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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Choosing The Best Tanning Lotion For Your Skin

By Andrew Green

These are some of the best and most popular tanning lotions available on the market.

Supre Cafe Bronzer: This dark tanning maximizer is from Supre, a two-in-one formula combining dark tan maximizers with self-tanning bronzers. Café Bronzer is formulated from a special blend of coffee bean extracts, Vitamin E and C, with Supre's own Skin Stimulation System and Biotan technology to help stimulate micro-circulation for maximum tanning results, and Skin Recovery System to help stimulate skin recovery from UV exposure. The lotion is specially designed for "Advanced Tanners", and costs around \$40.

Pro Tan Sunny Day Self Tanner: This product contains ingredients such as aloe vera gel, soybean oil, vitamin A, Vitamin E, kola and green tea extract, red clover and green tea extract etc, and is designed to even out, deepen and prolong existing tan. It costs about \$14.

St. Tropez Tinted Self-Tanning Lotion: This aloe vera based lotion is non-greasy, non-streaking and quick drying, which intensifies over 3 hours. The lotion is claimed to actually hide stretch marks, varicose veins, and vitiligo, which can be custom blended with St. Tropez Body Moisturizer to your own desired shade. The Tinted Self-Tanning Lotion costs around \$30.

Jan Tana Maximum Tan Accelerator Lotion: In order to a quick, deep dark tan, this Tan Accelerator combines three accelerators to create triple action tanning. It also contains moisturizers, vitamins and collagen to nourish the skin and help prevent premature aging. Originally formulated for indoor use but can be used outdoor with a base tan. The product costs around \$35.

Forman Tanning Lotion: A product from John Abate, this tingling maximizer is created and scented exclusively for men, and users with established base tans. The light tingling and/or subtle sensation or flush, that may be experienced while using the product, indicates an improvement in skin microcirculation and cell oxygenation—essentials to achieving a great tan. Forman costs around \$20.

Tan Accelerating Lotion: This is a product from Body Drench combines tan development moisturizing, and is formulated with ingredients such as Unipertan V-24 to provide essential nutrients for optimum tanning while it binds moisture to promote elasticity and fight aging. It costs around \$25.

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Thalgo Self-Tanning Scintillating Lotion: This contains iridescent pigments to illuminate the skin, and tanning agent (DHA) Erythrulose which unifies and prolongs tan. Its subtle tanning effect is best for fair to medium skin types, designed to maintain a natural, golden complexion. The manufacturer recommends exfoliating before using the product.

The Scintillating Lotion costs around \$35.

Black Onyx: Manufactured by Power Tan, the Black Onyx is formulated from a combination of cinnamon, nutmeg, ivy and licorice extracts for a reddening effect that helps speed delivery of nutrients to the skin. The oil-free formula also contains Alpha Hydroxy Acids, Pycnogenol, and Aloe Vera to combat aging. Other ingredients include Peppermint, Eucalyptus, and Menthol help cool your body and neutralize body odor. It costs around \$40.

Lavera Self Tanning Lotion: Formulated from certified organic extracts and essential oils such as organic Jojoba oil, Aloe vera, Rose and Lavender waters, and anti-aging Green tea extract, this tanning lotion contains ingredients such as DHA and Erythrulose, and no harmful artificial ingredients or chemicals. The Self Tanning Lotion costs around \$25.

Tanning HQ

<http://tanninghq.com/>

articles and information about tanning and keeping your body looking beautiful.

Sunless Tanning Lotions Avoid Cancer

By John Morris

For most Americans, having a pasty complexion isn't really all that appealing. Unlike other people who want to be fair, a lot of Caucasians want to darken their complexion a bit through tanning. Unfortunately due to the harmful effects caused by the ultraviolet rays from the sun, it really isn't advisable anymore to stay under the heat for so long for that coveted golden tan. This is why a lot of people want to go through the healthier alternative which is with the aid of a tanning bed as well as tanning bed lotions. This type of self-tanning is often referred to as sunless tanning wherein you won't be relying on the sun's rays to darken your skin.

1. Tanning Procedure

– Lay on the tanning bed after applying tanning bed lotion – Don't stay on the tanning bed for too long, 30 to 45 minutes will do – No need to rotate – Reapply lotion to preserve your new golden brown color for around a week

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2. Lotions

There are actually a lot of tanning bed lotions available in the market today. You can choose from all sorts of variants and brands depending on your natural skin tone. The type of shade that you wish to have and your tanning bed lotion budget. The Fiji Blend tanning bed lotions actually offer all sorts of tanning bed lotions that you might want to try and they are all available on the internet. Various online tanning bed lotion stores you can find all sorts of products from various tanning bed lotion manufacturers that may not be available to your local surf shop or beauty supplies store. It is highly recommended that you take some time out to check out these tanning bed lotion websites.

One of the popular tanning bed lotions that you can purchase either from the internet or at your local beauty supplies store is the Fiji Blend line of tanning bed lotions. The Fiji Blend line of tanning bed lotions boasts of being a staple in tanning salons and is highly recommended by tanning bed lotion users. Aside from being able to give you a smooth and even tan, the Fiji Blend tanning bed lotions will actually provide you with various other benefits for your skin such as anti-aging factors and moisturizing enhancers. This is a great plus for tanning bed lotion users as this will ensure you of a nice looking, healthy and even tan. Other tanning bed lotions, when not applied accordingly usually end up uneven and very unflattering.

3. Maintaining a Smooth, Even Tone

Even with the Fiji Blend tanning bed lotion variants, you need to be able to choose that one that is most appropriate to your skin tone, or else you might end up either looking too dark or half-baked. You need the right kind of tanning bed lotion that will give you that fresh from the beach look that most Caucasians are envious of. Also, the Fiji Blend line of tanning bed lotions are safe and easy to use and are comparatively affordable to the majority.

For more great tanning lotion related articles and resources check out

<http://suntan.skincarehq.com>



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