

Do Not Let Your Small Removal Quote Go Wrong!

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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

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By Stephen Willett

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One of the main causes of **friction between customer and remover** is when the van turns up for a small unvisited job to find it bears **little resemblance to the job quoted**.

There are several reasons why the cost of your removal ends up being either higher than you expected, or higher than necessary. It's often the problem you haven't, or maybe nobody could ever have thought of, that causes most grief. Removers are used to that— Like the 3 seater sofa that had to come in through a sash window which was subsequently double glazed.

Here are ten things to think about to minimise the risk of falling foul of the small print.

Pitfalls when Preparing for your own move:—

1) **Incorrect estimation of your volume:—** People usually book a remover before they have packed. It is usual for them to underestimate the volume of their possessions when boxed.

2) **Failure to box up everything.** Unboxed items not only are at risk of loss or damage, but cannot be tidily stacked on a van – increasing the transport space needed.

3) **Breakage caused by poor or minimal protection of fragile items:—** If it was expensive to buy take the trouble to wrap it properly.

4a) **failure to disassemble furniture**, which won't fit through the door.

4b) **Attempting to disassemble old flatpack/chipboard** items, which will never 'make it'.

5) **Not being ready for the van on the day.**

Communicating with Removal firms:—

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- 1) Paying too much for a remover's own insurance cover. **Get your own**, it will be cheaper and more effective (for personal items). You may wish to take up a removers insurance, but don't accept heavy pressure.
- 2) **Moving things you don't need** and later throw away.
- 3) **Booking a part-load**...then changing the date so the remover's schedule collapses.
- 4) **Not seeking the right size of firm**, and when you do, not then phoning around sufficiently to find one whose travel schedules coincide with yours:– Whereas large firms may be expensive, the smallest may or may not have enough enquiries to organise a part load.
- 5) **Failing to consider or describe problems of access** at either end, or failing to organise immediate access at the delivery end. Examples include narrow walled driveways, road repairs, known parking congestion, stopping for lunch when you've got the only keys(!)

You can read advice on small moves, packing and insurance, at

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listed are suitable small move/partload specialist removers. See:–

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The author has spent 25 years in various service industries, including the last 8 in the removals sector

Laser Hair Removal Versus Electrolysis

By Mark Bensen

While electrolysis has been around for many years, laser hair removal is becoming a viable option for many. We'll take a look at both methods of hair removal and help you determine the best for your situation and needs.

The newest hair removal method to be put on the market is laser hair removal. Since advancements of all types of procedures using lasers have become more and more advanced in recent years, it is no surprise that lasers are now being used to remove hair. A wavelength of energy is omitted by the laser, working to kill the hair from its base.

The most appealing characteristic of laser hair removal is that after a small number of treatments your hair should be completely dead and you will never have to worry about hair on that specific portion of your body again. Laser hair removal treatments can be spread out farther than other types of hair removal treatment since the laser hair removal process slows the growth of hair.

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Laser hair removal may seem like the most appealing hair removal procedure but there is a downside. Since laser hair removal is a relatively new procedure and can be high in demand compared to the number of specialists licensed to practice the procedure, the cost of laser hair treatments can be relatively high. In comparison to the other methods of hair removal, laser hair removal is by far the most costly.

A method similar to laser hair removal but that has been around much longer is that of electrolysis. When removing hair by electrolysis, the technician uses a needle that projects an electric current into the hair follicle, killing it at the root. By sending the current directly to the root of the hair follicle it prevents hair from growing back in the same spot.

Although it may take longer than laser hair removal, electrolysis is another way to permanently remove hair in a certain area. Like laser hair removal, this takes a number of repeat appointments for treatment. Electrolysis often requires treatment for anywhere up to a year to a year and a half for the hair to be completely removed. Like laser hair treatment, electrolysis can cause some discomfort and pain during treatment when the electric current is killing the hair follicle but it should not last longer than a few minutes after the treatment has ended.

With both treatment methods a viable option, laser hair removal provides the most obvious benefits. You're able to spread out treatments and require fewer sessions to achieve the same results as electrolysis. That said, your only problem may be finding a practitioner with an opening in her schedule!

Laser hair removal is becoming cheaper and more available nationwide. To find a local practitioner, visit

and

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