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Creating Powerful Change with Feng Shui

By Vicky White

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The start of each year is a time of tremendous power. It's an opportunity to press the reset button on your life. It's a chance to look back on the previous year, set goals, create resolutions and wish lists. Unfortunately two weeks into the New Year many people can barely remember what those resolutions were. How about you?

Did you start adding exercise programs, prosperity goals, relationship goals into your life? Did you make space for them?

In designing the life you choose, first you must make space. In Feng Shui, clutter busting is the first step. If you place enhancements in your home or office without clearing the clutter, they will be ineffective.

The definition of clutter is anything unfinished, unused, unresolved, tolerated, disorganized. If all you ever do is remove the clutter from your environment and your life, you will be making space for who you truly are. In my experience, it is the single most powerful thing you can do.

The reason clutter affects you so greatly is that it blocks the flow of energy. If you surround yourself with things that are disorganized, or hold bad memories, or things that remind you of something you would rather not think about, they'll have an effect on your energy. Anything you are tolerating blocks your energy.

If you can bring yourself to clutter bust when you are feeling stuck, watch out!

Here are some of the things my clients have experienced:

- In clearing out her closet, within a few days a client had the urge to begin writing an autobiography she had been trying to write for 4 years. The secrets she cleared out of her closet allowed her to write about the secrets in her family.

- Clearing the clutter from her office a client gaining

new clients that same week. This included clearing her filing cabinet and making space for new client files, removing a broken clock from her prosperity corner, and removing a painting from her relationship corner that didn't reflect the type of relationships she wanted with her clients.

- A client cleared out an office and discovered he had made space for a new career path he is much better suited to

- Doing a body cleanse which freed up the energy to gain clarity and to face relationship issues

- After having her condo on the market for some months, this client cleared the clutter in her home and the property sold within 2 weeks

- Another client cleared the clutter in her home, it sold within a week and for much more than expected

- A woman with chronic fatigue syndrome gained a noticeable increase in energy by having someone help her declutter her home, including getting rid of clothes that held memories of her life at the time she discovered she had chronic fatigue

Growth creates clutter. As you make changes within yourself, more of your belongings fit the definition of clutter. Having the urge to discard things in your home or office is a sign of you stepping more fully into yourself and your abundance. If you are growing and changing you are continually creating clutter.

Often its not until you clear your clutter that you realize how it has been holding you in the past. Clearing clutter is the fastest way I know to shift energy and create change.

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Vicky White is a Certified Feng Shui Consultant and LifeCoach who works with clients both locally and internationally. Get your FREE 7-part e-course "Your Secret Weapon: Powerful Feng Shui Tips To Give Your Business The Competitive Edge" at <http://www.LifeDesignStrategies.com/>

What To Expect From A Feng Shui Consultation

By Jakob Jelling

If you are wishing to harmonize or balance your house or any other environment according to feng shui, the ideal way to do so is through a feng shui consultation. A feng shui consultation would provide you the right and proper guidance for you to successfully achieve your goal.

Before you go to a feng shui consultation, it is important that you pay attention to choosing a good consultant. You should try to find out one who has experience and demonstrated knowledge. As with everything else, there are real feng shui consultants, who care for what they do, as well as there are others who do not. But you can easily check on this by asking him some references on where he learned and about past work.

A feng shui consultation may vary according to each different person and the way they like to work, but most of them would follow some general aspects in common. And, ideally, they should allow you to understand what they are talking about and what they are based on to give you a specific orientation.

Most of the times, a proper feng shui consultation would take the consultant to go to the place which must be harmonized. Sometimes a video of the place can be very helpful as well, but a proper feng shui consultation takes the consultant to be able to see the place before he can give certain advice.

A feng shui consultation could go through different stages. First, you may approach the consultant at his work office and let him know your general ideas. Then, he might ask you to give him a video of the space for which you are consulting him. Once he has the video, he can provide you with specific guidelines on what to do. And then, or instead of the last step, there would be a feng shui consultation stage done in the space itself.

The best advice you can receive from a feng shui consultation is based on accurate information. And, by allowing the consultant to actually see the place you would be able to receive the most accurate information and guidance possible.

Jakob Jelling is the founder of

. Please visit his website and learn all the

feng shui tips you'll ever need!

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