

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Coincidence or Craziiness? You Tell Me!

By Ellen M. DuBois

Coincidence or Craziiness? You Tell Me! by Ellen M. DuBois

Sometimes something drives you to do something. Call it a hunch, a feeling or just plain gut instinct. Maybe messengers from the Divine leading you somewhere. I don't really know.

This article is going to bounce a bit from here to there. As I continue with my research, I will be adding to it. Please bear with me...

My Grandmother, Marion Thompson Morin was a Broadway star who made her debut in "Fifty Million Frenchmen" while still a teenager. She then went on to perform in the "George White Scandals" and befriended the late Alice Faye.

I ended up with the entertainment "bug" and have been performing since the age of sixteen -- although nothing in comparison to what she did. It's in the blood I assume. But, like her, I need to be involved with the performing arts to feel whole.

On May 21, 1927, Charles Lindberg landed "The Spirit of St. Louis" safely at Le Bourget Field outside Paris , "having traversed over 3,600 miles in roughly 33.5 hours."

Okay, he landed in Paris. Turns out that my great grandfather's name is carved on the Eiffel Tower in Paris as one of the workers who erected it.

Now, you're probably wondering where I am going here, and so do I.

Charles Lindberg's landing date, May 21st, is also my birth date.

My grandmother, Marion Thompson Morin, received a letter which is in my mother's possession, from Charles Lindberg. I have no idea what it says.

I did some research and discovered that he was in New York around the same time my grandmother was performing. I'm thinking he met her at one of her shows. I got this information from the G-Files,

Coincidence or Craziness? You Tell Me!

showing a letter dated in 1939 written to President Hoover while he was in New York City.

I met and eventually got engaged to a man named Charles who is a pilot and like Charles Lindberg, ran mail as one of his first flying jobs.

"As a daredevil, Charles (Lindberg) not only walked on the wings of flying aircraft and performed parachute stunts, but he did mechanical work on the planes as well."

My fiance, Charles, operated a parachute jump center and was the Jump Master. He also flew stunt scenes years ago in several movies. He is also a licensed aircraft mechanic.

Okay, so you're probably reading this saying, "She's crazy. What's she writing about?"

I don't know. Like I said, call it a hunch but I don't know what about. An overactive imagination? All I know is that I feel something and I'm not sure what and I've learned to trust those feelings, whatever they may be. Reasons unknown.

Thanks for reading. I know this article is a bit confusing, but aren't the parallels in life amazing?
© Ellen M. DuBois

Ellen M. DuBois, MA – Ms. DuBois is engaged and has a dog who loves to critique her work. She is published in vol.2 of God Allows U-Turns with her piece, "The Angel in the Dumpster". She writes to touch the hearts of others. Please visit Writings of the Heart, her award winning writer's resource site–<http://writingsoftheheart.homestead.com/index.html>

Check Your Frequency

By Selena Richardson

From time to time we need to stop during our day to keep our frequency in check. Our frequencies are the ranges of feelings and emotions that we have. Like radio waves, our feelings and emotions vibrate at different frequencies. This is a major part of how we create our reality. And why we need to always be mindful of the frequencies we're emitting.

Like attracts like and opposites repel. And there is no such thing as coincidence. When something happens to you that seems like a coincidence it's not. You were just in sync with your vibrations at that time.

You're at a music store looking for an old CD and right when you're about to give up you happen to look in a different section for something else. What you find is the CD that you were originally looking for.

If your frequency is low you attract more low frequency events in your life. Remember that there is no such thing as coincidence. For example, you wake up in a bad mood and throughout the day nothing

Coincidence or Crazy? You Tell Me!

goes right for you. As soon as you get to work, the parking lot is full so you have to park in the garage that's a block away. What's worse, it starts pouring down rain and you don't have an umbrella with you. Okay, that's a little drastic but you get the point.

We've all had those bad days that went from bad to worse every chance it could. But how do you prevent situations like this? Well you need to keep your frequency in check. Remember, like attracts like so if your frequency is low you get more of the same until you change it. You need to pay attention to yourself and realize when your frequency has hit a low point.

Well how do you bring your vibration back up? By changing the station. Frequencies and feelings are like radio waves, if you don't like what's on then change it. Switch your thoughts and feelings to something that can bring your vibration back up. Find something that makes you feel good. It can be anything that makes you feel good just by thinking about it – favorite memories, favorite songs, favorite people – anything as long as it makes you feel good.

Picture your favorite thought as a different radio station that you can flip to whenever you notice your frequency going down. The same way you would change the station in your car if you didn't like the song that was playing. It's as simple as that.

Selena Richardson, coach and editor of *Creative Possibilities*, a free newsletter helping people focus on and reach their goals. Are you ready to create your journey in life? To subscribe,

<mailto:subscribe@creationjourneys.com>

or visit the site –

<http://www.creationjourneys.com>

for more

information on her upcoming courses and on-going workshops.

selena@creationjourneys.com

Coincidence or Craze? You Tell Me!



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!