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**Menopause, Andropause And Other Hormone Imbalances**  
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**Beauty Tip: Foundation Secrets For A Flawless Complexion**

**By Sheila Dicks**

**Beauty Tip: Foundation Secrets For A Flawless Complexion**

by: **Sheila Dicks**

8. Always use a foundation with a sunscreen of at least 15 to prevent future sun damage.

9. Change your foundation shade if the color of your skin changes.

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**By Mike Zanov**

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## Beauty Tip: Foundation Secrets For A Flawless Complexion

Mike Zanov – practicing dermatologist.

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