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Develop Your Child's Genius

By Esther Andrews

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Develop Your Child's Genius

Reading whole pages at a time and remembering the material in detail. Solving problems in a creative and totally new ways. Learning new subjects easily and quickly. Focusing on an activity without giving in to any distractions. Knowing the subject better than anybody else. Coming up with new concepts and ideas easily and quickly. Inventing new tools and instruments that help change the world. All those great skills are identifiers of a genius.

In the last few years, research into the brain's development and functions has increased significantly, and new discoveries have taken place, mainly due to new technology that is now available for the first time.

It used to be "common knowledge" that the neural connections in the brain grow rapidly when we are infants, slow down later, and finally come to their "peak" when we reach adulthood. People used to think that after that, our brain cells and neural connections, actually start diminishing until "old age" sets in, and we lose our brain capacity.

In the recent years it has been proven, that the brain actually develops new neural connections constantly, and keeps doing so until the day we die. The trigger for developing these new neural connections is brain activity. This is very good news to all of us, who passed our teenage years.

Tools and techniques to increase an individual's IQ are being discovered constantly. Using the information from recent research, many new theories and techniques have been developed.

The best time to start developing a strong intelligence, is in infancy, because that provides for a lifetime of developing activity. However, these techniques and methods are effective at any age.

Let's discuss just a few of the ideas that have been suggested in recent research:

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Left–right brain connection: there has been a lot of discussion about the theory that the left part of the brain and the right part of the brain are responsible for different functions. I have seen many theories, among them the suggestion that the left brain is the analytical one, while the right brain is the creative one. Another suggestion that has been brought up is that the left brain is responsible for language skills, while the right brain is responsible for "thinking in pictures". Whatever the theory, it has been proven to be beneficial to fortify the connection between both parts of the brain, so that a person can combine the different skills in problem solving and in everyday life.

Techniques to strengthen the connection between the right brain and the left brain, include everything that has to do with the "cross type coordination" movement, all movement that involves the left arm right leg and right arm left leg coordination in turns, for example crawling, walking freely without carrying anything. You may have heard the opinion that a child that has not crawled, will have

problems with gross motor skills later in life. Crawling is very beneficial, even for adults. Swimming, is another great activity. Swimming has been proven to be a superior exercise for all ages, infants to adults. Diving under water at some depth and gradually increasing the time interval, increases lung capacity and the capacity of the blood vessels to the brain. It has been proven to have a profound effect on the ability to focus and on the IQ. Another activity that only few people know about, and that proves to be extremely effective, is practicing writing with the weak hand. If you are right handed, practice writing with your left hand, a few minutes a day. If you are left handed, practice writing with your right hand. Drumming is another beneficial activity, that helps strengthen the connection between the right and the left brain.

Many other methods and techniques have been discovered that help in brain development, no matter what the age.

In the last 26 years, I have studied this subject and observed hundreds of kids (including my own). I have developed my own methods and believe that if you gave me a child, no matter what background or origin, I could turn it into a genius.

My complimentary weekly online newsletter "Develop Your Child's Genius" includes powerful information about activities you can do with your child, that will develop his genius, in a few minutes a day. To subscribe, send a blank e–mail to ezine@all-gifted-children.com, or simply go to www.all-gifted-children.com.

Esther Andrews is a mother of 2 brilliant children. She has dedicated her life to studying the subject, developing her methods and developing the genius in her own children.

Ten Things You Should Know Before Buying

By Michelle Andrews

Your young child's playtime is his first real learning experience, and toys can act as catalysts in your child's growth. The benefits of educational toys are many and varied, and by choosing the right toys,

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you create an environment that is fun and conducive to learning vital skills.

But currently it is hard to find what you need if you do not know what you are looking for. With a million toys on the market today, it is tough to pick out the best combinations of fun and learning. However, every beneficial toy should be fun, safe, and help the child develop and exercise some skill. When faced with so many choices, asking yourself some simple questions about your child's development can help you make the best selection.

The following is a list of characteristics you should look for in a good, educational toy:

- 1.Sensory attraction: How many senses will the toy occupy? Does it respond to and with lights, sounds, or movement? Is it colorful? Does it have a smell or a texture?
- 2.Activation method: Will the toy provide a challenge without frustrating your child? Will it be a fun and rewarding experience?
- 3.Self-expression: Will the toy allow your child to express himself, be creative, and make choices?
- 4.Success potential: How many "correct" ways are there to play with the toy? Can play be open-ended with no right or wrong responses? Will the toy adapt to your child's ability and style?
- 5.Ways of use: Can the toy be used in many different positions? Can it be used in different kinds of play?
- 6.Popularity: Is it a popular toy? Can it be tied-in with other media such as storybooks, television or movies?
- 7.Flexibility: Does it have adjustable volume, speed, and level of difficulty?
- 8.Opportunities for interaction: Does the toy provide a chance for you or other children to be involved? Will it build social skills?
- 9.Individuality and growth: Will the toy engage your child in activities that indicate the child's developmental age and growth? Does it reflect the child's interests?
- 10.Safety and durability: Is the toy durable, considering your child's age and strength? Is it safe?

So, giving your child the right toys will be benefit for all. Your child's play time is not only a time of fun and development for them, but can also be a great way for you to relax and enjoy your child's company. With educational toys, you can follow, supervise and direct your child's development, and find great thrill and amusement in their playtime activities.

Michelle Andrews, a former middle school teacher who now stays home with his three children. He wrote "Parent's Guide on How to Raise a Smart Child by Choosing the Right Educational Toys." Visit his Website EducationaltoysGuide.com at



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