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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Best Recipes: Old Fashioned Chocolate Milkshake

By Donna Monday

Best Recipes: Old Fashioned Chocolate Milkshake

by: **Donna Monday**

Is there any drink more delicious to chocolate lovers than a tall glass of frosty chocolate milk?

How about a chocolate milkshake?

Here's a quick and easy chocolate milkshake recipe:

Directions

Put all the ingredients a blender.

Blend until smooth.

Enjoy!

<http://www.1st-milkshake-n-smoothie-recipes.com>

Best Recipes: Chocolate Peanut Butter Milkshake

By Donna Monday

Directions

In a blender, combine peanut butter, chocolate syrup, milk and ice cubes. Blend until smooth.

<http://www.1st-milkshake-n-smoothie-recipes.com>

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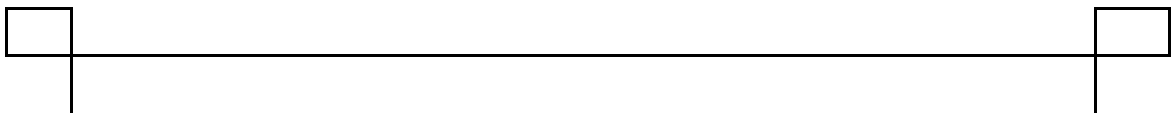
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