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COMMON DREAMS and their MEANINGS

By Jennifer Ambrose

Dreams refer to those bizarre jumbled pictures and situations that usually come to us when we are

sleeping. Some people believe that dreams are merely mental flashbacks of our activities the whole day. But there are also several people who believe that dreams mean more than that. To them, dreams happen to convey information - valuable information in particular. And the information from our dreams is believed to be very beneficial in solving our problems and in comprehending what's really going on.

That belief can be true. Our dreams are among our most precious mental resources. And they usually contain messages from ourselves to ourselves. Dreams may tell you what and how you really feel about yourself and others and the situations in your life whether at present or in the past. Here are some of the common dreams that people have and their meanings as well:

· **HOUSE/PROPERTY**

If you dream of coming or visiting you own home, better be happy because it foretells that you will have good news to rejoice over. But if you see your own home in a dilapidated or damaged state, it happens to warn you of a sickness or death of a relative. If a young woman has a dream like this, it denotes sorrow because she will lose a dear friend. However, if in your dream you go home and you see that everything is comfortable and happy, then you'll have harmonious home life at present and satisfactory result or achievement in business.

· **FIGHTING/BEING ATTACKED**

Did you dream of being involved in a fight? Then it signifies that you will have unpleasant encounters with your rivals in business. If in your dream you see somebody else fighting, it means that you are extravagant and is squandering your time as well as your money. If you're a woman, having a dream like this, it warns you against gossip and slander.

If a young woman sees in her dream that her lover is engaged in a fight, then it denotes a sign of unworthiness or disgrace. If you're defeated in the fight, be prepared because you'll lose your right to property. But if you win over your opponents, it indicates that by courage and perseverance, you will win honor and wealth.

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· FALLING/DROWNING

If in your dream, you sustain a fall and you are very scared, that foretells that you will face some obstacles but will finally rise to wealth and honor. If after you fall, you are injured, better be ready for the hardships that will come and worse, for loss of friends. To dream that you are drowning implies that you'll lose property or even life. You are lucky if in your dream, you are rescued from drowning because it means that you'll be promoted from your present position to a seat of wealth and honor.

· WIND

A person who dreams of the wind blowing softly and sadly upon her/him, will have great fortune. If in your dreams you walk briskly against a brisk wind, it's telling you that you will bravely resist temptation and pursue your goal with determination.

· GHOSTS

Dreamed of the ghost of one of your parents? Then be cautious because it portends that you are prone

to danger. You must also be careful in establishing partnerships with strangers. If you see the ghost of a dead friend, it signifies that you will have a long journey with an unpleasant companion and you'll suffer frustration. The ghost speaks to you in your dream? It means that you'll be trapped in the hands of your enemies.

· LADDER

If in your dream you see a ladder that's being raised to help you ascend to some height, it denotes that your spirited as well as your nifty qualifications will make you prominent in the world of business. If you are ascending a ladder, it implies prosperity and abundant happiness. But if you fall from a ladder, be careful because it signifies failure. Descending a ladder in your dream betokens frustrations and disappointments in business.

Jennifer Ambrose is the author of the ebook "Unlock the Mystery Of Your Dreams" which teaches you how to interpret your dreams and understand them. Download it at

<http://www.MysteryOfDreams.com>

In Search for Dream Meanings: Dream Theories from Past to Present

By Jennifer Ambrose

In Search for Dream Meanings: Dream Theories from Past to Present

People have always been interested in dreams, in particular, in their meaning and in what causes them. A big proof of this interest is the fact that even scientists have a discipline for dream research called oneirology. But while oneirology has been able to answer a lot of questions about dreams and dreaming, the field has failed to describe exactly what dreams mean.

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Oneirology, however, is a fairly new field describing man's interest in dreams. Long before oneirology was born, there was oneiromancy, which is a form of divination by the analysis and interpretation of dreams. Oneiromancy has a long history, dating back to about 3000 to 4000 years before Christ and was practiced by ancient cultures, specifically by the Greeks, Romans, Egyptians and Babylonians. This long history of dream interpretation just proves man's great interest in dream meanings.

Oneiromancy, however, is kind of vague, with each ancient culture offering different variations in dream interpretation. And aside from the dream meanings advocated by our ancestors, some great psychoanalysts have also offered their own theories in dream meaning. Further, many modern psychologists want to combine oneiromancy and oneirology, coming up with their own versions of dream theories.

With the long history of oneiromancy, one can expect to find different explanations about dream meanings. In this article, we present to you a few of the well-known theories on dream meanings. Among them are:

- The ancient dream theories
- Dream Theory of Sigmund Freud
- Dream Theory of Carl Jung
- Modern Dream Theory of Calvin Hall

The Ancient Dream Theories

Our ancestors have different beliefs on what dreams really mean. For the Greeks and the Romans, dreams are messages from the gods. As such, these people would often bring dream interpreters in battles to assist their military leaders.

In the Bible, one can also find a lot of accounts about dreams and their meanings. This just shows that Hebrews, as well as Egyptians, also believe in dreams. For the Egyptians, a dreamer is a blessed person while a dream interpreter is a gifted person. For Jews, dreams are often seen as prophetic.

In Chinese, Native American and ancient Mexican cultures, dreams are interpreted in another distinct way. For these people, dreams belong to another dimension or another world, and that a person's soul goes out of his body while he is dreaming.

Dream Meaning According to Freud

According to Sigmund Freud, author of the book 'Interpretation of Dreams', dreams are the "royal road to the unconscious". In his book, he described dreams as something that represents wishes that are repressed since childhood. These wishes are ever present in the unconscious but are not allowed into the conscious mind because, among other things, of their sexual nature.

According to Freud, dreams are highly symbolic because the unconscious tries to hide the wishes from

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the conscious mind. Thus, the wishes are disguised in either of the following methods:

- Condensation - where a dream object could stand for different things.
- Displacement - where the significance of the dream object is less than that of the disguised object.
- Representation - where a thought is translated into visual images.
- Symbolization - where an event or personality is replaced by a symbol.

Dream Meaning According to Jung

Carl Jung is once a follower of Freud but disagreed with him in some aspects of interpreting dreams. According to Jung, dreams are a way of the unconscious to communicate with the conscious mind. Jung also believed that archetypes in dreams represents the same things for all people and that these archetypes belongs to a "collective unconscious".

Dream Meaning According to Calvin Hall

According to Calvin Hall, dreaming is a cognitive process. Unlike the theories of Jung and Freud that suggests that dream meanings can be discovered through the dream objects, Hall's theory suggests that dream objects are but visual representations of personal conceptions. Thus, Hall claims that there is no general or symbolic meaning in dream images.

Which of Them Is True?

Different dream theories explain dream meanings differently. Sadly, there is no way for us to say which theory is the truth. Theories in dream interpretation are hardly based on scientific research, thus making them hard scrutinize. But whichever of them is the truth, all these theories tell us that dreams have meaning and must not be simply disregarded.

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