

CAN HOUSEHOLD PRODUCTS CAUSE ASTHMA

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By Alfred Jones

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Exposure to chemicals in early life, may cause young children to develop Asthma. Volatile organic compounds are pollutants, like Benzine, Ethyl Benzine and Toluene, some of these compounds are in Polishes, Room Fresheners, Paint, Floor Adhesives, Fitted Carpets, Cigarette Smoke and numerous other items.

Doctor Krassi Rumchev of the Curtin University of Technology, in Perth, Western Australia, in a study of 200 young children, found those exposed to fumes from home cleaning, polishing and air freshener products ran the greatest risk of developing Asthma.

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Information On Asthma For Grown Ups

By Roger Thompson

Adults and Asthma

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This article talks about Asthma for the grown up and elderly. We know that asthma has many medical implications.

Adult asthma normally comes from one of three conditions. First off, some adults that have had asthma their entire lives or that have had it since childhood are in one condition. In the second, the asthma was there during childhood and then all symptoms of asthma were gone for a period of time and then sometime later in their adult life, asthma has come back. Finally, there are those adults that are first getting asthma during their adult years. In this case, the asthma is almost always brought on by occupational asthma conditions, or poor working conditions or exposure to triggers that over time developed into asthma in the individual.

Anyone that has asthma, including the adult, can find the help that they need in treating and living with it. As you will learn as an asthma patient, there are many types of medications on the market that can be used to treat asthma both in the episodes that you may experience (asthma attacks) as well as in the day to day living arrangements. Those that have had asthma as a child and then had no symptoms of asthma for much of their life only to have it resurface are often the hardest patients to treat. Here, something, possibly contaminants or even infection, has caused the resurgence of the asthma and it is often a severe case when this happens.

In cases where occupational asthma is the culprit, it is often the asthma specialist's first course of action to determine what the trigger is that is causing the asthma outbreaks. Then, the first treatment for this type of asthma will be to avoid that trigger. Of course, your doctor will help you to determine what that is and will work with you to determine just what can be done to help provide you with relief from your asthma. Even as an adult, it is important to seek out the help you need for asthma.

Roger Thompson writes about asthma, health related issues and jobs for



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