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**Cosmetic Surgery – Selecting A Surgeon**

**By Lisa Anderson**

Improving or beautifying the appearance through medical or surgical techniques is called cosmetic surgery. It can be performed on any area of the body, neck and head. Cosmetic surgery is an elective option since the treated part is functioning well and the procedure is undertaken to improve the lacking aesthetic appeal.

In the US, the average age of persons undergoing cosmetic surgery is around forty-one years. The elderly patients seek facelifts, breast lifts, botox and bleparoplasty, whereas the younger patients are treated for liposuction, breast augmentation, dermabrasion and rhinoplasty.

Removing sagging skin and major wrinkles to restore a more youthful appearance is achieved by undergoing a rhytidectomy or facelift surgery. Removal of excess skin, tightening of the neck and facial muscles are involved in a facelift.

Consider various issues such as the credentials, experience, referrals when choosing a cosmetic surgeon. It is an important decision and you must give a careful thought when choosing a provider. Most of the cosmetic surgeons welcome the patient's questions and want them to be totally at ease with them.

Without any hesitation, verify the physician's medical certifications, membership in professional societies and their medical license.

Check the surgeon's medical education and training in cosmetic surgery. Ascertain the number of similar procedures done by the physician and how often such surgeries are performed. Since surgeons are not experts in all areas, a surgeon who did a good facelift for your friend might not be suitable for doing a breast augmentation. Go through "the before and after" photographs of patients which have undergone surgery and assess the results.

No doubt, only a surgeon can highlight the results possible for you. Find out whether there any other techniques with varying risks, recovery time, results and other benefits. Check whether the cosmetic surgery will be performed in a surgical facility, which meets the certain minimum standards for

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obtaining and maintaining its accreditation.

Ensure that there is a personal rapport between your surgeon and yourself. Check your level of comfort with the staff at the surgery and the level of communication with them. Probe and get a satisfactory answer when some evasive or incomplete answer is given to your queries.

A rushed decision on your surgery by an impatient doctor is a no no. Avoid unsterile environments. Immediately put a stop if a doctor is planning to combine many major surgeries in one operation. Run away from a doctor who is not answering your questions or refusing to provide the information sought by you.

Lisa Anderson is a proud contributing author. Find more articles at

<http://financeandlegalportal.info/>

For

more info visit

<http://cosmeticsurgeryresource.info/>

or

<http://cosmeticsurgeryresource.info/botox-treatments.php>

### **Layman Guide To Cosmetic Surgery**

#### **By Barney Garcia**

Every one wants to be beautiful. If they are already beautiful, they want to become more beautiful. Increasing demand for perfect beauty and the advancement of technology in medicine had given birth to cosmetic surgery. Cosmetic surgery is a surgical method which enhances your physical appearance. It can be done either to correct your appearance which has undergone damage after an accident, or to simply enhance your facial and physical features, which tend to deteriorate with age.

Who uses Cosmetic surgery? Just about anyone who wants to improve his/her look goes for cosmetic surgery. It is not limited to women. According to a survey 11% of men also opt for cosmetic surgery. It can be a painful and an expensive procedure. It is not covered under your insurance policy. Hence cosmetic surgery is considered to be the domain of the rich and famous.

Where can I get it done? Check your local listings or ask your family physician for links to a good and reputed plastic or cosmetic surgeon. Always make sure that the surgeon is certified by either The American board of plastic surgery, or the American board of cosmetic surgery.

What do I need to go through? Every one is scared of surgery. More so if it is done on your face area.

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Ask the doctor about the pros and cons involved in the procedure. Ask him his experience in the field. Every cosmetic surgery may have certain risks involved. It is always good to be clear about the entire procedure before you start.

Ask the doctor how long you need to be away from work, will it be painful, and about the best and worst case scenarios post cosmetic surgery. He may have an album displaying pictures of previous patients if they have given him permission to use it. Check the before and after pictures to give you a brief idea about how you may look post cosmetic surgery.

What it does not do? Remember, getting a facelift or a nose job done does not change the person within you. You are still the same person from inside.

Barney Garcia writes about many different topics. He is a proud contributing author and invites you to his websites.

<http://www.cosmetic-surgery-always.info>

and

<http://www.thetop-cosmetic-surgery.info>



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