

Do You Have The Four D's You Need For Success?

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By Gordon Bellows

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In order to achieve any amount of success in your life, it is important that you understand four basic characteristics. Let's call these four attributes the four D's of success, and they are vital no matter what level of success you want.

Desire – Decision – Determination – Discipline

Desire is the most essential of the D's. Without desire, the other fundamental things just don't matter. There are many things we might like to have, and perhaps, we envy someone who already has something we like. However, we are not very likely to have these things for ourselves without desire. Not just a feeling of wanting something or thinking it would be nice, but a deep-down burning desire, a do-it-or-else attitude and a willingness to make sacrifices to reach that goal. By sacrifices, I mean things like giving up the extra servings to lose weight, watching less TV to have more time available for a special project, doing without a few things to be able to save money for a down payment on a new house. Without a strong desire, the sacrifices may become more of a dreaded chore than a means to an end, in which case we are more likely to just give up and abandon the goal.

Decisions need to be made once you have a clear-cut desire. You want to accomplish a specific goal and now you need to decide how to do it. Decide on a method to reach your goal and how long it might take to get there. You can usually find valuable information that is related to your goal in a bookstore, the library, or on the Internet. Other times, you might need to talk to someone who has accomplished a similar goal. Also, decide what

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sacrifices, if any, may be necessary for you to make in order to reach your goal. Reaching a goal is often easier by breaking a major goal into mini-goals, each one being a milestone in itself.

Determination and willpower are the traits you need to reach your goal when you have a burning desire and you've made the decision to take action and make something happen. There may be obstacles on the way to your goal, but strength of mind and fortitude can help keep you on track. It doesn't matter how fast you are moving toward your goal as long as you keep moving in a positive direction. You should be resolved to turn your desire into a reality no matter what it takes.

Discipline can sometimes be the hardest D to handle. We may have the best of intentions, but a moment of weakness can throw us off track. It takes self-control and restraint to make sacrifices and stick to the plan we decided upon. Every so often, we have to be strict with ourselves and remember that the goal we seek is worth the effort. If it becomes too hard to follow the plan, we might need to revise the plan or the time it takes to get there.

Usually, what we desire most, is not the goal itself, but the benefits that we experience when the goal is reached. The following is a list of some goals and possible benefits:

Goal: lose weight Benefit: look/feel better, more energy
Goal: plant a garden Benefit: fresh food, exercise, nature
Goal: learn to play golf Benefit: exercise, recreation
Goal: buy a motorhome Benefit: travel, family outings
Goal: work at home Benefit: freedom, more time with family
Goal: make more money Benefit: better lifestyle, prestige

Take a moment to think about your desires. Chances are good that you have desires that are strong enough for you to make the decision to take action and make things happen!

Gordon Bellows is a business advisor and writer. He suffered from various health problems for ten years until a remarkable product changed his life. Only two weeks to better health, more energy! It gets amazing results! All-natural, non-toxic, no side-effects. Visit <http://www.YourHealthKey.com> to see what it can do for you. It's your key to better health and wellness!

Virtual Methods & Polymorphism in C#

By Pawan Bangar

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Virtual methods allow object oriented languages to express polymorphism. This means that a derived class can write a method with the same signature as a method in its base class, and the base class will call the derived class's method. By default in Java, all methods are virtual.

In C# like C++, the virtual keyword is needed to specify that a method should override a method (or implementation of an abstract method) of its base class.

```
Class B {  
public virtual void foo () {}  
  
}  
ClassD : B {  
public override void foo () {}  
}
```

Attempting to override a non-virtual method will result in a compile-time error unless the "new" keyword is added to the declaration, indicating the method is intentionally hiding the base class's method.

```
Class N : D {  
public new void foo () {}  
}  
N n = new N (); n.foo(); // calls N's foo ((D)n).foo(); // calls D's foo  
((B)n).foo(); // calls D's foo
```

In contrast to both C++ and Java, requiring the override keyword makes it more clear as to what methods are overridden when looking at source code. However, requiring the use of the virtual methods has its pros and cons. The first pro is the slightly increased execution speed from avoiding virtual methods. The second pro is to make clear what methods are intended to be overridden. However, this pro can also be a con. Compare the default option of leaving out a final modifier in Java Vs leaving out a virtual modifier in C++. The default option in Java may make your program slightly less efficient, but in C++ it may prevent extendibility, albeit unforeseen, by the implementer of the base class.

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