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Contact Lenses - Which Style Is Right For You

By **Anastasia Phocas**

A contact lens is used either for therapeutic reasons, corrective purposes or as a cosmetic tool.

With the recent advances in the manufacturing process of contact lenses, anybody can wear them, whether it is a bifocal, daily disposable or astigmatism-correcting lens.

For millions of people, contact lenses have proven to be a healthy vision option. However, it should be decided only after checking with an eye care professional. If the steps prescribed to removing, inserting and caring for them are rigidly followed the contact lens can be used without any trouble. To check the effectiveness or lack of it from the lens, check periodically with an eye care professional.

If a vision problem is identified and needs a vision correction, one of the viable options is wearing a contact lens. Right from infants who have vision problems at birth, young children, teenagers and all adults can wear contact lenses.

According to doctors, contact lenses are the best option for vision correction for athletes. Contact lenses can improve the vision skills such as perception of depth, awareness of the peripheral area, co-ordination of eye-foot/eye-hand. Since the contact lens stays in place under dynamic conditions, they offer a total advantage to the athletes. They also free them from the risk of glasses-related injuries.

According to many eye specialists, contact lenses, which are made of a firm plastic lens, may slow or control the progression of myopia or near sightedness. In contrast, conventional spectacles or soft contact lenses do not offer such advantages.

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In 1971, when contact lenses were introduced it was an advanced technology and offered comfort not provided by the old-style spectacles. With the latest technology, it is now possible to get better corneal health, sharper vision and a longer life for the lens.

Contact lenses need cleaning and disinfecting every day. Due to the slick surface offering no scope for building up of deposits, there is no need for frequent enzyming, which is a type of extra-strength cleaner, used weekly, for the removal of stubborn deposits from contact lenses.

Daily disposal lenses are worn everyday and discarded without any need for maintenance. Weekly disposal contact lens should be cleaned during the night, soaked in a solution containing disinfectants, until they are removed for usage again.

Color of the eyes also can be changed by using soft contact lenses even if vision correction is not needed. However they are also a prescribed medical device and should be used under the guidance of an eyecare professional. These types of contact lenses are used mostly by theatre and film personalities to get a closer resemblance to the character portrayed by them.

Anastasia Phocas is a proud contributing author. Find more articles at

<http://financeandlegalportal.info/>

For more info visit

<http://eyeheaven.info/sitemap.html>

or

<http://eyeheaven.info/colored-contact-lenses.html>

Contact Lenses: See The World Through Different Lenses

By Barney Garcia

Contact lenses are for those who wouldn't dream of spoiling their looks with glasses and who still need a seeing aide. Contact lenses are a very inexpensive option prescribed by most opticians for their clients. Although almost anyone can wear a contact lens, there are a few individuals whose eyes cannot adjust to contact lenses. It is recommended that a good eye doctor be consulted before you begin using contact lenses on your eyes.

Contact Lenses - To Wear Or Not To Wear Contact lenses may have shown us the way out of the good "old" glasses, but it is highly recommended that contact lenses be used only after consulting an eye specialist or optician. Wearing contact lenses at all times may cause harm to your eye. Also it is important to know the right way to wear your contact lenses. Continuous wear is not advisable and there are ongoing debates about whether one can wear contact lenses to sleep. Still, contact lenses are quite the rage among office workers as well as those from the fashion world such as models and

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stars.

Colored Contact Lenses Some of us have been endowed with uniquely colored eyes, while for some; colored eyes can enhance the attractiveness and charm of an individual. Colored contact lenses are available for those who would like the world to show a different side to them whenever they choose. Hazel, brown, blue, grey, green and even hard-to-find colors like purple or yellow is not unlikely colors for contact lenses worn by people in today's modern and fashionable world. Many contact lens manufacturers also make colored contact lenses to cater to this rapidly growing clientele of contact lens users.

Disposable Contact Lenses Many manufacturers of contact lenses have come up with disposable contact lenses. These lenses can be thrown away after use and do not carry the risks of infection or other side effects of normal contact lenses. Disposable contact lenses may be an expensive option, but they have been in great demand for quite some time among those who are constantly traveling or are exposed to various hazardous substances. It is easier for them to throw away used contact lenses than to face infections or other eye-related problems because of unclean contact lenses.

Barney Garcia writes about contact lenses. Visit

<http://www.thebest-contact-lenses.info>

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<http://www.thebest-contact-lenses.info/contact-lense.html>

and

<http://www.thebest-contact-lenses.info/contact-lense-cleaner-systems.html>

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