

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Cancun Vacations: Isla Mujeres "Island Of Women"

By Peter Shannon

If you are planning a vacation trip to Cancun, hop the ferry across the bay to the small

finger-shaped Isla Mujeres. The name means "Island of Women" and there are a number of theories as to how the name came to be but it's not because of the topless beach. The important thing is that it's a great place to vacation in the sun.

On Isla Mujeres the atmosphere is much more relaxed and relatively quiet compared to Cancun or Cozumel. The number of tourists is much less than on the mainland.

The city is only about 10 blocks long and five blocks wide so don't expect a whole lot besides the supermarket and cinema. But the natural sights are what you came for anyway.

There are accommodations to fit all budgets. Most are downtown and near the oceanfront. One of the better hotels is Posada del Mar with air-conditioned rooms overlooking the waterfront. The Cristalmar Resort and Beach Club is south of town has a great beach, pool and modern facilities. There are a number of budget hotels but be careful because the conditions and service vary greatly from day to day.

The outlying reefs are great for diving and snorkeling. The windward side is best but only when the seas are calm. The coral rocks are quite dangerous when the water is rough. Local dive shops provide day trips out to the farther reefs for snorkeling and diving.

Charter a local boat for a deep-sea fishing trip. Grouper, barracuda, tuna and red snapper are in abundance year round while in the spring you can catch the bigger fish like dorado, marlin and sailfish.

Every year the Club de Yates of Isla Mujeres puts on a sailing regatta near the end of April. Also, the Regatta Amigos takes place several times throughout the year. These events turn into one big party for the whole island with costumes, dancing, music, food and tequila.

At Playa Norte Beach (the previously referred to topless beach) is on the north edge of town. The water is shallow, blue and calm with cafes close by. Sailboarding and water skiing are popular as is the

Cancun Vacations: Isla Mujeres "Island Of Women"

local three-wheeled floating "bike". Not far away is another beautiful and quiet beach, Playa Lancheros.

On the south end of the small island is a reconstructed ancient Mayan temple. It sits on a cliff with a wonderful view over the ocean. This makes a good excuse to take a walk and see the island.

Garrafon Beach is the one spot that seems to draw the most tourists. Probably because it's such a good spot for snorkeling. Avoid the crowds by going early. The beach has a coral reef that is perfect for beginner snorkeling and children. You can have fun actually feeding the fish. Not too far out you can get a look at some sunken cannon, an anchor and the resident angelfish.

If you go in October, don't miss the Isla Mujeres International Music Festival. It starts on the second weekend of the month and goes for 12 days of music and dancing.

The author, of this article, Peter Shannon, is the owner of the website

<http://www.1001-vacation-ideas.com>

. Here you will find a large collection of vacation and getaway ideas for travelers searchable by theme and location.

Travel To Cancun: The Ultimate All-Inclusive Vacation Destination

By Frank Johnson

Cancun is Mexico's premier resort destination, far outshining the role that Acapulco had once played for North America's top holiday vacation nation. If images of white sand beaches, clear blue water, jet skiing, scuba diving and lounging by the pool aren't enough of a draw, add to that image sensational nightclubs with larger than life shows and a plethora of ancient Mayan ruins and you have a sense of what the Cancun experience is all about.

Jutting into the Caribbean Sea, Cancun rests at the very tip of the Yucatan Peninsula on land that was commonly used as refuge for seafaring pirates. The resort town was built in the mid 1970s in close proximity to, and in some cases on top of, prized ancient Mayan ruins. The main drag is a string of beautiful Art Deco and high-rise hotels followed by a series of nightclubs ranging from exclusively posh or fantasy-like industrial to warmer more intimate discotequas with their own local groovy flavor. Regular 24 hour taxi service to and from anywhere in town makes choosing your accommodations almost as simple as booking your flight on cFares!

Ruins, Not Ruined Although simple mention of Cancun alone evokes thoughts of extravagant parties and spring break benders, make sure to take it easy enough so that you may enjoy a day trip to the surrounding Mayan ruins with a clear mind and an appreciative attitude. The most famous ruins are at Chichen Itza in the center of the peninsula. Inhabited from 445 BC to 1204 AD, then mysteriously abandoned, these ruins are centered about a pyramid with steps that culminate at giant serpent heads.

Cancun Vacations: Isla Mujeres "Island Of Women"

Visit during either of the equinoxes and the shadows will appear as though a giant snake is descending the pyramid. Closer to Cancun, Tulum is also a popular Mayan destination that overlooks the turquoise waters of the Caribbean. The Temple of the Frescoes has an ornamentally painted interior and the Temple of the Descending God is adorned with remarkably intricate bas-relief carvings. There are at least ten other major archeological sites accessible from Cancun by tour operators, and a few recently discovered minor ruins in the hotels' very own midst.

Cancun, and Then Some If beach bumming, water sports and overall paradise make you a bit restless, there are more than enough excursions to engage in once you find yourself on the sandy white beaches of Cancun. On a daily basis, seasoned guides lead eager hikers into the jungle to discover where the wild things live. Also, horseback rides are available along the coast and up into the mainland. A short ferry or plane ride away is Cozumel, Mexico's largest Caribbean island and one of the world's hottest spots for scuba diving, not to mention you can find a few private companies who offer swimming with dolphins. If true escape is what you're looking for, Isla de Mujeres is your answer. Fifteen minutes from Cancun by boat, this small tropical asylum is a peaceful retreat from resort life on the mainland. Cycling is very popular around the island, as well as snorkeling and chatting up the occasional pirate that passes through. Take a peek at the mysterious stone statuettes of semi-clothed women left by the Mayas.

Cancun is clearly an easy number one choice for any beach vacation. Families, singles, couples and teens should feel at ease and at home in this Yucatan dreamland that Mexico has made into an all-encompassing, all-inclusive care free environment with the vacationer's desires right at their fingertips! Look no further for the perfect escape, because you've found it when you travel to Cancun.

For more information on international travel and discount airfare to Cancun, visit

<http://www.cfares.com>

, your source for cheap airfare on the web.



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!