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Chanting for Healing, a Spiritual Voyage

By Paula Gilbert

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Paula Gilbert, one of the main artists and the producer of the Chanting For Healing Music CD tells her spiritual story of how the album was made. The album benefits global unity causes such as OxFam, RAWA, Twin Tower Orphan Fund, Global Exchange, and Food Not Bombs.

Paula is a performance artist, songwriter and teacher who founded the Cloverdale School of Music in 1994. After 9/11 she attended a Shamanic (Native American) mask making class that she had been attending every year for the past 7 years. The purpose of the class was to create a vision for the following shamanic year which begins each year in November. In the class, the participants worked together with a facilitator to create their vision through several guided meditations and journaling. The class took place late in October following the attack on America. During one of her meditations she had a vision. Paula says, "I became fluid and went into the earth. I saw myself dressed as a bear going around a table with children. I also saw a stone mouse from my Mother's table that we had made together up in the mountains when I was young. Then I saw birds flying through the light above me and I felt the Bear merge with me and tell me that he would be there to help me with strength in the coming year. Then the bear said we would need some birds for spirituality and a blue bird with a black head appeared and told me to gather the chants from all over the world, especially Afghanistan and to put them on a CD for healing and prayer." There were other parts to the vision telling her to use not just her own renditions but also to do the research and to include a chant for the children and the soldiers.

After the class, Paula went home with her mask and began the research and started collecting the chants. She told her mother about her vision and her mother offered to help out. She wanted as many chants from different cultures and languages and possible. Once she had collected several chants, on December 16, 2001 the recording began at Joe Hoffmann Studios in Occidental, California. Paula Gilbert, and local artists/musicians Tory Rotlisberger and Mal Tornay started off the recording with their beautiful rendition of Sri Ram, Jai Ram, Jai Jai, Ram Om which means "I am, you are, we are one". The recording continued on December 30th in a beautiful mansion on top of a hill in Sonoma County with a large group of people including local musician Zackary Miller on dijjiridu (one of the oldest instruments on the planet). Mal Tornay again brought his wonderful drumming ability along with his daughter, a beautiful singer, Elise Tornay. Katy Ketchum a local artist from Sebastopol brought her healing voice and impeccable piano playing and her husband Mike, a local poet, who also added to the

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vocal team. Local performance artist, Tory Rotlisberger again brought her healing voice along with her friend and vocalist Joanna Noble of Noble Designs in Healdsburg, and more friends and vocalists Karen Wallace and John Faulkner. Rick Mariani of Wolf Coffee with his twin sons Nicolas and Mitchell added to their vibrant vocal mix as well. Paula's family also participated in this recording session, with her Mother, Pat Gear, two Brothers, Karl and Rodney Sanchez, her sister-in-law Bethany Sanchez and her niece, Crystal Sanchez. "It was a great healing adventure to all sing together. I remember it was pouring rain outside. It was like the skies were raining all the tears of grief we felt for the victims of the 9/11 attack."

The spiritual adventure of creating this CD continued with several other recording sessions adding more cultures and more voices. Local artist Lisamarie Kirkess added a beautiful, healing Quan Yin chant. Carol Levy offered her beautiful vocal with two Jewish chants. Jamie Lampert, Chelsea

Thompson and Quincy Wise, all students of Paula's, added their vocals to the children's chant, Funga Alafia.

Then in March of 2002 Paula happened to meet Hans Jurgen Kary (Hansadutta dasa) through her good friend and local teacher Jim Seymour and the adventure continued. Hansadutta, a local Swami from the Hare Krishna faith offered a complete Kirtan (chanting and eating tradition). The Hare Krishna chant was recorded in April of 2002 with 6 Krishna devotees, Nakula dasa, Vishwambhara dasa, Lokanatha dasa, Gadadhara dasa, Jim Seymour and Radha Towle. They were joined by Pat Gear, Paula Gilbert, Rick Gilbert, Tory Rotlisberger, Crystal Sanchez, and Mal & Elise Tornay. Hansadutta spent time with The Beatles in the 60's when they were in India learning about Krishna. After each chanting session (even at the recording studio) we all ate a wonderful vegetarian dinner prepared by Hansadutta and the devotees.

