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**Calling Forth a Soulmate**

**By Skye Thomas**

**Calling Forth a Soulmate**

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How do I draw a soulmate into my life? You don't. I've read plenty of books that tell you how to do it, but I don't believe for a minute that you can place your cosmic order and your perfect ideal twin soul is going to materialize just like that at your front door. It doesn't happen like that. You can open your heart and mind to finding a beautiful loving relationship, but chances are that using the word soulmate will almost jinx you from finding it. Why?

For many of us, when we think of a soulmate, we think of someone perfect. Someone who is gorgeous, brilliant, funny, naturally happy and kind. We think of someone who wants exactly the same things out of life that we want. We picture a meeting right out of the movies where both parties meet on the street and instantly fall madly head over heels in love. We think that there will never be any conflict beyond a quaint debate over what colors to paint the baby's nursery. We imagine lovemaking that is so phenomenally perfect the first time that one cries from the sheer artistic beauty and telepathic oneness. All problems and challenges in our lives will suddenly melt away into faint memories because our soulmate has arrived and their presence alone is so cosmic and amazing that all else pales in comparison.

Yeah, and if I say my affirmations with enough conviction, gold coins are going to start growing instead of dandelions in my yard too! Wake up! If you're dreaming of that kind of a soulmate, then you need to rent some good movies and call it good. Love doesn't go like that and you know better. Look at it this way.... You are the other half of that equation. Let's be serious. If you are someone's soulmate, and they find you. Are you capable of being that incredibly flawless and perfect for them? No of course not. Nor are they. Soulmates are as mixed up and weird as you are. They may have the same flaws as you do or completely different ones. If you are holding out for that fantasy, then you are playing a psychological game with yourself. You have created an impossible dream to hide behind so that you don't have to really risk falling in love with a real live human being, warts and all.

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Yes, I do believe that there are extremely rare cases where one 'feels' or 'knows' there is a certain person they are meant to find and they are haunted by the need to find that one person. They are doomed to hunt for that needle in a hay stack. But let's get serious, that isn't the norm. We have all heard so much about soulmates that we just think it would be really cool. Well it's not. It sucks to spend a lifetime passing up real love with real people because somewhere out there is this voice calling your name. You doubt your sanity and spend most of your life lonely and searching. Don't do it. Find real love with real people.

Change your definition of soulmate. Call to yourself someone who is open and real. Call to yourself someone who is genuine and capable of love on a real everyday level in a real everyday world where people get up and go to work and pay bills. Call to yourself someone who knows how to show and express their love without manipulation and head games. Call forth a forever kind of love. Call forth a best friend that you can sit with in your rocking chair on the front porch when you're too old to make love anymore. Call someone who loves you enough to kick you in the butt when you're screwing up. Call forth someone who will shout from the rooftop when you are deserving of praise too. Call forth

someone who is a loyal and faithful lover willing to learn and grow with you behind closed doors. Leave the rest to fate. Don't define them. Don't imagine the look of their face or the color of their eyes. Don't predetermine anything else about them. Let them be exactly who they are and you be who you are. Then work on making yourself into the same type of person that I just described so that you'll be worthy of them when they show up.

When you go through your ceremonies, affirmations, and prayers for your soulmate, ask the heavens to help you to be open minded and to not judge what that person is supposed to be. Ask for a feeling of their essence so that you'll recognize it when you see them for real. How does it feel to be with them? If you had a perfect ideal partner, you wouldn't be able to relax and be yourself because they were not of the same energy as you. Raise your own self to be your best and ask for a partner that matches your level of development so that you can grow together. You don't want to have a partner who is in every way superior to you because they're perfect and you're only human do you?

Unless you can lighten up your definition of what a soulmate is, then you really shouldn't use the term. It will only bring you loneliness and heartache if you insist on waiting for perfection. The best advise I can give you if you want an amazing forever kind of love is to be healthy, happy, and independent. Quit worrying about when love will find you and get busy with living your life. Keep your heart open and your eyes open for the possible love of a lifetime, but don't obsess over it. What is meant to be will be whether you call it to you or not. Call for help being a beautiful soul. Trust that the rest will fall into place in it's own perfect time.

