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Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**

## Curried Turkey Wraps

By News Canada

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Prep Time: 15–20 minutes

Makes: 4 servings (wraps)

1/4 cup (50 mL) Knorr® Spicy Caribbean Marinade

1/2 cup (125 mL) light mayonnaise

2 tbsp (30 mL) honey

3/4 tsp (3 mL) curry powder

1/4 cup (50 mL) diced celery

1/4 cup (50 mL) sliced green onions

1/4 cup (50 mL) raisins or dried cranberries

2 cups (500 mL) shredded cooked turkey

1/4 cup (50 mL) slivered almonds, toasted

4 Boston lettuce leaves

4 large flour tortillas, warmed to soften

– News Canada

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