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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Best Recipes: Root Beer Float Milkshake

By Donna Monday

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by: **Donna Monday**

Root Beer Float Milkshake Root beer 3 tablespoons chocolate syrup 2 – 3 scoops vanilla ice cream

Directions

Blend all ingredients until smooth.

<http://www.1st-milkshake-n-smoothie-recipes.com>

Best Recipes: Classic Vanilla Milkshake

By Donna Monday

Sometimes plain vanilla is best.

Directions

In a blender combine ice cream, milk, vanilla and sugar.

Blend until smooth.

<http://www.1st-milkshake-n-smoothie-recipes.com>

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