

Curly Hair Is Back for Spring 2005!

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By Janice Johnson

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CURLS ARE BACK FOR SPRING 2005!

Whether you have loose curls or tight coily locks you will definately be the talk of the town this spring!

We can see the evidence of the popularity of curls at the recent Golden Globe Awards. There were many celebrities sporting curls at this years gala event.

Halle Berry wore a loose French twist lightly curled in an updo. A very simple, yet elegant style. The list went on of celebs taking their straight hair and adding a little flare with curls. Best supporting film actress Natalie Portman's shoulder-length, naturally beautiful curls with bangs made her a star that night.

Our lovely "Desperate Housewives" Teri Hatcher, Eva Longoria, Felicity Huffman, Marcia Cross and Nicolette Sheridan of Desperate Housewives looked lavishing in their loosely tousled waves. 2005 is said to be the Year of the Curl! No straight styles were seen at this years star studded event. Curls are back with a vengeance!

If you need some assistance maintaining the shiny glow of your curly ques, here are some tips:

Using the **right hair cutting technique** is extremely important when cutting curly hair. It's important to cut the hair in a way that creates the right amount of volume without the frizzies. It is also very important to go to the right salon and to a stylist who is experienced in working with curly hair.

To create a sassy hairstyle, simply wash hair and towel dry or use a diffuser. Once the hair is almost dry use a **moisturizing product** that is not too heavy and run fingers through hair to add more volume. Let hair air dry and style as desired with your fingers. If you use a brush or comb you may add too much frizz.

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Give your curls a hot oil treatment every 2–3 weeks to add moisture to the hair. It is especially necessary to do this during the colder months where hair can become dry and brittle. Counter it with a hot oil treatment. The heat opens up the inner cortex and penetrates the hair shaft. You can find this product at your local drug store. A good hot oil treatment is Alberto VO5 Hot oil treatment. Each tube is 14 ml. It claims that if used regularly, it will lead to 55% stronger hair.

Get regular **trims every 8 weeks** to rid your curls of unsightly, stringy ends. Ensure that you visit a stylist that knows how to cut and style curly hair.

Add a touch of essential oils like avocado, coconut, jojoba or olive oil to your hair. This can be a great conditioning regimen to do prior to shampooing the hair. Place any of the above mentioned oils into the hair and place the hair in a bun for about 20 minutes. You can even wrap your hair under a plastic cap covered by a heat cap for added conditioning. You'll find that your curls will be more revived

and manageable.

Love your curls and they'll love you back!

Janice Johnson is the founder of the

website. An online multi-ethnic curly

hair magazine that offers information, tips and advice to care for curly hair.

How to Choose the Perfect Hairstyles for your Face

By Donna Monday

There must be a million and one ways to style our hair.

If you like your hair styled short, there are short hair styles for women, short hairstyles for men, short curly hair styles, short black hair styles, celebrity short hair styles, etc.

If you like your hair styled long, there are long frizzy hair styles, long curly hair styles, long layered hair styles, long braided hair styles, etc. However, everyone's face shapes are not created equal. Some faces are round, some are thin, some are soft, and some are angular.

Believe it or not, a hairstyle can help to accentuate or draw away from certain facial characteristics.

The following are tips on styles that can make the most of your particular features:

Face Too Round – Putting a side part in the hair will slim and lengthen a face that's too round.

Thin Face – Curls or fullness at the sides will widen a long, thin face.

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Large Nose – A full hairstyle or upswept crown makes the nose less noticeable.

Sharp, Angular Features – A wavy or curly hairstyle will soften a chiseled cheekbone, nose or jaw.

High forehead – A horizontal line of full bangs can cover the forehead, balancing the face.

Strong or Square Chin – A short cut with soft curls or fullness at the crown, takes attention away from the chin.

Narrow Chin – Long hair with fullness at the chin will balance a narrow chin.

Low Forehead – Vertical lines and soft fullness at the crown can lengthen the face.

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Donna Monday

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