

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Boy, Do We Get The Garbage!**

**By Douglas G. Burkland**

**Boy, Do We Get The Garbage!**

by: **Douglas G. Burkland**

For the most part I view our family as the typical nuclear family.. reflecting the personal and practical living priorities of the times we live in. It's certainly not reflective of the family in which I was raised, but those times were different. The parents of us boomers not only had their Depression Era work ethic but also a strong family ethic; dad worked and mom maintained the home front. Life seemed more efficient. But as us boomers aged and cut through the old social norms like a swelling juggernaut we defined our own life priorities and social living standards. And one of the many by-products of that 'swelling' has been.. well, more garbage.

No, that's not a metaphor for the political harrangs coming from our elected officials nor the explanation given by the natural gas company in my gas bill explaining why the bill has doubled .. I'm talking about real garbage; the stuff we toss in garbage bags. I was raised in a family of four and I am currently a parental unit in a family of five. When I think back of the amount of garbage generated then compared to now one would think the additional person increased family garbage 10 fold. Obviously it's not that the extra person has made that much difference but rather the lifestyle change in our current culture.

We honestly generate in our household one of those lawn-size garbage bags full of trash each day. One day as I was passing through the kitchen I noticed the overflowing trash container.. you know which one it is, that little plastic thing that can hold two plastic milk jugs and a Campbell's soup can (I once entertained the marketing of an industrial 55 gallon drum with designer trim for kitchen use? but that didn't fit under the sink too well). Anyway, as I stood there for a moment pondering which kid I was going to chastise, I surveyed the contents. Interestingly I found there was very little true organic refuse. I mean, in my day mother compacted meat bones, coffee grounds, dish scrapings, cooking residue, and a few wrappers into a half gallon milk container then sent me out to the trash can in the alley. This stuff I was looking at was essentially paper packaging? daughter's macaroni and cheese box.. a couple cardboard frozen pizza wrappings, a half gallon orange juice container (the same kind of container mother used for a full day of garbage), a bevy of unrecognizable wrappings, a Chef Boy-R-De ravioli can (large size), a Burger King paper cup (large), a handful of the day's junk mail, an old Time

## Boy, Do We Get The Garbage!

magazine, and a couple microwave popcorn bags.. and this was only noontime!

Well, like most families these days we seldom cook because everyone goes their separate ways and both parents work. So our garbage reflects the fast food, prepared food, instant food, microwave food, lifestyle. As I picked up the overflowed paper trash I couldn't help but sigh at what we have given up as a family unit? I mean, well beyond the lack of a home-cooked meal. A supper-table closeness, a proper diet, increased spending, are just a few of the compromises we made.

So, I filled the bag, packed it down, tied it off? and did what I did many years ago for my mother; I took the trash out back and tossed it into a bigger container.. then forgot about it.

Doug Burkland is degreed in the behavioral sciences and writes articles regarding family life, parenting, human sexuality, entrepreneurship, and current events. An aging baby boomer raised in the Mid-West and having liberal-conservative attitudes, Doug is an admitted 'survivor' of public education who thinks he has something to say that people might like to read; sometimes using a bit of healthy satire, mixed with friendly sarcasm, and at times tempered with thought provoking common sense. Along with being an entrepreneur (having had three businesses of his own), Doug has a broad perspective on balancing life and family.

or email

### **Trash Cans – Advancing Technology**

**By Lucy Bartlett**

"Sleep is when all the unsorted stuff comes flying out as from a dustbin upset in a high wind" is a quotation by William G Golding, winner of Nobel Prize for literature.

Definition of garbage bin differs from dictionary to dictionary depending upon the region and most appropriate definition is:

"A waste container (known more commonly in British English as a dustbin and American English as a trash can) is a container, which can be made out of metal or plastic used to store refuse. Other names include rubbish bin, litter bin, trash barrel, garbage can and trash bin."

Let us look into the practical side of dustbin or garbage bin or trash can or .....

Lining the indoor garbage bins with garbage bags is essential to keep it clean and to make the removal of the garbage easier without touching the rubbish.

Are you worried about the environment? You have this choice of environmentally friendly twin-bin feature which keeps organic and compostable matter separate from all other waste. The lid opens smoothly by touch. This model comes with a removable stainless steel lid unit along with a special ventilation hole in the inner bucket. To prevent damage to the floor, the base is made of plastic.

## Boy, Do We Get The Garbage!

Then there is this auto open garbage bin which will automatically open the lid when the hand is near 8" above the garbage can. It will close automatically after 5 seconds. These automatic features are handled by an infrared sensor.

The conventional garbage can comes with a close fitting lid to keep in unpleasant smells. They are mostly used in kitchens or a living area. It can be opened with a stainless steel foot pedal.

A fire proof garbage bin is more ideal for large or busy households with lot of children. They have bright colored exteriors looking beautiful and tough. The other additional feature is a fire safe trap to self extinguish flames. Cleaning them is also easier and the self closing steel doors provide safety and control over the odor.

The latest gadget is a Clever Dustbin. This dustbin uses infrared technology and when you sweep the dirt and debris close by it automatically sucks it up and you are saved of all the hassles of collecting and dropping the dust into the bin. What will our inventors be thinking of next!!

For more info visit

Lucy Bartlett is a proud contributing author. Find more articles

. For

more info visit

or

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares

Boy, Do We Get The Garbage!



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**