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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Discovering The Healing Properties Of Ganoderma.

By Terry Dunn

How long have you been suffering due to a specific illness like high blood pressure, diabetes, or

heart problem? If you are not at the moment, how do you know that you will not suffer from any disease like cancer or paralysis in the future? Indeed, the changing times has brought do many advances to people's living. But, as it elevates the people's living condition, it also brings a lot of new illnesses and diseases that are becoming harder and harder to cure.

Undeniably, the best cure to any disease is prevention. Knowing the important things you should avoid before you suffer minor illnesses like muscle and joint pain, rheumatism, and insomnia—that could even lead to more serious health problems like paralysis, ulcer, and heart problems—is to start the journey on finding the best solution.

And how do you do it? It is by starting to discover or rediscover the things that might seem impossible at the beginning. Like what most people did when they discovered one of the healing properties of "the king of herbs," the Ganoderma. The Ganoderma healing properties were discovered way back in ancient China shrouded with a dash of mystery and tons of secrecy. It was then described as the "celestial herb" because the Ganoderma healing properties does not incur any side effects regardless of amount and period of usage. This was then considered as the ultimate cure for almost all illness and diseases because the Ganoderma healing properties were really effective in the practices of the people in the Orient. Aside from being known for its anti-aging properties and longevity, the Ganoderma healing properties spread to the Western World. Because of the technology and the science used by medical practitioners in the West, the Ganoderma healing properties is now more established upon the discovery of its 280 or more active ingredients with healing medicinal properties.

Among the so many known Ganoderma healing properties are its contribution to the improvement of the person's immune system. Aside from its positive response in numerous ailments, the Ganoderma healing properties are evident in the three major killers of the modern times - cancer, cerebrosis or an organic disease of the brain, and coronary diseases which are mostly related to problems in circulatory system of the blood. Thus, the Ganoderma healing properties are clearly evident in its contribution in the correction of the blood circulatory imbalance. And while it continues to strengthen the person's immune system to prevent deterioration, the Ganoderma healing properties is also given credit for its

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capability to detoxify the body and rejuvenate cells, thus, balancing the functions of numerous organs that get rid of disorders.

Due to the strong evidences of the Ganoderma healing properties evident in numerous studies on its effectiveness in the treatment of many diseases, the demand for it continuously increases. More and more people now consider it as a highly recognized preventive medicine for its detoxifying and anti-oxidants qualities. The "natural wonder drug" helps a person's body to metabolize well while preventing tissue degeneration that causes different diseases. But, the healing powers of this mushroom don't stop at by merely acting as a detoxificant, it also acts as a protector and regulator of different organs such as the liver and the intestine. Aside from this, the Ganoderma healing properties is also accounted for being an `adjuster' of blood pressure while enhancing the stability of the various systems of the body.

Indeed, there are many claims on the almost unbelievable healing powers of Ganoderma. But,

people's bodies operate on its own major systems and it cannot always absorb everything one takes in. People who are interested to use this `wonder herb' should try to research about its properties and do a bit of fact-finding before they take on the decision to try it. One really has to discover for themselves if the Ganoderma healing properties will create a balance between the external and internal body conditions. If the properties will work on his systems properly, then one doesn't have to can yield to diseases brought by the ever-changing times.

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<http://www.Ganoderma-Online.com>

,an informational website related

to all things about Ganoderma.

The Power of Ganoderma in Oriental Medicine

By R.G. Srinivasan

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Ganoderma, a rare variety of Mushroom credited with the highest medicinal qualities by the classic Chinese `Seng Nong' is indeed a subject of much research from the ancient china of 100 B.C. or earlier to the modern times by various universities and research organizations. It is also known as Linghzi in China and Reishi in Japan.

It is said that in the ancient times anyone who found the rare Linghzi never revealed the place and kept it a secret of health, longevity and wealth. The Japanese revered the herb as `God's Herb' where it is known as Reishi.

