

Coca leaves are not the same thing that Chloridrate of Cocaine

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**Coca leaves are not the same thing that Chloridrate of Cocaine**

**By Pete Mendez**

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IS THE COCA LEAVES A DAMN HERBAL OR A BLESSED PLANT

Natural Herbs for a long and healthy life.

By Paul Ramssauer

<http://www.peruherbals.com>

The Incas discover the coca medicinal and magical properties 2,000 a.c., but the large industrialized nations found other applications for the coca leaves that have nothing to do with beneficial applications for the human being.

The coca plant is essentially a medicinal plant per excellence, whose preventive and therapeutic properties have demonstrated their effectiveness throughout time.

Erythroxyton is the botanical name of the coca herbals and there is a full in deep study made by Antonio Brack Egg a Peruvian scientific biologist who devoted more than twenty years studying Peruvian native plants under the financial support of the United Nations Development Program and CBC (Centro de Estudios Reginales Andinos Bartolome de Las Casas).

Coca leaves might be useful as a natural treatment for; altitude illness, asthma, gastrointestinal ailments and motion sickness, high blood, as a fast-acting antidepressant, boost alertness, as a substitute stimulant for coffee in certain cases, and as an adjunct in programs of weight reduction and physical fitness (reduce the to anxiety of eating). In leaf form, coca does not produce toxicity or dependence. Its effects are distinct from those of cocaine (see references).

A whole extract of the leaf, include; alkaloids, natural flavors, and several nutrients vitamins A, B1, C, E, B12 potassium, magnesium Zinc copper Sodium, Phosforus, Calcium Fibre, iron.

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the Andean natives like to chew today coca (chaccco) burning some coca leaves and mixing with fresh coca leaves wrapping a piece of lime forming a ball of coca leaves with the lime as the nucleus to obtain a chemical reaction together with the inner mucus fluids to support long hardworking periods without a need to eat or get tired

It is not by chance that the plant has acquired a broad and diverse range of applications in the traditional medicine of the indigenous people. Its irreplaceable qualities have been demonstrated over time and throughout a vast territory. The coca leaf has established itself as the traditional remedy for treating physiological and psychological illness, and by virtue of its composition it is a powerful energy restorer for curing stomach and digestive ailments, alleviating affections of the larynx and vocal chords, preventing vertigo, regulating arterial pressure and the metabolism of carbohydrates, and even of improving sexual prowess.

Today if you arrive to Cusco to visit the Machu Pichu the most famous Incas ruins you will be invited to deserve a cup of Coca tea for free and will advise you to accept the invitation if you don't want to suffer the altitude illness. and if you like to visit Huaraz you also will have the opportunity to try Coca Tea for free (of course if you like to try again they will charge your credit card).

- CONTAINS MORE PROTEINS (19.9%) THAN MEAT (19.4%)
- FAR MORE CALCIUM (2,191%) THAN CONDENSED MILK
- RICHER IN VITAMIN B-1 (276%) THAN FRESH CARROTS
- SATISFIED DIETARY ALLOWANCE FOR CALCIUM, IRON, PHOSPHOROUS, VITAMIN A, B AND E.

The physical effects of MATE DE COCA are as follows

- INCREASED STAMINA.
- ABILITY TO GO LONG PERIODS OF TIME WITHOUT FOOD.
- BLOCKED SENSE OF FATIGUE AND COLD.
- DECREASED NEED FOR SLEEP.
- MOOD ELEVATION.

MATE DE COCA is a traditional remedy for:

- ALTITUDE OR MOUNTAIN SICKNESS
- STRESS (excellent!!)
- TREATING GASTROINTESTINAL DISORDERS.
- ALLEVIATING IRRITATION AND

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## INFECTION OF THE VOCAL CORDS AND LARYNX

- PREVENTING VERTIGO.
- REGULATING ARTERIAL PRESSURE  
AND THE METABOLISM OF  
CARBOHYDRATES.
- ALLEVIATING DIARRHEA.
- IMPROVING SEXUAL PROWESS.
- RELIEVING COLDS, BRUISES, SORE  
JOINTS, MUSCLES.
- SWOLLEN FEET AND HEADACHES

It is also extremely benign: patients at the San Francisco National Addiction Research Foundation, were encouraged in the 1980s to drink as much mate de coca as they desired to help wean themselves off cocaine. When consumed in generous quantities, coca tea is remarkably good at easing drug-cravings.

Mate Coca is not addictive so you can take up to three cups a day you can stop at any time.

Shamans from some traditional Indian tribes still smoke coca leaves for magical purposes. Inhaling the sacred vapors induces a trance-like state. Coca enables a shaman to cross 'the bridge of smoke', enter the world of spirits, and activate his magical powers. Alas the leaves don't travel well; and this ancient usage is uncommon in the urban industrial West.

Strictly speaking, the leaves aren't actually chewed. Typically, the dried coca leaf is moistened with saliva. The wad is placed between the gum and cheek and it is gently sucked. The invigorating juices are swallowed.

Andean people refused several times to stop using the coca leaves for their magic ceremonies, but the city people also likes to use coca tea because their medicinal properties

But cocaine is a complete different thing, To get a few grams of cocaine the evil drug, is necessary to collect a large quantity coca leaves and process it using harmful chemicals in an illegal danger process.

