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**"Divorce Decision: Things To Consider When Making A Decision About Divorce"**

**By Karl Augustine**

**"Divorce Decision: Things To Consider When Making A Decision About Divorce"**

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When making a divorce decision, there are quite a few things that you should consider. Too often people find themselves unable to clearly identify what they need to think about when making a divorce decision which leads to further indecision and frustration. When making a serious divorce decision, having an open mind and listing the things that will figure into your decision about divorce, will help make the process a little simpler for you.

The things to consider when deciding about divorce varies somewhat from person to person, but here is a list of the most common items to contemplate:

Divorce Decision Item 1: Making sure that you are emotionally ready to go through with a decision.

Not being really ready to decide about whether to get a divorce because of emotional uncertainty will be a serious obstacle if you let your emotions cloud your ability to reason or use logic. People often fear making a tough decision and there are many reasons why people don't ever get around to actually making a divorce decision, which is often one of the toughest decisions to make in life. If you aren't ready to handle the emotional pain of what could be a "life changing" event like deciding about divorce, wait until you can before going through your divorce decision making process.

Divorce Decision Item 2: Making sure that the reasons for divorce that you've listed regarding why you think you want a divorce are indeed valid.

Too often people make the mistake of wanting to get a divorce (or thinking they want to get a divorce) for unviable reasons. This comes from being wrapped up with the idea of being hurt and focusing on one's self rather than separating the actual events from the end results.

Yes, it is very tough to elevate your thinking and be seemingly autonomous to your own situation...in fact, it is often impossible to do. But, if you can look at your situation with someone else in your place,

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and then go through your divorce decision making process, you'll be closer to the real answer that you want.

Divorce Decision Item 3: Understanding that your sense of self-confidence, ability to be 'self sustaining' with finances or other material things, and desire to 'start over' are all unwavering.

This mix of considerations about divorce can be overpowering for some people when they try to 'break away' or make the decision about getting a divorce. Simply, these 'things to think about' intertwine and affect each other directly. Self-confidence is essential to being able to make a lucid divorce decision, and your level of self-confidence can easily be changed (for better or worse) instantly. If this is the case, you should really re-think whether you're ready to make a divorce decision and follow through with it.

A lot of time, women in divorce situations have to deal with finance issues and they fear going out on

their own because they've had financial support previously. Still, the fear of losing finances or material things is not gender specific by any means...men and women alike need to decide if they are ready to go through financial loss to improve their lives if they feel a divorce will do so. Logic will lead you to the fact that finances shouldn't be the only piece of your divorce decision even though it usually figures in...as to what level finances figure into your divorce decision, will depend on you and what you deem important.

If your overall confidence and desire to start over with your love life support making a change, you're off to a good start in making a smart decision about whether to divorce or not.

Divorce Decision Item 4: Determining who else your divorce decision will affect and how much weight that carries in your decision making formula about divorce.

This item to consider when thinking about divorce is one of the primary things that can lead a person to a decision, one way or another. Even though it can have serious negative repercussions, selfless people will take into account everyone else who will be affected by a serious change like getting a divorce...it is fundamental portion of the overall process of making a smart divorce decision. Children, in-laws, common friends, etc., all will be affected by what you do regarding your action as a result of you truly answering the question, "Should I Get A Divorce?".

When making your decision about staying married or getting divorced, you should look to the future and decide whether your decision will improve or decrease your quality of life and the quality of life of those that will be affected. The number one reason given by people who want to get divorced but don't go through with it, stems from the fear that others will suffer from the divorce. Be very careful when assessing this situation...make sure that you use logic and not emotion when evaluating your thoughts.

Making a divorce decision is a serious and difficult task because it is complex, deeply self-reflective, and frightening due to the length of time it can affect you and others. Make sure that you have your thoughts organized and prioritized and you take your time in making a decision.

## "Divorce Decision: Things To Consider When Making A Decision About Divorce"

Karl Augustine Author, "A Practical Guide To Deciding Whether Or Not To Get A Divorce".

