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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Best Recipes: Chocolate Peanut Butter Milkshake

By Donna Monday

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by: **Donna Monday**

Directions

In a blender, combine peanut butter, chocolate syrup, milk and ice cubes. Blend until smooth.

<http://www.1st-milkshake-n-smoothie-recipes.com>

Best Recipes: Peanut Butter Cup Milkshake

By Donna Monday

Directions

Blend first 4 ingredients until smooth. Add peanut butter cups as you blend.

<http://www.1st-milkshake-n-smoothie-recipes.com>

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