References:

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## A MEDICINAL TEA

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According to research, the chemical composition of coca leaves is more complete and rich in calories, proteins, fats, carbohydrates, fibre, ash, minerals (calcium, phosphorous, iron, potassium, magnesium,

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sodium, ascorbic acid, etc.) and vitamins A, C and E than other food plants and infusions in common use such as coffee, tea, chamomile, etc. Thanks to this research, it is nowadays recognized that the coca leaf contains more proteins (19.9 per cent) than meat (19.4 per cent) and far more calcium (2,191 per cent) than condensed milk, and that it is richer in vitamin B-1 (276 per cent) than fresh carrots (see, Carter and Mamani, Coca in Peru, 1980).

Finally, a direct link has been established between man's hunger, his physical and moral fatigue and the traditional use of coca, which ranges from chewing, through infusions to poultices. Under extreme poverty, characterized by malnutrition and by disease due essentially to lack of calories and vitamins, the chemical composition of coca not only allows indigenous people to withstand cold and hunger, but also provides them with a valuable source of vitamins and energy.

Who Put the COKE in Coca-cola.

There is an excellent abstract by © 1998 by Th. Metzger Artwork by Nick Bougas.

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Metzger is the author of The Birth Of Heroin And The Demonization Of The Dope Fiend. (Loompanics Unlimited, 1998.)

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2,000 years ac The Incas discover the curative and magical properties of the coca leaves in a small plant but the large industrialized nations found other applications for the coca leaves that are far to be beneficial for health.

The Coca leaves was used by the ancient andean people to support long time periods of forced work

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at the gold mines, without feel hungry, fatigue, and anxiety Scientific studies have demonstrated that the coca leaves benefits are so powerful that can control the high blood pressure, increase alertness and suppress stress but also eliminated the Illness altitude problem as weel as preserve your life from those terrible free radicals due to their high content of Vitamin E (Tocopherol) and Vitamin C (Ascorbic Acid)

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Some Nutritional Facts:(Serving size 1 coca leaves tea bag)

Calcium (Ca)18mg, Phosphorus (P)6.4 mg, Magnesium (mg) 2.1mg, Potassium (K)30 mg,.  
Alfa Carotene 2.65mg, Beta Carotene 20mg, B10.68mg, B2 0.58mg, B6 0.58mg,C 53.0mg E  
(Tocopherol 44.1mg-- G (niacine)

Harvested from the High Andean Lands of Peru in a pollution-free area -- this superior nutritional consists of over 10 different nutritional plus sixteen natural alkhaloids. Land grown food sources have had their minerals depleted through decades of over harvesting. Not so with virgin land -- you get the

full nutritional content that's available in perfectly balanced proportions. Most of the times the overweight american's problem is due to a anxiety problem.

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Today have been identified around 1,400 herbs with medicinal properties but there are over 25,000 species still unknown, according A. Brack a Peruvian Researcher author of the Dictionary of Peruvian Medicinal Herbs

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A free lance research in Andean Agri Business and Nutritional herbs

## **Coca-Cola: The Power of a Brand**

### **By Bob Zurn**

There are few images as recognizable throughout the world as the Coca-Cola brand. Travel to the furthest reaches of the globe and you will probably encounter it on a clock or a sign, if not on the drink itself. Marketers today look to the Coca-Cola brand as a model of marketing power. Its image has transcended national borders and cultural barriers to reach almost everyone on earth. How did the Coca-Cola symbol become such an omnipresent image?

Beginning in 1886, Coca-Cola president John Pemberton began traveling the country introducing pharmacists to the drink. At that time it was considered a medicinal substance that could relieve headaches and other minor woes. Candler distributed clocks, calendars and other items laden with the Coca-Cola logo as he toured the country, spreading the brand and selling his product.

From there the brand continued to penetrate further around the world. The bottling rights to Coca-Cola were sold in 1899 and in 1915 the Root family submitted a standard size bottle for distribution, but it was too fat in the middle. The Coca-Cola Company liked the bottle so much they thinned it down and has been used ever since and is called a Hobbleskirt Bottle. By 1920, with new bottlers springing up all the time, the brand had expanded into Cuba, France, Puerto Rico and other territories. Its world dominance would increase further with World War II, when Coca-Cola promised that "every man in uniform gets a bottle of Coca-Cola for 5 cents, wherever he is, and whatever it costs the company." Suddenly Coca-Cola could be found throughout Europe as American GIs carried it with them, and by 1960 the number of countries with Coke bottling plants had doubled.

Today Coke remains a powerful brand with over a century of history behind it. As a result, items featuring previous incarnations of the Coke image have become classic pieces of Americana. The success of the Coca-Cola brand has made it an icon not just in the world of brand marketing but of American history. It symbolizes the popularity of a soft drink as well as the dominance of American

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entrepreneurialism in the twentieth century and beyond.

Bob Zurn and his wife Joyce own and operate Cola Corner, the leading online provider of Coca-Cola collectibles. Cola Corner provides a wide selection of Coca-Cola posters, novelties, clothing, and furniture. Visit them online today at

to view their classic

collection.



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