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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Canine Hydrotherapy: Choosing The Right Therapist

By Peter Goldberg

Dogs are like people in so many ways: they need to be touched, loved, and appreciated; they need exercise, proper nutrition, and good care; and sometimes they get the same diseases, like arthritis.

It's been found that one of the best treatments for humans suffering from arthritis and other joint diseases is water aerobics, a form of hydrotherapy. It should be no surprise that dogs benefit similarly from the support and warmth of hydrotherapeutic pools, especially since most dogs enjoy water so much anyway.

While a few years ago canine hydrotherapy was looked upon as a little odd to say the least, today canine hydrotherapy facilities are growing much more common. Veterinarians are as likely today to prescribe canine hydrotherapy for hip dysplasia and other canine joint problems as they are to prescribe medications.

How Does It Work?

Canine hydrotherapy is very simple. Special pools with powerful jets are provided for the dogs. The jets are set up so that the dog can swim against a current, building its muscles and strengthening the ligaments around weak or damaged joints. Generally the canine hydrotherapist enters the water with the dog, helping guide him into exercising the right parts of his body, calming him and remaining close by in case the dog grows distressed.

This sort of exercise is called isokinetic - it isolates particular muscular movements to help retrain weak muscles. The number of treatments needed depend on the dog and the problem. If the hydrotherapy is recommended for a short-term condition, like rebuilding strength or recovering from surgery, it can be as few as three sessions. For a dog with a chronic illness, the hydrotherapy may be long term or even ongoing for the rest of his life.

What Should I Look For?

The canine hydrotherapy pool should be warm but not hot; ideally somewhere around 92 degrees is

Canine Hydrotherapy: Choosing The Right Therapist

best. Therapists should work closely with your dog's veterinarian so they know what to treat for your pet. An individual plan should be developed for your dog intended to optimize wellness, with consideration given to muscle development, conditioning, general fitness, and relaxation.

Common reasons for the use of canine hydrotherapy include pre or post surgical conditioning; dysplasia or arthritis; obesity; cardiovascular workouts for older dogs; stroke reconditioning; and pain management, usually secondary to a joint disease.

How Do I Know Who To Use?

In Britain, the Canine Hydrotherapy Association was formed in 2000. They maintain standards and further the knowledge and use of good practice in hydrotherapy.

Not every hydrotherapist is a member. You can also find a good canine hydrotherapist by asking about

the experience the therapist has had with dogs. Have they bred or shown dogs? Run kennels? Did they ever work in a veterinary capacity?

Canine hydrotherapy is a new-enough industry that there are no schools or degrees. Your best bet: let your dog choose. If the dog likes the therapist, if he's willing to work with the therapist and cooperates in his treatment, then you have a good canine hydrotherapist for your dog.

For more information on this unique and effective treatment, and how it will care for your dog, please visit

<http://www.canine-hydrotherapy.com>

Peter Goldberg runs the canine hydrotherapy website

<http://www.canine-hydrotherapy.com>

For more information on this vital treatment, please visit that site.

Cleansing The Large Intestine Through Colon Hydrotherapy

By Barney Garcia

Colon hydrotherapy can be defined as the mechanism of warm, filtered water being gently fused into the colon through the disposable plastic tubing. For successful implementation of this therapy, it is really important that a certified or licensed professional should do colon hydrotherapy. This factor is also very important if you are looking for safety and getting the best result. It can be noted that hydrotherapy cleanses the large intestine only.

Canine Hydrotherapy: Choosing The Right Therapist

Costs Involved

The cost of colon hydrotherapy by an experienced therapist would be around \$50 – \$175 per treatment at the moment. While some people believe that it is too high, one must realize that no cost is more than the life.

Although you may feel embarrassed about going for colon hydrotherapy, you have to remove embarrassment from the mind as your condition is bound to get worsen.

Boards and ozone generator of colon hydrotherapy price tag is around \$600 including a complete setup. When you take into account the cost of health insurance at present, the cost of boards and generator is not that expensive.

Why Colon Hydrotherapy?

Colon can be defined as a tube-shaped organ in the body, pivotal for processing undigested food as well as absorbing water into the system. Colon erases toxins from the body and plays a pivotal part in proper functioning of the digestive system. With present day diet enriched with sugar and fats, it has a severe impact on the functioning of the colon.

As colon hydrotherapy is not a normal routine treatment. That is why this therapy is done under the supervision of a trained therapist. In addition, you have to eat light meals as well as may required to take an enema, a day before the treatment. During the hydrotherapy, you'll require to lie on your stomach while the therapist gently inserts speculum, a small rigid tube into your rectum. A speculum to a plastic hose is attached, that connects to a colon irrigation machine. Colon cleansing through hydrotherapy is becoming increasingly popular these days.

Barney Garcia writes about colon hydrotherapy. Visit:

<http://www.colon-cleanse-online.info/sitemap.php>

,

<http://www.colon-cleanse-online.info/colon-cleanse-tea.php>

and

<http://www.detox-your-body.info>



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