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Lingzhi in medicine was considered so auspicious that its medical efficacy has been attested to in the oldest Chinese medical text (over 2,000 years old). The book, which is known in Japan as "Shinnoh Honsohkyo", is now accepted as being the original textbook of Oriental medical science. In it, 365 kinds of medicines are classified and explained. Ganoderma is classified as "Superior Herb" or "God's Herbs" and they are for perpetual youth and longevity. The book states that for "superior" medicines, any amount can be taken as desired on a continuous basis with no unfavorable effects. Of the superior medicines listed in the text, Lingzhi was rated number one. You can see how important and powerful Lingzhi was considered in ancient times. It achieved its ranking in the Chinese text not because of its symbolic importance as a good omen but because of its medicinal properties. Centuries ago, Lingzhi was said to be a medicine that would grant you eternal youth and longevity.

But after 2,000 years, Lingzhi has jumped into the spotlight as a specific medicine for cancer. This must be a bitter irony for those in the modern medical profession who discounted the herbal remedies and oriental medicine as being "old wives' tales". The families of many cancer patients who have received a diagnostic "death sentence" now seek reishi as the only way left for them.

The Lingzhi Mushrooms grows only on old tree barks with specific conditions difficult to replicate.

Till 1971 the herb was so rare that it was hardly sited except in mountainous areas. Many researchers had attempted to plant Ganoderma artificially but failed. Till in 1971 directed by Naoi Department of Agriculture and Professor Zenzaburo Kasai, Kyoto University made a breakthrough in its cultivation.

Presently the herb is grown only by 10 countries. The demand far outstrips supply due to the increasing evidence through various researches on its efficacy in treating many disease including Cancer, HIV, Hepatitis, Diabetes, Liver disorders and mainly as a preventive due its rich anti oxidant and detoxifying qualities. You can check further resources at <http://globalhealthnetwork.tripod.com>

Some of the research in Japan indicates that those that have taken Ganoderma for over a year the visit to doctors dropped into half. There are thousands of research paper available including on the internet on the subject of the healing breakthroughs achieved by Ganoderma in various treatments and too lengthy to discuss here. However we can highlight the research in short.

Summarized from these reports, it is found that Lingzhi have the following properties:

Improves cholesterosis, coronary insufficiency.

Improves hyper and hypotensions.

Improves nervous tension, neurosis.

Improves chronic bronchitis, hepatitis.

Improves leukocytopenia and reticuloendothelial system.

Effective in numerous other ailments.

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The three major killers these days are: cancer, cerebrosis and coronary diseases. The latter two have their etiology closely linked to the blood circulatory system. Related problems like stroke, heart block, arteriosclerosis, obesity etc. are all tied to problems in the blood circulation. One out of three persons dies from one of the above ailments everyday.

Lingzhi can correct this imbalance and strengthen the system to prevent further deterioration.

What are noteworthy are its preventive capabilities. For the 21st century man, stressed out, poisoned by the polluted atmosphere, wrong food habits and drug induced illnesses of the modern medicine. While modern medicine has been very effective in treating certain conditions effectively and immediately, they do not address the holistic approach of the ancient medicine as a preventive and for regeneration of wasted tissues and damaged cells.

In conclusion, Ganoderma has been proven to exert significant effect on diminishing pain, fortifying the body's immune system and prolonging life. Even though its role in cancer control has not been determined 100 percent yet.

Ganoderma has a history of 3,000 years, during which time it is widely used by many people with no reported unfavorable side effects. It is therefore highly recommend for prevention. I hope that people from all walks of life will take a concerned interest and share in development of Herbal treatments. Hopefully, with so much research and emerging evidence, Ganoderma can bring a brighter outlook to the human race in the conquest of longevity.

About The Author R.G. Srinivasan is founder of Born to Win Forum. He is a certified trainer and consultant in training design & methodologies. He is also the author of e-books, publishes 2 ezines on success and motivation and Home Business. His articles are widely published across the world. He is featured as an Expert Author in leading content syndication portals. Check out his home business ezine at <http://home-businessleaders.tripod.com>



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