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Dave's Shave Tips

By Dave Snape

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by: **Dave Snape**

Guys (and maybe ladies too), I have some good news about shaving. You have probably experienced some of the hassles and problems of this chore and are familiar with its inherent potential for being very annoying.

You may be frustrated with razor burn and dry skin after struggling with your daily shaving routine. You can bet I tried all kinds of different razors, shaving cream and even some aftershaves to see what I could do about this problem.

You want to know what I found after a lot of experimenting and trying different things? You probably have a neat handy little item that is common household fare and may be found in your kitchen. It's Olive Oil. You got it, olive oil!

The benefits to using olive oil for shaving are huge. It is such a natural lubricant that the right kind of razor will slide right across your face giving you smooth and soft skin and still getting the job of cutting the growth from your face. And the best part is that your skin will actually start to look younger after using olive oil to shave with over the long term.

Therefore, do not forget to apply some olive oil to your forehead when you shave too. The reason is that the rest of your face will become younger looking and you want your forehead to keep up. In retrospect, I remember reading about a famous Hollywood actress that mentioned that olive oil was her secret to having great skin.

You can bet that others are using olive oil to shave with too. I did a search right before deciding to share this information with you and sure enough there are other people out there that shave with olive oil.

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One nice thing about it is that you don't have to use high quality olive oil. You can buy the inexpensive low grade olive oil that doesn't taste very good from your local supermarket to shave with.

A bottle will last a really long time. You can kiss your shaving cream goodbye. You can also leave out aftershave if you so choose. Your skin should feel great without it.

Now, let's talk about that razor of yours. Here is what I have found out about razors and am willing to share with you. Even though I use the great lubricant properties of olive oil to shave with, I still have found a few issues that using the right kind of razor can help with.

If your experience is similar to mine, you may have found that it is difficult to shave in the grooves of your neck and face, particularly under the jaw bone with typical razors. Even with olive oil you can still easily cut your face if you make the wrong movement. You might find that that Gillette's Mach 3 and olive oil are the perfect combination.

The Mach 3 has a nice swivel head with a great lubricating strip. This allows for the flexibility to really get into the nooks and crannies when used in combination with the olive oil. You will be able to get in there with a lot less fear of cutting yourself. It's not impossible, but the Mach 3 does make it a lot harder to cut the skin of your face.

You may be using another brand of razor with a lubricating a strip. So far, in my opinion, none have come close to the Mach 3 for safety and comfort. I do sometimes use a stiffer blade to make the vertical strokes because it can be really effective. But, when it comes time to dig into those nooks and crannies, I like to break out the Mach 3.

No, I don't work for Gillette and I am in no way associated with them. The reason I use a stiffer blade for the vertical strokes is because its effective and also less expensive. The Mach 3 blades are a bit on the expensive side, so you can save a little bit by just reserving them for the nooks and crannies. With the use of olive oil, you might be able to get a longer usage period out of a blade before needing to dispose of it.

For ladies, I suggest using a sparing amount of olive oil. The reason is that you will be covering a much larger area and too much olive oil can get a little messy. For us guys, we can probably enjoy the luxury of using more because it is easier to wash from the face.

I wish you the best of luck with your next shaving experience.

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Shaveing Tips And Techniques

By Jason Sorenson

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Whether it is on your face, legs or any other areas you may wish to target, the most effective way to remove hair is to shave it in the opposite direction from which it grows (Shave against the grain). This can be painful but is the best way to remove the hair. Now in places where the hair can grow in different directions and in those hard to reach areas the best way is to pull the skin tightly to eliminate the creases and folds and then proceed to shave. And if you just want to "Never Shave Again" then take a look here <http://www.stopshaving.pro.ie>

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