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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Common Pregnancy Complications

By Sarah Mitchell

Complication during pregnancy is more common than most people think. Even for those who are healthy and have had children before, early pregnancy complications could arise, at no fault to anyone. This article explains some of these complications and what to watch out for.

### Early pregnancy complications

When you find you are pregnant, the first thing you must do is go see your obstetrician/gynecologist. They will perform an ultrasound to make sure that your pregnancy is advancing as it should. Regular visits to your OBGYN will prevent early pregnancy complications or at the very least, help identify them at an early stage. The two most common pregnancy complications are:

### Ectopic pregnancies

Ectopic pregnancies are one of the most common early complications. Ectopic pregnancies refer to pregnancies in which the egg is fertilized outside the womb so the fetus begins to develop in the ovary or in the fallopian tube. This can be very dangerous not only for the fetus but also for the mother. If surgery is not performed, the tubes could burst and result in internal bleeding and in some cases, even death.

### Miscarriages

Complication during pregnancy can lead to miscarriages, another common early pregnancy complication. Sometimes the cervix can open causing heavy bleeding with intense cramping pains. Other times, the baby can die in early pregnancy. When this happens, the mother can either wait for a miscarriage to occur or have a D&C. There are many different complications during pregnancy that can cause this to happen: blood clotting, infection, structural problems, or lifestyle choices such as smoking, alcohol or high caffeine intake.

### High risk pregnancy

## Common Pregnancy Complications

A pregnancy that is categorized as high risk is one which has a higher chance of complications arising. You may be considered high risk if you are carrying multiple babies, have a long term illness such as diabetes, or are over the age of 35. If you are high risk, you may be asked to visit your obstetrician more regularly as the pregnancy will need to be more closely monitored than usual.

### Pregnancy over 35

It is not uncommon for a woman's fertility to be affected over the age of 30 and once you are pregnant, you must be aware that it is more common for complications to arise. The chances of your child bearing birth defects are significantly higher than those women who are under 30 and miscarriages also become more common in the first trimester of older pregnant women. For those over 35, there will also be an increased risk of diabetes and high blood pressure. Don't worry, as with today's technology, almost all these complications can be treated as long as they are spotted early on.

### Multiple pregnancies

A multiple pregnancy is one in which there are two or more fetuses. It's considered to be high risk because with more than one fetus, it has a higher chance of developing complications. Almost half of twins that are born are premature with extremely low birth weights and underdeveloped organs. This makes them very vulnerable and it is not uncommon for only one twin to survive. Twins who share a placenta could result in high amounts of amniotic fluids.

It is important to keep this information regarding early pregnancy complications in mind during pregnancy and to regularly consult your doctor.

Article written by Sarah Mitchell of NamesToBe.com (

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## Things You Should Know About A Molar Pregnancy

By Sarah Mitchell

Pregnancy is an exciting time for any woman, but with the many pregnancy complications out there, it can also be scary for first time mothers. It has been reported that one in every thousand pregnancies in the U.S. is a molar pregnancy, which makes it one of the most common pregnancy complications for women today.

What is a molar pregnancy? This occurs when a sperm fertilizes an empty egg. Even though it's empty, it continues to develop and a placenta is formed despite there being no fetus. The hormone HCG is also produced which fools the body into thinking that there is a pregnancy when there is only placenta.

A partial molar pregnancy occurs when two sperms fertilize an egg. However, instead of forming twins, in this type of pregnancy, something goes wrong and an abnormal fetus and placenta is developed instead. As there is double the sperm, the fetus receives too many chromosomes and instead may die in the womb.

Molar pregnancy symptoms One of the first molar pregnancy signs you may notice is spotting which could lead to heavier bleeding. Depending on the severity of the case, the bleeding may start as early as 6 weeks into the pregnancy or as late as 12. Another common sign of this type of pregnancy is nausea, abdominal cramping and swelling. If you are experiencing any of these symptoms and feel as though your pregnancy may be molar, don't hesitate to consult your doctor.

Molar pregnancy treatments A D&C (dilatation and curettage) will be used for treatment. This is a safe procedure in which a small vacuum is inserted into the uterus to remove the placental parts. However, great care must still be taken as not to provoke any excessive bleeding or blood clots. This type of pregnancy can recur as some women may just be prone to them. If this is the case and after your first such pregnancy, you have another, consult your doctor about special treatments to prevent this from happening again.

Molar pregnancies are a tragic way to lose a child, but having one does not mean you are never going to have another baby again. Make sure you are aware of molar pregnancy symptoms and regularly go to the doctor for consultations.

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