

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Coffee Lovers with Heartburn Rejoice!

By Tonya Sage

Coffee Lovers with Heartburn Rejoice! by Tonya Sage

Every month, 60 million Americans experience heartburn and 15 million of those Americans suffer daily. Heartburn, indigestion and upset stomach cause countless Americans to limit their intake of their favorite foods like coffee. Doctors frequently restrict or eliminate coffee to help control the painful churning in their patient's stomachs. Consumption of prescription and OTC medications to relieve heartburn has reached an all time high. Unfortunately, reducing your naturally occurring stomach acid exposes you to several new health concerns. New research suggests that relying on drugs like Nexium and Prilosec may increase your risk of developing pneumonia. Improperly digested food and lower food poisoning protection are just a few other complications associated with lower levels of stomach acid. Routine consumption of stomach acid altering drugs, even antacids, has become a necessity for coffee lovers to continue enjoying their favorite drink.

On a daily basis, coffee drinkers with sensitive stomachs struggle with a painfully difficult decision. Is their cherished "morning coffee" worth the hours of stomach pain or discomfort? Can they endure the pain (so they can have their coffee) or should they consume another round of stomach acid altering drugs? What is a coffee lover with a sensitive stomach supposed to do?

With one out of five coffee drinkers in the US suffering from stomach upset, another alternative has finally become available. A patented, all natural, chemical free, high-pressure steaming process removes over 75% of the acidity and irritants but leaves the coffee's aroma, flavor and caffeine intact. Made from supreme quality, organically grown Arabica coffee beans, low acid coffee can now be tolerated by the most sensitive stomachs. Developed in Europe, this process greatly reduces the acidic chlorogenic substances prior to the roasting process so there's few irritants produced during roasting, resulting in rich flavored, low acid coffee.

Drinking low acid coffee solves two major problems for coffee lovers with sensitive stomachs. How to enjoy their coffee everyday while preventing the inevitable stomach upset and avoiding acid reducing drugs? It's now possible to enjoy coffee throughout the day, pain free, and disrupting the digestion process. Deprived coffee lovers with sensitive stomachs can enjoy coffee again with high quality, low

acid coffee.

Tonya Sage owns <http://www.CoffeeGrand.com> , an authorized distributor of Hevla low acid coffee. CoffeeGrand.com also educates their visitors and customers on various heartburn related diseases and heartburn prevention.

Coffee Roaster Machines – Java on Demand!

By Jocelyn Meadows

Most coffee lovers have a strong liking to freshly brewed coffee. They are not very fond of instant coffee and sometimes may even consider it demeaning to have coffee right out of the can. They will either grind their coffee and stir a cuppa or have one of the new fancy coffee roaster machines which promise a quick fix from the bean to the cup in a few minutes without losing the authentic flavour of the coffee.

These coffee roaster machines have become quite popular in the recent past. They provide café style coffee and are quite economical to maintain. Some of the key things you should look out while buying a coffee roaster machine for your personal use is the whether it suits your requirements or not. The first concern will be the size of the machine. If you have a small kitchen, you will need to pick up a compact piece and if you have a good sized kitchen then you can pick up a larger machine which has a higher capacity.

Apart from capacity, you also need to see what the accessories available with the coffee machine are. Accessories can make or break the coffee drinking experience and cappuccino lovers will agree that a frother (a pipe which passes steam which creates the froth in the coffee) is as essential as an in-built bean crusher. Apart from that you need to check if there is a condiments tray and if the coffee roaster machine comes with cups or not.

All the above are relevant with one main deciding factor when buying roaster coffee machines: the budget. Since there is a wide range of pricing to consider, it is advisable that you set up a ball park figure for the coffee machine as they can range from anywhere between \$200 to \$1500!

Jocelyn Meadows is an avid coffee enthusiast. Check out her recommendations for the

and read about

.

Coffee Lovers with Heartburn Rejoice!



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!