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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Desert Golf, A Walk on the Wild Side**

**By Joan Ewart**

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Desert golf, a walk on the wild side! Have you played desert golf in Arizona, Las Vegas, Reno, Palm Springs. Why play a traditional golf course when you can always do that at home?

Tighter fairways, a totally different environment treated in a totally different way. No set game in the desert, surprises at every turn, but whoever said golf was not exciting? Before 1983 and eco-sensitive considerations, most desert courses were grass and more grass, designed just like the ones in Ohio, Michigan and at the beach, but around 1983 when Jack Nicklaus teamed up with Lyle Anderson to do Desert Highlands (the home of the first Skins Game) north of Scottsdale. They conceived what would become the first "desert golf course.

Everyone talks about those desert golf courses – what do they mean? A desert golf course is one that is in keeping with the environment. Defined by the eco-sensitive natural plants and animals in the area. The maximum area that can be covered in grass is 90 Acres divided up between fairway and green. The transition areas are sand or dirt that separates the grass fairways from the desert. The desert is not considered a hazard and you can ground your club. There is forced carry – meaning the areas of vegetation that a shot must carry from fairway to tee. There are arroyos or "dry wash" areas that often cut through the fairways. You will see critter warnings watch out for rattlesnakes, coyotes, and chollas( a very mean desert cactus, that reaches out and grabs you– it is called a "jumping cholla"). There is normally a 90 degree rule in effect, meaning carts must run perpendicular to the cart path. (to preserve the desert)...and the air is thinner and the ball goes farther! Lee Trevino sums it up pretty well (as usual) "it's like a voyage into the unknown".

Consider the Desert courses for some of the best golf around!

A great desert course in the Scottsdale area is Gold Canyon Dinosaur Mountain – situated on the side of Dinosaur Mountain the views will take your breath away. A more recent desert course, watch those rolling greens – read 'em or weep!

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Scottsdale just happens to have several desert courses that we enjoy including Las Sendas, Another outstanding design by Robert Trent Jones, Jr. How does he do it? Golf Magazine suggests that this course is one of top 10 to play in the country. Like a walk through the desert. Beautiful course and you need to plan your strategy here to get the best scores.

Find out about all that desert golf has to offer for your next golf vacation, when you visit <http://www.golfnvacation.com>

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An artist, a writer and world traveler, devotes many hours to authoring and maintaining major travel web sites. Publishes many articles on travel spots around the world.

### **Take a Scottsdale Golf Vacation**

**By Joan Ewart**

#### **Take a Scottsdale Golf Vacation by Joan Ewart**

Take a Scottsdale Golf Vacation. Okay all you golfers, looking for a different kind of golf vacation, try Scottsdale! Golf in the desert, the crème de la crème, or even if it is expensive, it's an experience you should have at least once before you die - probably more. You owe yourself a Scottsdale golf vacation.

Lee Trevino, well known for his quips and sayings, once said of desert golf, "It's like a voyage into the unknown". The first desert course, Desert Highlands, was designed and built by Jack Nicklaus and Scott Miller in the mid 1980's, and it was home to the first "skins game". It also was the beginning of the building boom of golf courses in Arizona.

Taking advantage of the desert terrain, approximately 350 new golf courses have been built since that time.

Most golfers are looking to play a different kind of golf course when they plan their trip to Scottsdale, enough already of the traditional courses that they play every weekend back home...and desert courses fill the bill. The game is the same, whether it's on a tree-lined fairway or meandering along a desert fairway. The maximum allowance for turf is 90 acres, so there'll be a lot of desert around you...plus arroyos (dry washes - hopefully), critter warnings (maybe rattlesnakes, possible roadrunners), the jumping chollas (they will reach out and grab you, just brush against one and you'll have enough cactus spines on you to last the day) and of course the giant Saguaros that will gobble up your ball if it goes that way. Didn't we tell you it would be an adventure?

Scottsdale and its desert courses are a "must-play" for a great golf vacation. We-Ko-Pa, built by Native Americans over in Fountain Hills is probably the most scenic course you can play anywhere. Four Peaks Mountain (their sacred mountain) is visible from most areas of the course, and the greens are set in box canyons, this course is beautiful and a public golf course to boot. The Boulders of course is set among 1,000,000 year old rocks to give you pause. The Raven Golf Club at Verrado uses natural

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desert terrain and plays in and around the washes. The White Tank Mountains make a powerful backdrop.

And for a real sleeper try the newly revamped Legend Trails, it's a "strategic course" as described by it's designer Rees Jones. You'll be lulled by the first few holes, thinking, "yeh, this course is duck soup", with minimal desert carries, but whoa, then comes hole #7, a par 5, with water, then on the back nine you'll get all you can handle with the desert stretching before you. Legend Trails is reasonable with outstanding views, maybe a great place to start your Scottsdale Golf Vacation. Get all the information you need, as well as great rates for a golf vacation package at <http://Insider-Scottsdale.com>

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