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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Battles of the Mind

By Joyce C. Lock

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Some thoughts on high blood pressure: cause and cure.

If God is truly God and in control of all things, then the battles we face, whatever they be, are really only in the mind.

Satan is like a roaring lion, seeking whom he may devour. The only power Satan has is to roar, except we give him power over our minds.

Whatever we hope to accomplish, by carrying weights and burdens, is futile. These are yokes God never intended us to carry. The battle belongs to the Lord. In some instances, we have to let go before He is free to take over.

But whatever the case may or may not be, there are times our minds become so worn that Satan seems stronger than we are. In times like these, our vision isn't clear. Satan is never stronger than God and we are His heirs.

Sometimes, remembering truths, we have already attained, is helpful in calling Satan a liar. My favorite remedy, that works even when I have no strength of my own, is to block out Satan's lies and go to God in worship.

Once, I was so far gone that I didn't know the problem and couldn't think of a Bible verse. My brain was about fried. I was so low, had no idea why, and couldn't seem to pull myself out of it.

So, I made up this horrible song, with whatever words came next. It started like this ... "Satan is a liar. His pants are on fire. The cow jumped over the moon." (Pretty lame, huh?)

Not didn't feel like singing at all, there was no song in my heart. I couldn't have worshiped if I'd tried. Though, I kept singing, and singing, until the words gradually transferred to words like "Jesus is the

Victory".

Still not feeling the words, however repetitious it was, I kept singing until the words gradually began to take on power. With each degree that I could better feel God's presence, the burden felt lighter and lighter until the evil presence was gone.

There's a song about things fading in His presence and the things of this world growing strangely dim, in the light of His glorious face ... absent in body, present in spirit. Sometimes, God allows such circumstances to call us to take a vacation; to go away and just be with Him.

Once, I think I spent a whole week at escaping with God. It was so wonderful; I didn't want to come

back. It is a guaranteed fix for stress related high blood pressure.

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Joyce C. Lock is a published author, poet, and columnist. In addition, she founded and maintains the e-mail ministries "Heavenly Inspirations" <http://groups.yahoo.com/group/HeavenlyInspirations/> and "Share a Smile" <http://groups.yahoo.com/group/smilesaring/>. Joyce's writings encourage us in our relationship with God and each other.

I Can – unlish your inner drive

By Nilesh Gore

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|| I Can - The Capability ||

By Nilesh Gore : ng411002@rediffmail.com

It is a normal thing for human mind is to get confused about different things in life. Here we concentrate on the confusion between 'I Can' and I Can't thinking. But first of all we must know why this confusion begins at all. It begins because most of us creates a painful mental experience, without experiencing it in reality , by deviated imagination or self talk. When imagination or self-talk is negative, disabling and weakening the results in the beginning of "I can't" belief, which generates feeling of hopelessness and helplessness.

The "I can't" thinking is self destructive and commonly held by most of us. So before you say "I can't" Say: "I'll try and then I'll give my level best." And Now the question arises "How to do so ?" well, By

planning and taking action now think rationally.

* – By taking action - Taking Action only can remove your unnatural mental and physical drowsiness and removes your fears. Action will bring results and results will generate confidence, experience and skills ; and it will improve your performance and attitude.

So once you have decided to change your belief form "I can't" to" I Can " remember : never fears shadows; they simply means that there is a light shining somewhere nearby. Also keep in mind that : Far out in the world , we find success begins with fellow's will, it's all in the mind.

Life's battles don't always favors to the stronger or faster, but sooner or letter the man

Pls read my article "Art Of Criticism" and add one more tact to your attitude.

Nilesh Gore.

Nilesh Gore – Graphologist.



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