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Children's Discipline: How To Resolve Divorce Parenting Differences?

By Ruben Francia

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Did you know that inconsistency on matters of discipline gives double messages, produces anxiety and can be very confusing to your children? Children need to know where they stand in their behaviors. It is therefore critical for parents to resolve their differences in matters of children's discipline.

Since divorce parents leave on a separate house, they often differ in their rules and expectations for their children. People tend to view individual differences in terms of right and wrong. The adage holds: "If you are not with me, you are against me." In marriage, people call it incompatibility. In divorce, these differences sometimes resulted to expensive litigation, each trying to force the other to change and stop being different.

The matter of disciplining children can be the source of conflict among divorce parents. Each parent has different ideas as to what the appropriate discipline should be. Each viewed the other's proposal of disciplining as wrong. The consequences of their dispute were that there was ineffective or no discipline at all.

To turn differences into a unified discipline, parents should resolve the differences according to children's best interest. They can adopt the approach as listed below:

1. Make an agreement with your former spouse on what is realistically expected for your children. These should be based on the children's age, their temperament, their ability to follow directions, and the divorce structure of the family.
2. Come to some meeting of the minds on what values are highest priorities for each and on which behaviors you both agree are important to nurture in your children.
3. Discuss with your former spouse your preferences for discipline to see if there is an opportunity for consistency across households.

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4. In areas where there is an opportunity for consistency across households, make an agreement with your former spouse that whatever approaches are agreed upon, both of you will be consistently using the same when the children are with you.
5. Write the agreements down, review them and be sure they are workable.
6. In areas in which you differ, find a compromise that you both can live with and stick by it.
7. Set clear expectations for the children at each home. Explain to the children that there are certain rules at mom's house and certain rules at dad's house.
8. Never argue in the front of the children about disagreements in discipline approaches.

Help your children know where they stand in their behaviors. Get resolve your differences in matters of children's discipline. Support each other.

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Ruben Francia is an author of an indispensable divorce parenting guide ebook, entitled "101 Ways To Raise Your 'Divorced' Children To Success". Discover the ways to raising healthy, happy and successful children even if you're on divorced. Visit his web site at

3 Major Divorce Parenting Mistakes And Learn How To Avoid Them

By Ruben Francia

What 3 major divorce parenting mistakes that surely lead to unhappy, unhealthy and unsuccessful children? Parents know these for your children seek.

1. Failure To Act According To Child's Best Interest

This divorce parenting mistake stem from not knowing what exactly these interest are. Experts do agree on two factors that can be said to be the foundation for a child's true best interest: Maintain familial ties that were meaningful and important to your children prior to the divorce. Provide a generally supportive and cooperative in-between parent relationships.

Act according to child's best interest.

2. Failure To Let Go The Hurt's Of One's Divorce

Let go of grudges you may hold against your former spouse. Holding onto feelings of anger will not change your situation and will probably consume a great deal of your energy – energy you need to devote to creating a positive environment for your child. If you dwell on your disappointment and dislike with your former spouse – chances are your child will sense your feelings and suffer in some way from your negative attitude. Overcome this divorce parenting mistake. Let go and forgive.

3. Failure To Win Divorce Parenting Cooperation

If divorced parents can put aside their personal feelings before the welfare of their children and choose to interact with one another in a respectful and dignified way, their children will benefit. Beat this kind of divorce parenting mistake. Learn to win your ex parenting cooperation.

Sure, you can have healthy, happy and successful children even if you're divorced. Do act according to child's best interest, let go and forgive, and win the parenting cooperation of your ex. Remember, how bad and well children go through the divorce depends on how you handle the situation. Never let your divorce ruin your children's life.

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