

Do You Have a Business Opportunity Intake Process?

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**Do You Have a Business Opportunity Intake Process?**

**By Michael Port**

Do You Have a Business Opportunity Intake Process?

A business opportunity intake process is a must have for ALL but especially for solo-professionals, service professionals and entrepreneurs who are constantly looking for and attracting new and exciting opportunities.

What's a "business opportunity intake process"?

It's a filtration system of sorts. I'm like a giant generator. The more gas (projects) I take in the more power I'll create. However, putting the wrong kind of fuel in my engine can cause me to sputter and conk out. Have you ever seen a sports car try to run on diesel fuel? It's not pretty. (Not that I'm necessary a sports car, I may be more of an old beater, but you get the point.) Every engine needs a filtration system to keep the system running smoothly and cleanly.

Creating abundance

Everyone has their own very special way of creating abundance in their life. I do best when I respond vs. initiate. That may seem counterintuitive as I produce a lot. However, most of the projects I take on are in direct response to an opportunity, situation or event that I have come in contact with. I make sure to create environments in my life that serve as feeder systems for my work so that I have a constant stream of new opportunities. When I do respond to something, my response is immediate, fast, focused and aggregated.

I often feel like a magnate, however, magnates can attract anything (so to speak) so I am careful to filter properly. Hence, my business opportunity intake process...

When an opportunity presents itself I raise this question:

"Is this opportunity a new feeder system for me to help service professionals and small business owners create more demand for their products and services and can I leverage a current asset on this new opportunity and/or can I create a new asset with this opportunity to leverage throughout my current businesses?"

If not, I pass. If yes, than I jump on it right away.

## Do You Have a Business Opportunity Intake Process?

Simple.

What's your business opportunity intake process?

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### **Calcium Supplement**

**By Rolf Rasmusson**

#### **Calcium Supplement by Rolf Rasmusson**

Calcium Supplement - why calcium.

Why is calcium supplement so important? People would usually use calcium supplement when they don't intake enough calcium with the food they eat. Calcium is critical for many body functions. Examples of these functions are transmission of nerve impulses, regulation of the heartbeat, clotting of blood, and building and maintaining healthy bones. That is why controlling the intake of calcium (whether it is with the food or by using the calcium supplement) is so important.

Calcium Supplement - intake of calcium.

Sufficient calcium intake is essential since the human body cannot produce calcium by itself. And the body loses calcium all the time through shed nails, skin, sweat, hair, etc. This is where the calcium supplement comes to help. Calcium could be found in many foods so the accurately designed diet may replace the need for calcium supplement.

Calcium Supplement - calcium daily intake.

Whether you decide to use calcium supplement or follow some specific diet, you can find the information about how much calcium to intake daily from various sources. For example, the National Academy of Sciences and the National Osteoporosis Foundation advises daily calcium intakes of 1000–1200 milligrams for adult men and women.

Calcium Supplement - make sure you get enough calcium.

## Do You Have a Business Opportunity Intake Process?

You should use calcium supplement only if you are sure that the proper diet and consumption of calcium from food is not enough to make sure that your body gets enough calcium. If you do not have enough calcium in your diet, consult with doctor to make sure that calcium supplement is right for you and that you balance the intake of calcium from diet and from supplement. Calcium supplements are usually available without a prescription.

Additional interesting content at [www.nutritional-supplement-4u.com](http://www.nutritional-supplement-4u.com)



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