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Skye Thomas is the CEO of Tomorrow's Edge, an Internet leader in inspiring leaps of faith. She became a writer in 1999 after twenty years of studying spirituality, metaphysics, astrology, personal growth, motivation, and parenting. Her books and articles have inspired people of all ages and faiths to recommit themselves to the pursuit of happiness. After years of high heels and business clothes, she is currently enjoying working from home in her pajamas. To read more of her articles, sign up to

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### **Passion's Search for Destiny**

**By Skye Thomas**

She was haunted by a man whom she had never met. He came to her in her dreams. It was not just a reoccurring dream about some random Prince Charming archetype. This guy had flaws, he was just as mixed up and lost as she was. She would wake up from a dead sleep to the sound of his voice whispering in her ear, "Look out the window." She would argue in her half asleep stupor, "Be quiet! I'm sleeping!" Again, he would whisper, "Look out the window." She would eventually drag herself up from the cozy comfort of her bed to gaze out the window. There was the full moon big and beautiful. It magically called to her from somewhere in the back of her soul's oldest memories.

She could feel him there, her ghostly suitor. She knew that if she spun around quickly, he would be standing there behind her, but every time she turned, there was nothing there but silence and darkness. Somewhere in the recesses of her mind, she could hear him silently promising, "Wait for me... I'll find you if it's the last thing I do." She would toss and turn for the rest of the night feeling his intense presence and wrestling with the fact that he wasn't 'real'.

As the years went on, she would learn that he did not know her name and that he called her Destiny. She began to call him Passion. She was not allowed to search for him. She was to sit still and wait. It was part of the game, part of the agreement. His challenge for this lifetime was to search for his Destiny. After all, what is Passion without Destiny? He had to learn how to recognize her. She had to learn how to wait in blind faith that he would find her. Both had to live real lives with real mates. Neither could shake the very real belief that the other one existed somewhere out there.

How many times would she convince herself that the man standing in front of her was her Passion? How many times would it not be true? How would she know when it was finally him? How many women would he mistake for her? Would Passion and Destiny burn out and give up, writing it all off as just some figment of their imaginations? Do soulmates really exist? Or are we looking for an impossible ideal?

A soulmate is not just someone that you love from the depth of your soul. They are not just someone that you have a karmic connection with. They are not just someone that you want to spend the rest of your life with. They are someone you miss hanging out with before you have even met. They are the one that upon first meeting you simply sigh in relief and say, "Ah there you are, I've been waiting for you." There is no questioning, no 'getting to know you' stage. You have known them for all of eternity. You may want to share stories of your journeys and how you came to find each other, but you already 'know' them as well as you know yourself. You see yourself in their eyes. You understand them on a soul level because you share the same source.

Unfortunately, it is not always a blissful experience. Most of us are not ready to meet our other halves

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because we are not even ready to look ourselves in the mirror. Until you can truly love and accept yourself, then you will not be able to love and accept your soulmate. They are not some fantasy person sent to save you from the ups and downs of real life. They will not make your life a magic perfect delight. They will simply love you on a level that is unlike any other.

If you do not hear the call of a long lost soulmate, count yourself as blessed. You have the freedom to love anyone you choose. You get to make any kind of match that pleases you. Do not try to force a soulmate relationship. Be content in knowing that you are exactly where you are supposed to be, doing exactly what you are meant to do.

If on the other hand, you do hear your Passion calling, or you see Destiny in your dreams, then my prayers go out to you my dear. For yours is that path of finding the proverbial needle in a haystack. Don't ask me to tell you if they're worth the hunt. Can you bring yourself to give up the hunt even if you tried? Only you can gauge your ability to silence that cosmic voice calling you to hold out for that certain person that only you will recognize. Only you know what it's going to take to find them. Perhaps the angels will smile upon the two of you and help with some old fashioned happenstance. Perhaps you will telepathically connect and find your way to each others' arms. Perhaps you were just meant to experience the longing. Perhaps you will go through some bad relationships first so that when you find your Destiny, she'll be that much sweeter and more appreciated. Nobody knows for sure how it will play out. But I believe that on some level, deep down, you know.

Did you already meet your soulmate and choose to walk away from each other? Was the intensity too much? Did it scare you? Was it overwhelming? Was it too hard? Will you have a second chance with them later down the road? Will you miss them forever? Yeah, probably. Will you learn something about unconditional love from them? Yeah, probably.

Did you find each other and recognize they shared the same soul as you? Did you hold on tight? Count yourselves as the very rare and incredibly blessed. Cherish the gift of finding yourself in another's eyes and seeing just how beautiful you are.

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Skye Thomas began writing books and articles with an everyday practical approach to life in 1999 after twenty years of studying spirituality, metaphysics, astrology, personal growth, motivation, and parenting. After years of high heels and business clothes, she is currently enjoying working from home in her pajamas. Go to

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