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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Cairns, The International Gateway Into Tropical North Queensland Australia

By Jay Cunningham

Cairns, the international gateway into Tropical North Queensland, is Australia's premier regional city. It has the unique honour of being rated the safest tropical city in the world. The city is a vital, cosmopolitan centre and its residents enjoy an enviable tropical lifestyle.

Cairns has a typical tropical climate, with really only two distinct seasons. 'Winter': May through November; 'Summer': December to April Winter is the dry season - usually idyllic weather, with sunshine, low humidity, little rain and fresh breezes. For current weather in Cairns see this page

<http://www.explorecairns.com/weather>

Two of the world's greatest natural treasures are here - the

World Heritage listed, Great Barrier Reef and the Wet Tropics Rainforests. How fortunate to have two such treasures in one area.

Cairns is rated the third most popular tourist destination in the country after Sydney and Brisbane and the Cairns International Airport is the nation's sixth busiest in terms of international and domestic passenger movements. In 2003/04 more than three million international and domestic passenger movements were recorded.

Cairns is also a preferred stopover port for luxury cruise ships. It is a Mecca for scuba divers, snorkellers, reef cruises, all types of fishing, outback "bush" adventures, native bird and wildlife watching and tours of all shapes and sizes, rainforest walks, adventure activities and accommodation to suit all types of budgets. For more tours in Cairns visit this page

<http://www.explorecairns.com/tours>

Cairns City Council provides funding each year for the chief tourism body for the region, Tourism Tropical North Queensland, for promotion, marketing and convention marketing.

Cairns, The International Gateway Into Tropical North Queensland Australia

Cairns plays host to a number of events and conventions throughout the year and is the perfect place to inspire. Upcoming events include:

Laurel McKenzie: Girlie Event 22 February 2006 – 29 May 2006

An exploration of the ways in which women are imaged across historical eras, different culture and media. An exhibition of digital prints. ... hover for full event information Book 9069226

Japan Festival 14 May 2006 – 28 May 2006

Be a part of Japan Festival 2006 – Year of Exchange. Guaranteed to be a fun and unique event for two weeks from 14 to 28 May. 2006 brings many new exciting event partners such as Wonderbus, a travelling roadshow showcasing Japanese culture; U Stage 9 7 street performance hot from Japan. Plus 20 Oyama delegates coming to celebrate Year of Exchange by signing a Sister Cities agreement. ... hover for full event information Book 9069122

Images of the North 10 June 2006 – 20 August 2006 (TBA)

Artworks featured in the award winning education kit "Images of the North" produced by the Cairns

Regional Gallery. ... hover for full event information Book 9069227

Cairns Junior Eisteddfod 21 June 2006 – 30 June 2006

Showcasing the talented youth of North Queensland and beyond. Subjects include Literature, Speech & Drama, Dancing & Choirs, Vocals, Instrumentalists, and Dancing for ages up to 18. With choirs from as far away as New Guinea! ... hover for full event information Book 9066268

Cairns Show 19 July 2006 – 21 July 2006 Cairns, Cairns, Queensland – Australia

Queensland's largest regional show! Thrill rides, amusement rides, stalls, exhibitions, competitions and more. ... hover for full event information Book 9068887

Jay Cunningham is a Cairns Australia resident who runs the local

<http://www.explorecairns.com>

website. For Cairns photo galleries, accommodation, things to do, local information, events, weather and more visit

<http://www.explorecairns.com>

Facts About The Great Barrier Reef

By Abby Johnson

The Great Barrier Reef off the east coast of Australia is a popular tourist destination for scuba travelers. The reef is legendary for its beauty. It is the largest reef system in the world and spans more than 1400 miles. If you love to scuba, you probably hope to visit the Great Barrier Reef someday. Here are a few facts about the great reef:

Location of the reef

The Great Barrier Reef is located off the east coast of Australia near Queensland. It is 185 miles from the mainland at the south and 12 miles from the mainland at the north. The widest point of the reef spans over 50 miles, the longest more than 1400 miles.

How to get to there

Flights depart daily for Australia from the west coast of the US. Once in Australia, you will most likely have to take a short domestic flight to the local city gateways to the reef which are Cairns and Townsville at the northern end and Gladstone and Bundabery at the southern end.

The Ultimate Scuba Diving Adventure

The reasons the Great Barrier Reef is such a popular diving spot is because of the crystal clear waters and abundance of sea life. The depth is fairly shallow which makes it great for novice to moderate level divers.

The best way to see the reef is on a live aboard boat which takes divers on extended expeditions to the reef. Smaller vessels take divers into the heart of the reef on daytrips which last for 4–5 hours.

Finding a 'Dive Island' Resort

There are many islands surrounding the reef which offer accommodations especially for reef divers and offer immediate access to the reef. For example, Cod Hole is one of the most popular diving spots and it is located off Lizard Island.

Best Time to Visit the Reef

All times of the year are suitable for diving in the Great Barrier Reef. The area is tropical so the weather remains pleasant throughout the year averaging temperatures in the 70's to 80's. The most popular months for diving at the Great Barrier Reef are during Australian summer which is the months of December to March.

Abby Johnson is a staff writer at

<http://www.retirementplanningdigest.com>

and is an occasional

contributor to several other websites, including

<http://www.lifestylegazette.com>



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