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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Causes Of Endometriosis

By Shelley Ross

Endometriosis is largely a mystery. While it is true that scientists and doctors understand how the condition progresses, the symptoms it creates, and even how to treat it, the rationale behind its actual cause is not fully understood. In fact, it is true that there may be several potential causes of endometriosis. It is also possible that the cause of endometriosis may be a combination of several different factors or just one. Different people may develop endometriosis for different reasons. What can be ascertained from current information and research is that endometriosis is not even close to being fully understood.

When discussing the cause of endometriosis, it is important to realize that there may be many different causes. As scientists and researchers continue to unravel the double-helix of the human genome, it is becoming increasingly en vogue to attribute the cause of a myriad of conditions to genetic information. Heredity is a leading theory of the development of endometriosis. In fact, the chance of developing endometriosis increases for women when a close blood relative has also developed the disorder.

Another possible cause of endometriosis may be due to several environmental factors. It is understood that since environmental pollution is higher than it has ever been throughout human history that excess toxins may be responsible for a variety of health related conditions. It could be that mercury, lead, and other heavy metals in the air and water contribute to the onset of endometriosis.

Furthermore, there are a large number of potentially hazardous chemicals in the environment that may put the immune system in a weakened state. It is not surprising then, that another possible cause of endometriosis may be the failure of the immune system to adequately fight off hostile invaders. If you know anything about immunology you would understand that the immune system is constantly under attack. If endometriosis is caused by some kind of auto-immune reaction or a pathogenic organism, then the functionality of the immune system may hold the key to the condition. Therefore, it is important for women with endometriosis to keep their immune system functioning at top levels through maintaining a balanced diet and taking regular exercise.

It is also believed that an over production of estrogen may be the linked to endometriosis. Estrogen is a female hormone and since only females develop endometriosis, it may be the key to understanding

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this potentially severe and incurable condition. When hormones are out of balance the body is not properly regulated. This can lead to a host of problems. Hormone imbalances may be to blame for endometriosis as well as a variety of other conditions.

The causes of endometriosis may not be fully understood, however, the theories available seem to logically fit. It may be that all these factors work in conjunction with one another in some way or that one of these causes stands alone. Only time, solid research, and the evolution of medical understanding will provide the answers scientists so desperately seek.

Shelley Ross has an interest in Endometriosis. For further information on Endometriosis please visit

<http://www.treatendometriosis.com/endometriosis.html>

or

<http://treatendometriosis.com/blog/2006/09/13/causes-of-endometriosis/>

## What Is Endometriosis And Common Symptoms

**By Sandra Montano**

Endometriosis is a condition that can prevent pregnancy in a woman. It is a disease that is fairly common and can afflict women from their first menstrual cycle through menopause. In rarer cases, endometriosis can affect post-menopausal women as well. Currently, there is no cure for endometriosis. As well, general practitioners often have a difficult time diagnosing endometriosis.

Endometriosis occurs when the endometrium, or uterine lining, grows outside of the uterus. It may grow in areas such as around the ovaries, in the pelvic cavity, sometimes even the bowels or in the bladder. Although very rare, the endometrium can also grow in the lung area.

As the condition progresses, the growths develop into "tumors" or "implants." While the reference to tumors can be unnerving, endometrium growths are not cancerous or malignant. However, the condition can be severely painful, cause heavy menstruation, and can prevent pregnancy in some cases.

Endometriosis symptoms include pain that is localized in the pelvic, abdominal, or lower back areas. The severity of the pain does not directly correlate with the amount of endometriosis present in these areas. One can have a small amount of endometriosis growth and feel severe pain. Conversely, one can have a large area of endometriosis growth and feel no pain.

Women who have pain in these areas might want to consult with their gynecologist. Gynecologists are specially trained to diagnose endometriosis. An MRI or ultrasound should be able to detect endometriosis, but it is not always the best way. A definitive diagnostic procedure is a laparoscopy. A laparoscopy is a surgical procedure that involves inserting a tube with an attached light into the abdomen. This procedure will determine the location, size, and extent of the condition. Once

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endometriosis is detected, treatment options are discussed with the gynecologist, which includes medication, hormone treatments, and surgery.

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to keep reading everything about Pregnancy

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Use and Abuse of Steroids

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