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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Benidorm And The Costa Blanca Travel Tips**

**By Erica Bosworth**

Benidorm Spain is located about forty five kilometres northeast of Alicante. It is one of the main

attractions on the Costa Blanca. This city was built for tourism. The beach front and other areas are lined with hotels offering many choices in accommodations. Benidorm is surrounded by mountains. This protects the city against cold winter winds. The climate is mild in the winter months. The city is most popular among tourists in the summer. There is plenty to see in the daytime and a bustling nightlife after hours.

Spain: Tips for Travel Most people getting cheap Benidorm flights into Alicante airport when visiting this city. Once you arrive, there are plenty of choices for travel throughout the area. The Benidorm bus has frequent routes from the airport to the city. The railway runs a similar route. There are about twenty car hire companies that operate in Benidorm. All will pick you up at the airport; just let them know when you make a reservation.

The choice you make in travel will depend on how much you plan to travel throughout the region on your vacation. If you plan to travel to surrounding cities, a car is the best bet. This will allow you the freedom to move around the region. If you plan to stay within the city for most of your trip, public transportation will serve your needs well.

Benidorm Attractions Benidorm offers something for everyone in terms of attractions. There are holiday and theme parks, as well as other attractions that are great for families. Single people will enjoy the beaches and vibrant nightlife of the city. Golfers will enjoy the great golf courses in and around the city.

The city has three beaches. The Playa de Levante is also known as the rising beach. This beach is more secluded, but tends to draw a younger, single crowd. The Levante is a topless beach. The Playa de Poniente is in a busier area. This beach tends to attract families and older people. The small beach in between these two larger beaches is called the Playa Mai Pas.

The main street on the beach and the city square are car free zones. No traffic is allowed in this area, which makes it nice for walking. The area is home to a variety of restaurants, dance clubs and bars.

## Benidorm And The Costa Blanca Travel Tips

This is a busy area both day and night during the summer travel season.

The Lemon Express is a thirty mile rail journey from Benidorm up the coast of Spain. This offers a scenic tour of the coastline. The train leaves from Benidorm and travels up the coast. You will enjoy the scenic view of the Spanish countryside from the train.

There is also plenty to do with the family in this city. Families will enjoy the Terra Mitica, a theme park in Benidorm. The name in English is the Mythical Land. This theme park features ancient Greek, Egyptian and Roman civilizations. There are plenty of rides here for kids of all ages. In addition, the park offers play areas for younger children.

The Terra Natura Park is a wildlife park. This park is home to over five hundred animals of about two hundred different species. You will get to see animals in their natural habitats. The park is set up in four theme areas. There is also a park with a playground for the kids to run and play. Spend some time

researching the variety of attractions and accommodations in the Benidorm area when planning your vacation. You will find there is something for every member of the family. Good planning will ensure that everyone has a great time on your vacation.

Erica Bosworth wrote a lot of articles for

<http://www.alicante-spain.com>

, where you can find a detailed

Benidorm Guide (

<http://www.alicante-spain.com/benidorm.html>

) including a free video of the city.

### **Real life on the Costa Blanca**

**By Karen Milacic**

#### **Real life on the Costa Blanca by Karen Milacic**

If you are new to Spain, or just new to the Costa Blanca, you may be forgiven for thinking that each town is another Benidorm – you could not be more mistaken. The town of Benidorm, now grown to the size of a small city, is very, very different to the rest of the Costa Blanca – almost to the point of being a different world. Most of the small towns such as Altea, Javea, Calpe and Moraira along the coast are unspoilt and little commercialised. You can quite easily find the Spain that so many people have fallen in love with – little fishing villages and quite coves and beaches, typical Spanish villages with their narrow streets and unhurried lifestyles as well as upmarket and modern villas and apartments. There

are many hotels and Aparthotels available on the Costa Blanca to suit all tastes – and budgets and you can find out more about them on <http://www.costablancaworld.com>

I am a seasoned expat living on the Costa Blanca for five years. I speak fluent Spanish and have two children in school here. If you are thinking of emigrating to Spain the information I can provide is ESSENTIAL. Visit my web site <http://www.costablancaworld.com>



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