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DREAM INTERPRETATION - Learn How to Interpret Your Dreams

By Jennifer Ambrose

Dreams usually come to deliver a "state of your state of mind" message. They happen when you are sleeping to tell you that you're doing fine or to let you know if you're going in a wrong direction. And this "state of the state of mind" message left you with only two choices - to hang in there or to try to examine yourself and make necessary adjustments.

Our dreams are always full of symbols and metaphors. Just like stories that are told, which has other meaning than the story itself, dreams also convey deeper meaning. And that's what you need to dig out. If you want to venture into the world of dream interpretation, there are some things you need to learn. First, you must know how to decode you dream. After that, you have to divide or dissect it into different portions. Then, scrutinize each fragment to know its specific meaning.

Each dream fragment is very important since they usually contain a small piece of the whole dream puzzle. Dreams are made up of tiny components of your own life experience. And these components are stored away in your brain symbolically. Because of this, every fragment of your dream needs to be remembered and interpreted.

Sometimes, using a dictionary of dreams can be misleading. It is because the interpretation of the dream or the meanings of the symbols can be based on the composer's or the writer's personal experience. Dreams of someone else don't show exactly the same symbols your mind has created. For this reason, you need to come up with your own interpretations for the symbols that are present in your life's undertakings.

Here are some of the ways to help you develop your own interpretation of dreams:

· **DIVIDE and DECODE YOUR DREAM**

Know the basic strategy used by most military commanders since then. **DIVIDE and CONQUER!** Splitting the opponent's power into small chunks makes it really easy to conquer them. And that's exactly what you must do in order to interpret your dream. Divide it into fragments and analyze it piece by piece.

DREAM INTERPRETATION – Learn How to Interpret Your Dreams

If you're confused on how to divide your dream, here are some of the basic parts in most dreams:

- o YOU. Since it is your dream, you are directly involved. If not, you are surely watching what's happening in the characters of your dream.
- o OTHER ACTORS/CHARACTERS. Each person in your dream is an independent actor.
- o THE SCENE. There can be more than one scene in your dream. Make sure you remember them well.
- o THE OBJECT. There can be a theme or an object included in your dream. Remember what it is.
- o THE END RESULT. Not all dreams have end results.

Consider every part of your dream and separate it from the rest. If you want, you can use a piece of paper to record all your observations. With each dream fragment, try to do recall from your memory the following:

- what feelings this fragment has for you

- what memories does it suggest
- who and what did you remember upon thinking of that particular fragment
- what impression and idea do you have for it

· REVIEW YOUR PRESENT LIFE CONDITION

This is a vital step in dream interpretation since it tells you what's going on in your life currently. Your present condition could affect your dream. And you need to review it to make you ready in fitting the puzzle together. Your current life situation may hold some information which can help you create the final interpretation.

· ANALYZE and INTERPRET your DREAM

Bear in mind you're the only one who can give the best and most accurate interpretation of your dream. Your dreams are part of you. It is a part of your subconscious self. So there's no one who knows better what your subconscious is saying to you than you yourself.

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Jennifer Ambrose is the author of the ebook "Unlock the Mystery Of Your Dreams" which teaches you how to interpret your dreams and understand them. Download it at

<http://www.MysteryOfDreams.com>

Dream Interpreters from the Holy Book

By Jennifer Ambrose

Since the early years of Christianity up until today, Christians of different denominations and sects have had different views and opinions about dreaming. On one side are those who believe that dreams have meanings and that the symbols in dreams can be interpreted. Some would even believe that dreams are messages from God while others would believe that one can foresee the future in dreams.

But if there are Christians who believe in all of these, there are also those who don't. Some Christians would consider dreams as nothing but ordinary occurrences while sleeping. They believe that dreams don't have meaning and therefore, there is no such thing as divine or prophetic dream. Still, others would believe that dreams are created by the devil and therefore, dream interpreters work for the devil.

By tracing the history of Christianity, however, one will see that early Christians do believe that some dreams have meaning and that there can really be dream interpreters. Their biggest basis for this, of course, is the Holy Bible.

The Bible has numerous accounts on dreams and dreaming, especially those dreams that were dreamt and interpreted by famous Biblical figures. Most of these dreams were considered divine or prophetic and were believed to have come from God and conveyed to man either directly or indirectly. In the Bible, however, one can also find accounts of dreams that were considered to have no meaning at all.

The most popular dreams recorded in the Bible were those dreams that were believed to have come from God. Among them are the dreams of Abimelech, Jacob, Solomon, Nebuchodonosor, Joseph, Daniel and St. Paul. Among these dreamers, however, the two most popular are Joseph and Daniel.

Joseph

Joseph is the eleventh son of Jacob (Israel), his firstborn to his beloved and long-barren wife Rachel. While still a young man, Joseph has already started receiving dreams from God; dreams which he was readily able to interpret. It was recorded that the young Joseph told his brothers about two dreams, both foreshowing his future elevation over his brothers. Because of hatred, however, his brothers did not see this dream as something prophetic. Instead, the dream just heightened their anger for their young brother.

Joseph started interpreting dreams of other people when he got a bit older. While in prison, suffering for the punishment of a sin he did not commit, Joseph interpreted the dreams of a baker and a chief butler. Two years later, his dream interpreting skills was again tested when he was asked to interpret the dream of the Pharaoh.

The Pharaoh of Egypt actually had two dreams that Joseph were asked to interpret. One was about fat and lean klines while the other is about full and withered ears of corn. These dreams, according to Joseph, have the same meaning. According to Joseph, the dream meant that Egypt would have seven years of plenty followed immediately by seven years of famine. Trusting Joseph that much, the Pharaoh gave Joseph the authority to plan things for his people as the dream unfolds into reality.

Daniel

Another great dream interpreter mentioned in the Bible is the prophet Daniel. Daniel is a Jewish hero and the traditional author of an Old Testament book bearing his name. Tracing his lineage, Daniel belongs to the tribe of Judah and was of noble descent. At the young age of fourteen, however, he was carried captive to Babylon by Nabuchodonosor.

According to the Bible, the dreams interpreted by Daniel were those of Nabuchodonosor. One of those dreams was that of a mighty tree that the king has commanded to be cut down, and that "seven times" should "pass over" its stump, which had been left standing.

Daniel interpreted this dream as a foretelling of the future punishments that Nabuchodonosor would receive. Daniel also exhorted the king to do works of mercy so that the future foretold by his dream would be avoided.

Christianity's Stand on Dream Interpretation

The Bible's account on the dream interpretations made by Joseph and Daniel clearly indicates that there are, indeed, divine and prophetic dreams and some people are given the power to interpret these dreams. But why, despite these truths, would the Roman Catholic Church still find modern dream interpretation superstitious?

The dreams mentioned in the Bible, particularly those interpreted by Joseph and Daniel were clearly of divine nature. The Church, however, argues that not all dreams are divine so that not all dreams would have an interpretation.

Further, the Church believes that divine dreams are interpreted by God Himself, just as Joseph has told his fellow prisoners that the "interpretation belongs to God." Modern dream interpreters, therefore, cannot possibly interpret a dream by themselves just as they would claim they could.

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