After some more time passed and the graphics were created for the CD, Paula added the "I Love You Chant" by Chanara, her teacher and friend now living in Santa Fe, NM, and the final recording session was done by Paula Gilbert with her beautiful rendition of the Shiva mantra in Sanskrit which translated means "I honor the divine within".

The album was recorded, edited and mixed by Joe Hoffmann Studios, Occidental, CA. The photographs were done by Joe Hoffmann, and the CD graphics manufacturing were done by Paul Bacon of KABA Audio Productions --

. The website was created by David Rose of

in San Jose.

The album has been selling well in local stores and on-line at

. This year

they have raised enough money to do a good donation to each charity beginning in January. Next year they hope to give even more.

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Chanting is a wonderful way to relax; chanting calms and clears the mind of random thought. It is also very interesting to note that every culture chants, every culture is interested in communing with their divine self and every culture strives for inner peace and has a name for God. Paula believes, as we create this peace inside each one of us, so shall the world be peaceful.

We all came together in hope of creating a statement that says — We all want to get along — We all want the world to get along and we know this is possible.

Paula Gilbert is a performance artist, songwriter and teacher who founded the Cloverdale School of Music in 1994.

The Role Of Spiritual Warfare In Healing

By Dr. Jay Snell

Healing is probably the most misunderstood truth in the Bible. More false notions exist about healing than any other doctrine. For this reason, many are not healed who could be healed.

The greatest misunderstanding for believers concerning healing is to wrongly assume that faith or divine healing must be instantaneous. Nothing could be farther from the truth. Although some healings occur in an instant, most of them require a process which involves a length of time.

>From my humble experience, I will say that up to ninety nine percent of all healings involve a process. This process is just another way of saying, "Up to ninety nine percent of all healings utilize Spiritual Warfare."

For these reasons, many are not healed because the one ministering healing to them quits before the battle is won. They quit before they are through. They might put on a good show by shoving the sick one down to mimic the presence of God, but the sick one is still sick. What a tragedy. What a phony, just to look good for the crowd.

The name of Jesus is our primary weapon in healing by warfare. Learn this now: you may have to use this mighty name over and over and over before the healing is complete!

Don't be afraid of it. Just use it and keep on keeping on keeping on using this Name until the healing manifests totally. You see, sometimes, the healing comes (in response to this great Name) in stages.

In other words, the pain may leave first. Then, the redness may disappear. Then the fever may break. Finally, the infection is killed.

This may not be the exact order but you get the picture. Many, many healings require a process of Spiritual Warfare which involves the passage of time.

Think of using Jesus' name like a "sledge hammer" in the following way. Suppose you were driving on a mountain road and a rock slide occurred. Boulders fell in front and in back of your car.

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You are trapped and cannot move. You have a sledge hammer in your trunk and the only way out is to break the boulders in pieces small enough that you can throw them over the side and out of your way.

You begin to hit the boulders with your sledge hammer but you don't even put a crack in them. You continue hitting them and finally you break off a small piece from one of them. You are encouraged.

You continue the beating process and knock another piece out of them and throw it also over the side out of your way. You continue this use of your sledge hammer until you completely beat a path out of the boulders.

This principle of continued use of the sledge hammer is the same principle behind using Jesus' name for healing. Even using His powerful name, many times you must use it like the sledge hammer above. You must use it over and over and over again . Then and only then does a divine healing take place.

This is the role of Spiritual Warfare in healing.

Spiritual warfare for healing takes time and patience but healing comes when you utilize it.

Dr. Jay Snell authored eleven books proving the healing, prosperity, family well being, eternal security, pretribulation rapture and salvation provided for Christians in the Abrahamic covenant. These books presented many times on TBN.



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