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**Menopause, Andropause And Other Hormone Imbalances**  
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**Be Thankful For Grammar**

**By Denton Krypps**

I never thought I'd say this, but I'm thankful for grammar. You heard me right. I'm thankful for

grammar. I guess maybe I should say that I'm thankful that I learned grammar. It's really true. As an author, I learned quickly to be grateful for those years of elementary school, junior high, and high school grammar class.

Do you remember sitting through those dreadful grammar classes? I sure do. I remember being asked to memorize the function of a noun, pronoun, verb, adverb and adjective. And I remember learning the difference between the subject of the sentence and the predicate of that same sentence. I have no real memory of how the concepts of grammar made it off the pages and from the teachers' mouths into my head, but they did. I never intentionally paid attention during grammar class because at that time I was years away from deciding to be a writer. I guess the grammar I needed to learn somehow came to be through osmosis. Think about our what our society would be like without the existence of grammar.

Basically, grammar is the thing that allows us to communicate the same kind of English. Sure, you and I both know what a dog or a tomato are, but what if you thought that each sentence that ended with a period was really a question. Wouldn't that be confusing? Or what if I decided to write my next novel uses sentences like this: "Told Billy to Sarah loving a mother being a." Does that make sense to you? Of course not, because that sentence was not written with proper English grammar in mind. If we're lucky or just have a good imagination then we can determine that Sarah is telling Billy something about loving to be a mom. But without grammar, understanding even the most common English words just isn't easy.

Do you love to sit down and read a good book? Or perhaps relaxing in front of a movie is your cup of tea? Do you enjoy surfing the internet for the latest facts and news? If you enjoy any of these things, then you better appreciate grammar. It is proper grammar that allows you to read a book or to understand the script of a film or even to make sense of the internet.

If you still are not convinced about the importance of grammar to your life, trying having a conversation using mixed up sentences like the one I wrote for you earlier. It is pretty hard to make it through a day when no one understands each others thoughts or questions.

## Be Thankful For Grammar

Fortunately, because we have grammar, we never have to worry about miscommunicating with people because of the way we arrange our words. So be thankful for grammar because I guarantee it has made your life a lot easier.

Writer Denton Krypys frequently gets on his soapbox about the importance of grammar to any society. Learn more about one of the most underappreciated things at

<http://www.grammarnews.info>

### **Two Very Forgotten but Crucial Words – Thank You**

**By Tracy Lyn Moland**

#### **Two Very Forgotten but Crucial Words – Thank You by Tracy Lyn Moland**

Thank you — wonderful words that we all love to hear but forget to say. Do you write thank you notes? I remember when I was a child my Mother always made my brother and I write thank you notes to our friends, family, and each other. I recall thinking that it was a lot of work. What was the point? We already had said thank you in person or on the phone. But Mom insisted it had to be done and we did it. Before long she didn't have to enforce it, we knew what to do. If we were given something, we sent off the thank you notes.

As I got older, I started to see it from a different side. A dear elderly Uncle was very generous with us and said it was because we were always so thankful. He appreciated our notes. The more thankful we were, the more he felt like giving. We learned a powerful lesson. We learned the power of gratitude! We learned to be thankful. I feel so good when I receive a sincere thank you note that I want to send one back to the sender! We also learned to look for times to be thankful - not just when we received gifts. We learned to be thankful for the things going on around us.

As an adult, I still send thank you cards, not only for gifts but also for thoughts, actions, and caring. I am teaching my children that saying thank you is as important as the occasion itself. As they learn to do it, they complain about it, and question it. During dinner, we often will tell each other things that happened during the day that we are thankful for. Eventually, they will realize their lives are actually enriched by gratitude. As they learn to be thankful they will see the wonder in their lives.

And as I write this I realize that I have forgotten to write the most important thank you card of all. Thank you to my Mother for teaching me this special skill. It has brought much joy into my life and the lives of those around me. Thank you for teaching me the power of gratitude and giving me something to share with those around me. Thank You Mom.

Tracy Lyn Moland is an author, speaker and consultant specializing in providing solutions to Mothers and those who sell to them. Learn more at <http://www.TracyLynMoland.com>



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