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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Christmas Libations for Little Elves**

**By Susan Dunn**

**Christmas Libations for Little Elves by Susan Dunn, You Personal Coach**

Please make the children's table festive! I watched a little munchkin's face fall last holiday when she realized she was relegated to the "children's table."

I make it the focal point of my own decorating, and invite you to consider the possibilities!

Here are some festive drink recipes for the little elves at your celebration.

Choose festive ware and garnish. Any drink with whipped cream, you can put sprinkles atop, candied fruit, cinnamon candies, Christmas "picks," drizzle with (non-alcoholic) crème de menthe for color, shaved colored chocolate, a Candy kiss.

Tie a red bow with an evergreen sprig on the punch ladle; surround the base with greens and sugared cranberries or toy ornaments.

If it's hot, stick in a cinnamon stick or candy cane; dollop with whipped cream and garnish with sprinkles, cinnamon candies, confectioner's sugar; add a holiday "pick"; stick a sparkler in each mug and light at presentation time.

If it's cold, use decorated ice cubes - freeze cranberries, tiny ornaments, mint leaves, anything festive and NON-POISONOUS into the cubes and add at presentation time. (Remember that holly berries and all parts of the mistletoe are poisonous); or freeze the same things in an ice mold. You can have great fun with floating ice rings for punch for the kids - put in ornaments, cherries, greenery, anything you can make hygienic-enough and that isn't poisonous!

Whatever you serve, serve it with festive flare, and give it a holiday name! There's no more appreciative audience when you go the extra mile.

NANA'S NOG

## Christmas Libations for Little Elves

3 cups milk

1 cup half 'n' half

3 T. sugar

Put in blender with ice and frappe. Consider food coloring and candy sprinkles. Serves 4.

### CHRISTMAS MINT PUNCH

1 1/2 c water

10 oz mint jelly

3 c pineapple juice, chilled

1/2 c lemon juice

64 oz Sprite

1 qt lime sherbet

In small saucepan, combine water and mint jelly; cook and stir until jelly melts. Cool. In large punch bowl, combine jelly mix and juices. Just before serving, add Sprite and lime sherbet.

### TRIM-THE-TREE CIDER PUNCH

1 gallon apple cider

12 whole cloves

2 large apples (Granny Smith, Rome Beauty), peeled, left whole

2 cinnamon sticks

Ground nutmeg

Pour apple cider into large pot. Insert 6 cloves into each apple. Add apples and cinnamon sticks to pot. Bring to boil. Reduce heat; cover and barely simmer over very low heat 1 hour to allow flavors to blend. (Can be prepared 1 day ahead. Cover and refrigerate. Rewarm over low heat before continuing.) Ladle hot cider punch into mugs. Sprinkle with nutmeg and serve. Source, Bon Appétit, December 1995

### SNOWMAN PUNCH

Stir up a pint of ice cream – vanilla, peppermint, mint, adding a little milk to thin it. Scoop it into snowcone cups or other festive ware. Disposable plastic Christmas ware is great for little elves!

Variation: Add green creme de menthe flavoring, non-alcoholic.

### SPICY CRANBERRY PUNCH

1/2 cup red cinnamon candies

4 C. water

8 C. cranberry juice cocktail, chilled

6 oz. can frozen limeade concentrate

6 oz. can frozen orange juice concentrate

## Christmas Libations for Little Elves

In small pan, melt candies in water; chill. At serving time, combine candy liquid and fruit juices in punch bowl. Stir to dissolve. Makes 18, 5-oz. cups.

### WASSAIL BOWL

Whole cloves  
1 large orange  
2 qts. apple juice or cider  
3 T. lemon juice  
4 cinnamon sticks

Heat oven to 350. Insert cloves into orange. Place in shallow baking pan and bake at 350 for 30 mins. Pierce orange in several places with tines for a fork.

In large saucepan, combine apple and lemon juice, cinnamon sticks and baked orange. Cover; simmer over low heat 30 mins. Remove sticks and orange. Pour into heatproof punch bowl. If desired, float the

orange in the bowl. Serve [safely] hot. Makes 16, 4 oz. servings.

### CRANBERRY "CHAMPAGNE" FOR CHRISTMAS CERUBS

Combine 2 well-chilled 750-ml. bottles non-alcoholic sparkling cider with 1 cup cranberry juice cocktail or to taste.

### ELF WARMER

1 qt. vanilla ice cream  
3 sticks margarine  
1 box brown sugar  
nutmeg, cinnamon, allspice  
Combine and keep in freezer. At serving time, put 1 heaping T. scoop into a mug, add hot water (to taste) and heat.

### SANTA-RED PUNCH

4 cups water  
3 cups sugar  
2 small packages of red Jello  
1 large can pineapple juice  
1 bottle of almond extract  
Serves 25-30.

### EVERGEEN PUNCH

2 pkgs. unsweetened lemon-lime Koolaid

2 cups sugar  
2 qts. water  
1, 46-oz. can pineapple juice  
1 quart gingerale

Dissolve sugar and koolaid. Add pineapple juice and chill. Add gingerale at serving time. Good too if you freeze it for a while until it's slushy. Then call it Santa Slush. Serves 36.

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## **The Shoemaker And The Elves**

**By John Colanzi**

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Remember the story of the Shoemaker and The Elves?

The shoemaker would go to sleep and the elves would finish any shoes he hadn't gotten around to.

Our minds function in much the same way, Our conscious, logical mind is the shoemaker. Our subconscious is the elves.

Give your conscious mind a goal, gather all the facts and let the elves do their work.

Many of our greatest inventions and discoveries have come after the scientist or researcher had given up and the elves took over.

The structure of DNA had baffled researchers for years. Finally, the double helix was revealed in a dream about intertwined snakes.

Around two years ago, I gave my little friends the task of providing me with an ezine article a week. I gathered the ideas and they wrote the articles.

They've written around 100 articles.

## Christmas Libations for Little Elves

It makes my life so easy.

They do the work.

I get the credit.

When I sit down at the keyboard, the articles write themselves.

The next time you're stumped for an answer, gather the facts and move out of the way. The elves will be more than happy to do the work.

They're tireless.

Wishing You Success,  
John Colanzi  
Street Smart Marketing  
<http://www.internet-profits4u.com>

John publishes the "Street Smart Marketing" newsletter. To subscribe  
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