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Can Bleeding Gums Kill You?

By Dr. Harold Katz

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Can Bleeding Gums and Other Periodontal Diseases Kill You?

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Recent research in Europe and the U.S. have proven a link between an increase in oral sulfur compounds (from bad breath), which then initiate gum disease and bleeding gums (which are truly open wounds in your mouth). These open bleeding sites allow other dangerous toxins to enter the body's blood stream.

There is a strong relationship between gum disease and bad breath, because volatile sulfur compounds (found in bad breath) are needed to initiate the penetration of dangerous toxins below the gum line to start periodontal disease. This new research corroborates our work in finding a non-surgical treatment for gum disease.

We strongly encourage the use of a top quality floss to provide a superior level of oral hygiene.

When searching for the right therapy program to prevent periodontal disease, be sure to make sure it includes the following items:

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PeriO2: This active ingredient releases potent Oxygen molecules when in contact with these sulfur compounds. Immediately, a chemical conversion takes place that eliminates them safely and effectively. Once the Thiols (sulfur compounds) are reduced, their initiation of allowing toxins into the blood stream disappears.

Whole Leaf Aloe Vera: This is not your ordinary aloe vera. It is specially grown for us in green houses to maintain its high concentration of Pharmaceutical Level elements. As everyone knows even "plain" aloe vera has been used to stop bleeding as a natural healing agent for thousands of years. Tests performed at a large metropolitan hospital on Whole Leaf Aloe Vera indeed confirm its healing highly beneficial qualities.

Tea Tree Oil: This is the secret ingredient in many "natural" Medications. Tea Tree Oil is extracted through a complicated process from the leaves of an Australian tree. Physicians in the Southern Hemisphere have turned to the Melaluca Plant because the overuse of antibiotics has rendered formerly effective prescription medications useless. Properly formulated Tea Tree Oil has been used in many cases as an anti-bacterial agent, when even the strongest antibiotics have failed.

Zinc Gluconate: Zinc is the natural enemy of bacteria. It wasn't until very recently that laboratories decided to use this very pleasant version of Zinc (as opposed to nasty tasting Zinc Acetate or the astringent Zinc Chloride – which burns the inside of your mouth). You may recognize this ingredient as the one that is used in many common cold medications – That's because it works!

Fluoride: Sodium Fluoride should be added for 2 very good reasons: 1) It stops the decay process and 2) It helps to desensitize teeth with root exposure (a common symptom of gum disease).

So what's wrong with commercial products? PLENTY!! First of all, if they truly worked, why is there an epidemic of gum disease in the U.S.? – (where everyone constantly brushes, rinses, and gargles with the following ingredients!)

Here's just a few of the chemicals that are thrown into the mix of the most commonly used products:

Alcohol: To really destroy these types of bacteria you need at least a 70% solution of alcohol. The problem is that you can't use such a high concentration in your mouth. Alcohol makes your mouth extremely dry; it's classified chemically as a "desiccant" – or drying agent. The most popular mouthwash uses a concentration of 27% alcohol – enough to create a huge increase in these anaerobic bacteria. That's because when your mouth gets dry, you have less Saliva. Among minerals and enzymes, your saliva contains a high concentration of Oxygen to keep the anaerobes in check. Once your mouth gets even slightly drier, the anaerobic bacteria go wild and there is an instant increase in sulfur production. The same thing happens when you drink alcohol (however, there is still more alcohol in the leading mouthwash than a 6 pack of beer!)

Soap: Yes, there is soap in toothpaste. It is known chemically as Sodium Lauryl Sulfate (check out your shampoo bottle and you'll see it listed near the top of ingredients.) Soap as everyone knows is

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very drying. Consequently, it will end up producing more of these sulfur compounds. Why is Soap placed in toothpaste (it's even in the so-called "natural" Tom's of Maine – It's put there to make it foam up. The big companies think you are stupid and that you won't brush your teeth unless you see FOAM! It has no other use.

Saccharin: Nearly every toothpaste on the market contains Saccharin to sweeten the product. Saccharin has been shown time and again to cause cancer in lab animals. Did you know that Crest toothpaste for Kids contains Saccharin! Would you give Saccharin to your children? Of course not! Then why do you let them brush their teeth with it (and possible swallow some, too!)

From my clinical tests at the California Breath Clinics (office visits available in Los Angeles and San Francisco), we've found that we can help our patients prevent bad breath, sinus congestion, and lousy tastes. If there is anything we can do to help, please don't hesitate to contact us – that's why we're here!

Uncover the REAL Causes of Bad Breath! Dr. Harold Katz, founder of the California Breath Clinics, is a worldwide expert on the topics of bad breath, halitosis and dry mouth. His 'Bad Breath Bible' is an easy-to-read guide to help YOU enjoy fresh breath every day for the rest of your life. Request your free copy at: <http://www.therabreath.com/a/1164/ebook.asp>

Aloe Vera Remedies

By Patrick Carlow

Aloe Vera has proven to be very effective in healing skin problems such as minor burns, and scratches. But unknown to many, it has been recently discovered that it is very useful in oral care as well.

Aloe Vera aids in the healing of gum problems. Gum diseases like gingivitis or periodontitis can be treated easily with this herb. Gingivitis caused by bacteria building up between the teeth and gums that cause inflammation and bleeding. It has been proven that Aloe Vera greatly reduces the instances of gum bleeding. With its soothing and healing properties, gums tend to stop the restored to health faster.

Periodontitis is the advanced case of gingivitis. Tooth loss apparent if you have periodontitis. Aloe Vera reduces the swelling of the gums, and the soft tissues in it. Once swelling is reduced, bleeding stops.

Aloe Vera is also known to have antifungal benefits. It prevents denture stomatitis, which is the redness and soreness of the mucous membranes covered permanently by a denture. Not only the teeth but also the mouth is a subject of fungal infections. The cracked corners of the mouths are prone to fungus. With the application of Aloe Vera, fungal growth is prevented.

Aloe Vera also promotes the healing of tooth cavities when placed inside extraction sockets. The gums are almost like the skin, only tenderer. Just like the way aloe helps in treating a wound, it also would in

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gum abrasions.

Another application would be in root canals as sedative dressing and as file lubricant. The nerve ends in a root canal are very sensitive. Aloe Vera greatly helps to lessen its sensitivity.

Aside from these applications, Aloe Vera is added to toothpaste. It is known to be a whitening agent for the teeth. It is also rich in Vitamin K and provides natural protection for those susceptible teeth and gums.

Dentists and doctors alike have come up with an Aloe Vera activator spray, which is good for certain throat infections. This herb has the capacity to prevent not only fungal but viral infections as well. The same spray is also being used to ease the painful growth of a wisdom tooth and the joint pains that is associated with it.

Aloe Vera is not only for topical applications. It can be drunk or ingested. Several pills and juice drinks are being manufactured as dental medicines to promote the healing of dental surgery patients and other similar instances.

Aloe Vera has found its way through dentistry and soon enough, all other fields will be able to find uses for it in more ways than one. Researchers have been working overtime to fully maximize the healing benefits of Aloe Vera. This herb has been tagged as nature's well-kept secret because its abundance of application has yet to be discovered.

We all should benefit from an Aloe Vera. It's an all around wonder for the body. It pampers the skin, the hair, and now, the teeth. Aloe Vera has to be enthroned, as nature's most valuable gift to man as well.

Patrick Carlow is a publisher of several Internet web sites and articles and has been conducting business online for over ten years. He is the owner and publisher of Aloe Vera Natural Skin Care.

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