\*A resource recommended by marriage counselors to their clients.

### **"Divorce Advice: Getting Divorce Advice From the Right Source"**

**By Karl Augustine**

Getting the right type of divorce advice depends on what type of divorce advice you want and what you want to use it for. When looking for advice about divorce, it is smart to clearly define what you are seeking the advice for so you can be sure to look in the right places.

Seems simple enough right?

Yes, but...lots of people who are deciding about divorce and seeking divorce advice lump the categories of divorce advice into one, and that's a big mistake. You should seek divorce advice from different types of places for the different types of advice that you need. Certainly there's more types of divorce advice categories, but here's a partial list:

Divorce advice type 1: Legal advice for getting a divorce when you are sure that you want a divorce, no matter how tough it will be to get that divorce. When asking for this type of divorce advice while meeting with an attorney, you may be asked if you're certain that you actually do want a divorce...if you do, don't waver, stick to your decision. It makes sense to have a good idea of all of the parts of your life, family and materials, that could be affected or sought after. You want to have your facts, account names, timelines, etc., in mind when meeting with the attorney so that your discussion is maximized.

Divorce advice type 2: Legal advice for getting a divorce when you are almost sure that you want a divorce, but want to make sure that the financial considerations are in order or that health of your children won't suffer in the long run. When asking for this type of divorce advice, you may want to consider seeking the advice of an attorney or financial planner for the financial considerations and a counselor experienced in family matters for the impact that a divorce might have on your children. The point is, split the two concerns up so that you get the chance to speak to 2 different people who specialize in each area so that you will get the appropriate divorce advice.

Divorce advice type 3: Legal advice for getting a divorce in a case that is relatively simple and will be a clean break, no financial or other family considerations to take into account for the divorce. This is perhaps the easiest type of divorce advice to get because it infers that you have already made the decision from an emotional standpoint and really don't have any other considerations of deep concern. When seeking this type of divorce advice, you most likely have limited financial considerations, a prenuptial agreement, or the situation itself as amenable to everyone and you just need someone to do the paperwork.

Divorce advice type 4: Legal and/or counseling advice regarding whether or not divorce is right for you from a psychological, emotional and financial perspective. When asking for this type of divorce advice,

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you may want to consider seeking the advice of an attorney or financial planner for the financial considerations and a counselor experienced in Clinical Psychology and "personal-life" coaching for the impact that a divorce might have on you. Again, the point is, split the two concerns up so that you get a chance to speak to 2 different people who specialize in each area so that you will get the appropriate

divorce advice.

Divorce advice type 5: Counseling for emotional support when deciding whether or not you really want a divorce or are just unhappy in your marriage. This type of divorce advice is crucial to your happiness because when you're in an emotional state, it is tough to make lucid and rational decisions. And, if you're wrestling with deciding whether or not to get a divorce (purely from an emotional perspective), you should do all you can to make a logical decision because how you approach this decision and the affects afterwards can be long lasting and far reaching. If you're are struggling with finding divorce advice, you may want to talk to friends, counselors, even other family members.

But, my divorce advice to you is, do it yourself.

I'm not saying don't talk with friends, counselors, and possibly family. What I am suggesting is that you reach the final decision of whether to get a divorce on your own, you have to live with it, no one else. The answer is inside you, you just have to get it out in a logical manner.

Whatever type of divorce advice you need, be sure that you're directing your energies in the right direction. If you don't separate the emotional aspects from the legal aspects of divorce advice, you might end up confused and unable to get the most out of any meeting you may have with an attorney or marriage counselor. At the end of the day, you should control your own destiny and make a smart decision based on logic, controlled emotion, and forward thinking.

Karl Augustine Author, "A Practical Guide To Deciding Whether Or Not To Get A Divorce".  
A resource recommended by marriage counselors to their clients. Proven "Action Items" to help you make the right decision based on what YOU want!

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