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Chickens And Pigs Help Define Two Things We Need For Success

By Gordon Bellows

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This article is about involvement and commitment, two of the things we need to be successful. This applies to our jobs or businesses, relationships, and even our recreational pursuits. Any type of success, whether it is personal, professional, academic, or athletic, will usually require a combination of involvement and commitment.

I hope the headline stirred your interest. Here is how chickens, pigs, and even cows, can help define involvement and commitment. Think about a meal consisting of eggs and ham and consider the contributions made by a chicken and a pig. A chicken provided the eggs and a pig provided the ham. It can be said the chicken was involved, because the chicken continues to live as it lays more eggs. It can be said the pig was committed, because the pig gave its all to provide the ham and other pork products.

The same principle can be applied to two cows and a cheeseburger. The cow that provided the milk to be processed into cheese was involved, while the cow that provided the beef for the hamburger patty was committed.

It is not my intention to make light of animals that lose their life to provide food for humans, nor to offend anyone that does not eat beef or pork for religious or dietary reasons. These examples simply illustrate that being involved may mean being a participant with little or no effort, while being committed takes time and energy, and means much more than just being involved.

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Consider a recreational activity, such as a game of chess, or a softball game. You can be involved by just playing the game, no matter how good you are. However, to really be successful, to win more than you lose, you must have made a commitment at some point in your life. For chess, it means taking the time to understand the game and study winning strategies. For softball, it means at some point you practiced hitting and throwing a ball. There are a few fortunate people with a large degree of natural ability to do certain things, but most of us need to work at it.

Most of us have made some commitments for which we put forth a small effort on a regular basis. For example, things like taking a bath/shower and brushing our teeth are often taken for granted.

However, those things can be thought of as a commitment to good grooming and proper hygiene.

Marriage definitely takes involvement and commitment. You can be involved just by signing a marriage license and saying some vows. For the marriage to be a lasting success, it takes a commitment from both people. It means working together toward shared goals, communicating with each other, and resolving the occasional conflicts that may happen. It may take a little effort, but the personal rewards are well worth it.

A commitment isn't something to fear, nor does it mean that your entire life must revolve around the commitment. You simply direct some time and effort toward accomplishing your goal. You may have several goals in your personal and professional life. Things such as striving for a promotion, improving your golf game, losing that extra twenty pounds, and being a better spouse or parent are examples of worthy goals. It takes a commitment of both time and effort to reach each milestone.

Involvement and commitment are also important when it comes to business opportunities; especially network marketing (MLM). You need to put forth some effort to really make things happen, no matter how much hype you hear about your downline being built for you. When you look at an opportunity, try to find out the level of commitment that is needed to reach a desired level of success.

People who are successful in their chosen endeavors agree that we can all get more out of life when a little bit of involvement and commitment is applied to the things we consider to be important.

Start making improvements today by deciding which things are most important to you and make a commitment to do those things better. Often, just a little more effort will produce tremendous results.

Gordon Bellows is an economic trend analyst and part-time writer. Poor health was affecting all areas of his life until he found an amazing product that changed his life. He had remarkable results! Visit <http://www.YourHealthKey.com> to see what it can do for you. It's your key to better health and wellness.

How Humans Contract Bird Flu

By Michael Colucci

People all over the world have been going nuts for the very few people that the bird flu virus has killed. The media is one of the reasons why people have been going nuts for the very few deaths the bird flu has caused. However maybe the media is just serving as an early warning device to what could be a much worse situation.

The media maybe has gotten paranoid of the fear of previous influenza virus spread that has caused an epidemic way back. That's why they are helping us have more of an idea of what could be the latest big threat that could kill lots of people.

Thanks to the media we have more of an idea what causes the spread of bird flu influenza virus to humans. The main cause of bird flu comes from the migratory birds such as ducks. These migratory birds often don't get affected but they spread the virus to domesticated birds such as chickens, turkeys or geese which becomes affected. When the virus spreads to these domesticated birds, they die in large numbers often in just a day.

The bird flu virus was really not much of a worry for humans before. However because of certain people getting infected and dying in 1997 it has become a cause for concern. Since, cases of bird flu were reported throughout Asia, Canada and the Netherlands. Those people who were affected have made contact to infected birds or those areas where the infected birds made contact.

The main reason why bird flu is able to infect humans is because of its property of antigenic shift. Antigenic shift makes it possible for the virus subtype A to merge and create a new virus with a different species.

People who are often affected with the bird flu virus live or work closely with pigs or chickens. Pigs could be the cause of infection as well because they are a great place where both human and bird virus often merge.

In some cases the virus directly transfers to the humans. Here is how that happens.

1. The wild migratory birds shed their virus through their droppings, saliva or nasal secretions.
2. The domesticated birds catch this virus through sharing water, feed or soil that has become contaminated or through inhaling the airborne virus. The flu will then spread quickly from one bird to

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the other eventually leading to other flocks. The virus can be destroyed by heat but survives when it is in a cooler climate.

3. The virus could then be spread to humans due to the unsanitary open air markets where the eggs and birds are sold. Other reason a person may get infected is by touching an infected bird or its droppings.

If you are a person who works or lives with birds, it is best to remember to have a more hygienic lifestyle to prevent the bird flu virus killing you.

Michael Colucci is a technical writer for

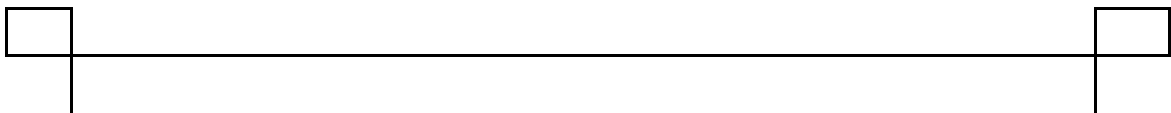
– A site that offers articles and

resources on the bird flu.

(You are granted the right to reprint this article but the title and content must remain unchanged and the authors name and contact information must be included.)



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