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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Bullet Proof Yourself

By Josh Hinds

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Bullet proof yourself – No, I'm not talking kevlar here :-). Instead I am talking about the importance of developing in yourself, multiple skills. You might choose start a little side business. A good friend of mine started a lawn care business as a way to supplement his "real job". If business keeps up he'll be in a position to do it full time.

The key here is that he didn't start out trying to change the world with his business idea. Instead, he gave life to the business idea. He started working it, and as a result he's reaping the rewards. Simply put, find a need in your area, and look for ways to fill those needs.

Perhaps you opt instead to go the route of continued education. In this case you might decide on adult education courses, certificate programs, correspondence classes, or even an online university to finish or start a degree. Who knows, a combination of some or all the ideas might be your choice. The possibilities are endless. It's up to us to take advantage of them.

Rather than focus to much on specific options, I want to drill home the point that the skills we cultivate in ourselves really can increase the number of options we have available to us in life.

I believe that the person with several skills (i.e. something to fall back on) worries less about things that are out of their control. Things like downturns in the economy, corporate layoffs and things along those lines. The reason is not always that he or she is less prone to these unfortunate realities than you or I.

Rather, it's that through acquiring extra skill sets they don't feel as though they are "locked" in to one particular job or career. They are for all practical purposes more flexible with regards to opportunities in the market place.

My friend, I urge you to get started now on the path of adding to your portfolio of skills. You deserve the peace of mind that comes with it. Keep in mind that you don't have to set out to change the world. Start small and finish big. Develop yourself, and your world will evolve around you... Your friend in cyberspace, Josh Hinds

Josh Hinds is a syndicated columnist on the subject of personal development, and founder of the web site <http://GetMotivation.com> – as well as the ezines – Let's Talk Motivation! Subscribe at <http://getmotivation.com/ezines.html>

How Do They Make Auto Glass Bulletproof?

By Jeff Jefferson

As you may know bulletproof glass is glass that is capable of stopping all sorts of bullets fired at it. This type of glass is made by using a strong but transparent material such as polycarbonate thermoplastic. Sometimes it's constructed by using layers of laminated glass.

The polycarbonate layer is often put between layers of regular glass. A bullet will probably pierce the exterior glass layer, but will be stopped by the really strong polycarbonate layer before it can pierce the inner layer of glass. There's also what's called bullet resistant glass that's constructed of laminated glass layers. This is built from sheets of glass glued together using some sort of liquid rubber.

One-way Bullet Proof Glass

As technology advances in the field of bullet resistant glass we now have a new type of bullet proof glass called one-way bulletproof glass. These types of glasses are commonly used by armored cars.

The beauty of this glass is that it will resist incoming fire arms striking the outside of the glass, while allowing those on the other side of the glass, such as guards, fire from inside the armored car, through the glass at the exterior threat outside.

Usually One-way bulletproof glass is made up of two layers. A brittle layer on the outside and a flexible layer on the inside. If a bullet is fired from the outside it will hit the brittle layer first and will probably shatter an area of it. This shattering of the glass absorbs some of the bullet's energy, and spreads it out on a larger area. When the slowed down bullet hits the flexible layer, it will be stopped.

However, when someone fires a bullet from the inside it hits the flexible layer first. The bullet will then go through the flexible layer because its energy is focused on a smaller area. The brittle layer will then shatter outward because the inner layer flexes and doesn't stop the bullet's progress.

Jeff Jefferson Auto Glass Site Auto Glass



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