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Common Treatments For Hair Loss In Women

By Richard Mitchell

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Much has been said and written about modern day hair loss treatments but this tends to relate almost exclusively to men. Do these same treatments offer solutions to women suffering from hair loss or is there a completely different category of remedies available? It really depends on what is causing hair loss in the first place and as the most common causes of hair loss are the same as those that affect men, the treatments available are pretty similar.

In an earlier article we concluded that the three most common causes of hair loss in women are female pattern baldness, telogen effluvium and alopecia areata. We'll now look at each of these in turn and examine the best treatments available, bearing in mind the specific needs of women:

1. Treatments for female pattern baldness.

In most instances minoxidil (Rogaine) is the first treatment used. This is one of only two FDA approved hair loss treatments and it remains the only one approved for use by women. Minoxidil comes in the form of a topical solution that works by tackling the symptoms of hair loss and helping to generate new hair growth. It does not target the causes of hair loss and will not work for everyone. The women's version of minoxidil is a 2% solution but the 5% version marketed for men can be used if necessary.

The most popular drug for treating male pattern baldness is of course finasteride (Propecia). Women of child bearing age should not use this drug due to the severely damaging effects it can have on unborn male fetuses. Any women considering using Propecia should discuss it first with their physician. In some cases your doctor may prescribe a different androgen blocker called spironolactone as a means of stopping the hormone activity that is causing hair loss. Spironolactone is normally used as a diuretic and results may be variable.

There is a bewildering range of commercial products available, most of which are aimed squarely at men but many are also suitable for women to use. Whether they work or not is another question but

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some products containing ingredients like saw palmetto, stinging nettle, pygeum and green tea have shown their value. You can find out more about these and other potential hair loss solutions by visiting the site listed at the end of this article.

2. Treatments for telogen effluvium

This is a hair loss condition that generally does not require any specific treatment. Once the effects of the trauma that caused hair loss in the first place have subsided, the hair will regrow of its own accord. Some patients like to encourage the regrowth process by using minoxidil but this isn't necessary. Implementing a good nutritional regime and supplementing with B–vitamins may help to create a hair friendly environment.

3. Treatments for alopecia areata.

This is another hair loss condition that may resolve itself spontaneously. In some cases one of the following treatments may prove useful:

Daily application of minoxidil (Rogaine).

Injection of cortisone into patchy areas of the scalp (this must be administered by a physician). Creams and lotions containing cortisone can also be used but results are variable.

Dithranol can be applied to the scalp in mild or early cases.

Application of 100% aloe vera gel.

Massage the scalp with rosemary and lavender essential oils in a jojoba base.

Use of a hair loss product containing the Chinese herb He Shou Wu.

A product called Calosol has recently generated positive feedback.

Please note, however, that none of these is guaranteed to work due to the unpredictable nature of alopecia areata. It is this uncertainty that offers opportunities for scamsters to make outlandish claims. The fact remains, there are no miracle cures for advanced forms of alopecia areata so sufferers may wish to consider other options such as head coverings and wigs.

This does not mean that patients are without hope because, even in severe cases, hair can spontaneously start to grow again even after years of loss.

Richard Mitchell is the creator of the

website that provides information

and guidance to those suffering from premature hair loss.

Female Hair Loss Treatment And Information

By Paton Jackson

Did you know that female hair loss is part of the lives of more than 25 million women in the United States alone? Most of them are not using any female hair loss treatment and only few are aware of the existing hair loss treatments. In almost all the cases Female hair loss could be avoided, stopped and new hair growth could be stimulated.

Female pattern hair loss is similar to what is known as the "male pattern hair loss" for men. It is caused by an increasing amount of a chemical called DHT which usually occurs in the menopause age. As opposed to men, women usually suffer from thinning hair around the forehead and crown of their scalp, and not a complete baldness.

There are several available treatments for female hair loss of this kind:

Natural female hair loss treatment - There are several natural products that showed good results in stopping female hair loss like Advacia and Revivogen. These products are made up of hair growth vitamins, herbs and minerals and have no side effects.

Female hair loss products - The most popular hair loss product for women is Rogaine. Rogaine is the only FDA approved female hair loss treatment. Its' main component is called Minoxidil which is a DHT inhibitor.

Other less common female hair loss treatments like wigs, hair thickeners and hair transplants are not recommended.

Another kind of female hair loss is a temporary hair loss. This kind could be a result of metabolic problems during pregnancy, a severe stress condition, chemotherapy, high fever or infections. The treatment in these cases would be stopping the medical problems as soon as possible. This would also result the hair regrowth.

If you do not suffer from female hair loss we congratulate you and advice you to use regularly a shampoo, a conditioner and moisturize and to maintain a healthy diet. If you start losing your hair do not ignore it. You can stop your hair loss. Good luck.

911 corp. has executed a research to find the best female hair loss product. Find the results only on

– All about female hair loss

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