' girl" spot in your child's room!

4. Hang a crystal in the Northeast corner of the room.

Crystals are used to make computer chips go faster, so why not use them to make your child study better? Hang a crystal in the study location to create more "study" chi and to help sharpen the child's ability to "process" or think!

5. Put your child in the command position.

Avoid having children face a wall when studying because this represents an obstacle. They should be able to see the door when someone enters. Position the desk so that they can see the door.

6. Display maps and other educational artwork.

Maps are another way to ground and encourage educational pursuits. They encourage "worldly" interest and curiosity and they make suitable images for a child's room. Avoid scary creatures, pictures depicting violence, or sad or dark subjects.

7. Eliminate TV from the bedroom.

Sadly, too many of today's children have TVs in their bedrooms. This is a feng shui no-no because it can make children much less likely to study and rest fully. If your child doesn't study as much as you would like and has a TV in the bedroom, ask yourself what is more important: television or school?

8. Shells and fish are symbols of education.

Conch shells and koi or goldfish are excellent symbols of educational success. Place the conch shell in the Northeast corner of the bedroom. Or, hang a picture of koi or goldfish in the Northeast corner. It is not recommended to keep live fish in the bedroom as water in the bedroom is associated with loss.

Kathryn Weber is a certified master practitioner in classical feng shui and the publisher of The Red Lotus Letter a weekly feng shui E-Zine. She has been featured and quoted by publications and websites, including Seventeen Magazine, First for Women, Martial Arts Professional, the Indy Star Newspaper,

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What To Expect From A Feng Shui Consultation

By Jakob Jelling

If you are wishing to harmonize or balance your house or any other environment according to feng shui, the ideal way to do so is through a feng shui consultation. A feng shui consultation would provide you the right and proper guidance for you to successfully achieve your goal.

Before you go to a feng shui consultation, it is important that you pay attention to choosing a good consultant. You should try to find out one who has experience and demonstrated knowledge. As with everything else, there are real feng shui consultants, who care for what they do, as well as there are others who do not. But you can easily check on this by asking him some references on where he learned and about past work.

A feng shui consultation may vary according to each different person and the way they like to work, but most of them would follow some general aspects in common. And, ideally, they should allow you to understand what they are talking about and what they are based on to give you a specific orientation.

Most of the times, a proper feng shui consultation would take the consultant to go to the place which must be harmonized. Sometimes a video of the place can be very helpful as well, but a proper feng shui consultation takes the consultant to be able to see the place before he can give certain advice.

A feng shui consultation could go through different stages. First, you may approach the consultant at his work office and let him know your general ideas. Then, he might ask you to give him a video of the space for which you are consulting him. Once he has the video, he can provide you with specific guidelines on what to do. And then, or instead of the last step, there would be a feng shui consultation stage done in the space itself.

The best advice you can receive from a feng shui consultation is based on accurate information. And, by allowing the consultant to actually see the place you would be able to receive the most accurate information and guidance possible.

Jakob Jelling is the founder of

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feng shui tips you'll ever need!

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