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**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Best Recipes: Mango Peach Smoothie

By Donna Monday

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Directions

Combine all ingredients in blender and blend until smooth.

<http://www.1st-milkshake-n-smoothie-recipes.com>

Best Recipes: Southwestern Mango Smoothie

By Donna Monday

Directions

Use only one kind of tropical fruit (mango, papaya or guava) above.

<http://www.1st-milkshake-n-smoothie-recipes.com>

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