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Menopause, Andropause And Other Hormone Imbalances
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Best Recipes: Peanut Butter Surprise Milkshake

By Donna Monday

Best Recipes: Peanut Butter Surprise Milkshake

by: **Donna Monday**

Directions

Combine peanut butter and pancake syrup. Place in blender. Add ice cream.

Blend until smooth.

<http://www.1st-milkshake-n-smoothie-recipes.com>

Best Recipes: Peanut Butter Cup Milkshake

By Donna Monday

Directions

Blend first 4 ingredients until smooth. Add peanut butter cups as you blend.

<http://www.1st-milkshake-n-smoothie-recipes.com>

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