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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Bedwetting - Causes And Cures

By Lucy Bartlett

Every night millions of families face the issue of bedwetting. Mostly children under the age of six

suffer from this problem and sometimes it lasts right into their teenage years. Medical practitioners are not very sure about the cause and how this problem suddenly stops. Most children normally grow out of it naturally and without any medication. It is not usually a sign of any emotional or medical issues.

There are two types of bedwetting, namely primary enuresis and secondary enuresis. In the primary bedwetting the child is rarely dry during night and continues to wet the bed at least twice a week for a year. As the child grows up and with good parental guidance most of the children stop the habit. Secondary enuresis is when the children start wetting the bed after a temporary respite of a year. Sometimes this continues until the affected child reaches their teens. Doctors consider hereditary traits as one of the causes for primary and secondary enuresis.

Another factor is the non development of a hormone cycle which consists of a tiny burst of antidiuretic hormone which should occur around sunset to reduce urinary output from the kidney through the night to prevent the bladder getting full. This development is not present at the time of birth and children normally develop this cycle when they reach two years of age. In some children this development occurs late. In some cases this hormone cycle never develops at all leading to frequent bedwetting.

Diaper usage leading to a very comfortable and dry feeling also makes the child unable to learn how to control the bladder movement while asleep.

Families and the affected children can become very stressed due to this problem. Guilt and embarrassment causes anxiety among the affected children when they have to spend nights outside their family circle or when they have to attend camps.

By reassuring the child that this habit can be cured easily and lending emotional support will be very helpful to the child to overcome this problem.

By reminding the child to use the bathroom one last time prior to their bedtime will be a good practice. Waking the child during their deep sleep is not a big help at all to overcome this problem, although it

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may provide dry nights as a temporary solution.

In some rare cases, if abrupt bedwetting is combined with other symptoms may indicate a medical condition. It is better to consult the doctor immediately who will check for signs of constipation, bladder trouble, infected urinary tract or stress.

Bedwetting alarms can help cure the problem because of the noise it makes immediately after the first drop of moisture is sensed by the built-in pad. Upon hearing the alarm, the child awakes and goes to the toilet to clear the bladder. Alternative medicine such as Homeopathy claims that some formulas developed by them can help the child to attain good bladder control.

Find more info at

<http://www.bedwettingresourceonline.info>

Lucy Bartlett is a proud contributing author. Find more articles at

<http://consumerresourcesportal.info/>

For more info visit

<http://bedwettingresourceonline.info/>

or

<http://bedwettingresourceonline.info/bed-wetting-alarm.html>

Bed Wetting Resources

By Jan Nicholas

While a doctor can be very useful in helping you deal with your child's bedwetting, health care workers today are busier than ever and no one doctor can keep up with all the research and new information coming out each day. You may want to contact organizations such as the National Kidney Foundation or the American Academy of Pediatrics for more resources and then raise the information you find with your doctor.

You can contact some key resources about bedwetting yourself:

- The American Academy of Pediatrics (AAP) provides lots of useful information, and pamphlets about a variety of conditions, including bedwetting...

American Academy of Pediatrics (AAP)
141 Northwest Point Boulevard

Bedwetting – Causes And Cures

Elk Grove Village, IL 60007_1098

Phone: (847) 434_4000

Fax: (847) 434_8000

Alternative address:

The American Academy of Pediatrics

Department of Federal Affairs

601 13th Street, NW

Suite 400 North

Washington, DC 20005 USA

Phone: (202) 347_8600

Fax: (202) 393_6137

Email:

kidsdocs@aap.org

Web Address:

<http://www.aap.org>

· The PottyMD is a great resource about toilet training and bedwetting. Since this groups focuses only on this problem, you are sure to get information that is pertinent to the topic. Many parents swear by this resource.

PottyMD

2216 White Avenue

Knoxville, TN 37916

Phone: 1_877_POTTYMD (768_8963)

Web Address:

www.pottymd.com

· The National Kidney Foundation has recently launched a number of resources about bedwetting. Their website has lots of information and even video clips about the subject. Plus, if your child's bedwetting is caused by a kidney problem, this group can help you get information on that issue, as well.

National Kidney Foundation

30 East 33rd St., Suite 1100

New York, NY 10016

Phone: 1_800_622_9010

Web Address:

www.kidney.org

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· The National Kidney and Urologic Disease Information Clearinghouse provides all sorts of information about conditions that affect the kidneys and urinary system. Not surprisingly, they have several resources just about bedwetting.

National Kidney and Urologic Disease Information Clearinghouse
3 Information Way
Bethesda, MD 20892_3580
Phone: 1_800_891_5390
Web Address:

www.kidney.niddk.nih.gov

· The Bedwetting Store carries a large selection of items relating to bedwetting. If you want to know about the latest items and devices that can help your child, consult this large online selection.

The Bedwetting Store
Phone: 1_800_214_9605
Web Address:

www.bedwettingstore.com

· The American Academy of Child and Adolescent Psychiatry helps in distributing information about childhood psychiatry. It can be a useful resource if your child experiences undue upset because of bedwetting or if your child is experiencing secondary Enuresis caused by emotional trauma and needs treatment to overcome the problem.

American Academy of Child and Adolescent Psychiatry
Web Address:

<http://www.aacap.org>

WAIT! Do you need more tips and advice for kicking the bedwetting problem in your child? Head over to

<http://www.stopwetbed.com>

today!



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