

Do You Ever Wish You Could Just Keep Up With Your Reading?

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**Do You Ever Wish You Could Just Keep Up With Your Reading?**

**By Gerri Stone**

How many times have you looked at your stack of reading materials, and felt overwhelmed? Most of us are bombarded with more and more written information every day— magazines, reports, e-books, newspapers, professional studies— it seems to never stop.

All this information has made becoming a speed-reader a necessity for those who want to stay on top of their profession. Reading faster and increasing comprehension has become a mandatory time management technique.

Evelyn Wood developed speed-reading, in 1959. Currently, there are a wide variety of classes and techniques available for anyone who wants to master this skill. There are classes, books, audio programs, and computer programs to suit any learning style.

Here are five quick steps you can use right now to increase your reading speed and comprehension:

- 1.Prepare to read— set aside some time in a distraction-free environment. Find a comfortable spot, and check your focus. If you find you are having a hard time concentrating on what you are reading, close your eyes, and take a couple of deep breaths. If that doesn't work, and you are still distracted, put off your reading for another time.
- 2.Overview the material— look at the titles and subtitles. Ask yourself, " Why am I reading this book? What can I learn from it?"
- 3.Preview— read the introduction, and the first sentence of each paragraph. Determine what the focus of the piece is, and what the key points are.
- 4.Read Actively—Underline the main points, mark any areas that are significant to you. Take note of anything that you don't understand, as well as any topics you find for discussion.
- 5.Finally, relate what you are reading to what you already know. This will put everything in context for you, and help you remember more of what you read.

## Do You Ever Wish You Could Just Keep Up With Your Reading?

Speed-reading is a skill that is built up over time. If you begin to practice it, even for 15 minutes each day, you'll see results quickly.

Gerri Stone offers a free Speed-reading tutorial, as well as more tips and resources at her website about Speed Reading

<http://www.aboutspeedreading.com>

## **The Importance of Teaching Children to Love Reading**

**By Paula Wilson**

Alot of children today are not developing a love of reading that will help them be successful adults. As parents, our fundamental duty is to prepare our children for adulthood. We give them our love and our time, and by doing this we are preparing them to face the world. Teaching them to read and to love reading will also help prepare them to face the world with confidence and to be successful. Let us not forget what our job is as we continue to help our children grow into healthy and happy adults.

One of my favorite pictures of me was taken when I was about 11/2 years old. I was sitting in a little red rocking chair made by my grandfather reading a book to a big orange a white cat who was sitting in my lap. I am 28 years old now and two of my greatest loves are reading and cats. Ok, maybe my love for cats has not made me successful, but I know that my love for reading has helped me become the person I am today. I am so grateful to my parents for instilling in me a love for reading and education. I don't remember sitting in that little red chair reading that book, but I do have very fond memories of my mom and dad reading to me, helping me learn to read, and later on helping me with my homework. Because of that healthy respect I have for education, I was able to succeed in college and graduate school. I have a 11/2 year old son now, and I know how important it is to teach him to have a love for reading. I hope that all parents will realize this and will get their children involved in reading at an early age.

Paula Wilson is the mother of a 1 year old son. She has developed the WAHM website

<http://www.wahmresourceplace.com>

. She is an Independent Consultant for Usborne Books, and her

website can be found here:

<http://www.ubah.com/x1367>

[pdfergus@aol.com](mailto:pdfergus@aol.com)

The Importance of Teaching Children to Love Reading  
The Importance Of Reading In Home Schooling

Do You Ever Wish You Could Just Keep Up With Your Reading?

How Reading Makes A Child Smart  
Learn Ways To Read To Your Child  
How To Accelerate Your Reading Speed

The Alphabet of Birds  
Mail Order in the Internet Age  
Organic Secrets  
Gate Crash into the Interior Design Industry.  
The Ultimate guide to a Multi-Orgasmic Male



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