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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Don't Compare Partners

By Rinatta Paries

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Have you ever found yourself comparing your current partner to someone from your past, and finding your current partner lacking? Worse yet, have you found yourself telling your current partner he or she is being compared to someone in your past and falls short?

What is it we are really after when comparing current and former partners? Do we want our current partners to be just like our exes? Probably not, or we would still be in those relationships. I think when we are making a comparison, we are really after something else. My hunch is what most of us really want is to have our current partners meet some specific needs and desires in the same, natural way as our past partners did.

Unfortunately, when we make this comparison between partners and then tell our partner about it, he or she will probably not take the feedback well. In fact, your partner will be very likely to feel angry, resentful, and to make sure not to do what you want.

How can you, then, get what you want in a more effective way than causing resentment and anger in your partner? How can you have your needs and desires satisfied? It's simple, really. Just ask. But be sure to ask without making your partner wrong for not already having met your needs.

Let's look at an example. Let's say you are not getting enough romance in your current relationship, but had gotten plenty of it in your past relationship, and liked it that way.

If you were comparing your current partner to your ex, you might say things like, "Why aren't you more like X? He (or she) was so romantic. I would get flowers and cards from him all of the time." Or, you might say, "She was much more interested in romance and intimacy than you are." Then you might finish with, "You are just not like him (or her)," with a negative connotation in your voice.

As I said, after this kind of encounter, it's unlikely you will experience romantic gestures from your current partner, even if he or she originally had a desire to be romantic.

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Asking for your needs to be met looks very different than comparing partners and making your current partner wrong.

You may say something like, "You know, I really like and appreciate romantic gestures. Flowers or cards would make me feel loved and appreciated. Physical intimacy would make me feel loved and connected to you. I would like more of these from you. Can you do that for me?"

With an approach like this, you are much more likely to get what you want.

So stop comparing and start asking!

Your Relationship Coach,

Rinatta Paries
www.WhatItTakes.com

(c) Rinatta Paries, 1998–2002. Do you know how to attract your ideal mate? Do you know how to build a fulfilling relationship, or how to reinvent yours to meet your needs? Relationship Coach Rinatta Paries can teach you the skills and techniques to attract and sustain long-term, healthy partnerships. Visit www.WhatItTakes.com where you'll find quizzes, classes, advice and a free weekly ezine. Become a "true love magnet(tm)!"

Having coined the phrase "relationship coach," Master Certified Coach Rinatta Paries works with singles to help them attract their ideal relationship, and helps couples create more love and fulfillment in their existing relationships. Visit her web site at www.WhatItTakes.com or e-mail her at coach@WhatItTakes.com.

Where can I find discounts on promotional products

By Josef Baumann

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Where can I buy promotional products ?

There are several places where you can buy promotional products. The most distributors have their own webpages where you can inform yourself about the promotional products they sell. Some of these webpages have their own online-shops where you can buy products directly. There you will get the information you need without contacting these companies. (Prices, quantities, imprint area, color, setup charge) And when there is something you want to know you contact them by phone or E-Mail and you will quickly get response.

Now I tried to find a new way to buy promotional products without visiting each webpage of these companies. It takes a lot of time to do this. So I looked for a new way to find the promotional products I need.

There are several webpages on the internet who compare the prices of products from different

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companies so there can also be a webpage who compare the prices of promotional products. I went to several search engines and used the keywords "B2B promotional products" and "compare prices of different promotional products companies". And really I get a webpage who compare the prices of promotional products from different companies. <http://www.crobike.de>.

What are the advantages of this promotional products marketplace ?

The most important advantage is that you can compare the promotional products from different companies. You don't need to go to each webpage anymore. So you will save time and money. As a member of this webpage you will also get 5%–10% discount on thousands of promotional products at several different promotional products online shops. You will also get useful tools to compare the products. For example you can use a tool where you can remind several promotional products for later to compare the total costs of each purchase you want to make. (price/quantity, setup charge)

My opinion

Try it out. It's free of costs and you will also save time and money. You can use several useful tools and when you are a member you will get 5%–10% discount off the unit purchase price per item.

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