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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Don't Ever Stop Believing In Yourself

By Jeannette Tyson Gregory

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By Jeannette Tyson Gregory The first (2) steps in believing in you:

1. Find out who you are
2. Study who you are and get acquainted with yourself

There are times when we believe in everything and everybody but ourselves. There is a constant search for mentors and role models when they exist within us.

The most brutal beating that we take is the one that we inflict upon ourselves. We make one mistake and we count ourselves out before the referee can blow the whistle.

We beat ourselves down into a state of depression. Depression is a dark and dreary place where we drink tears for breakfast, lunch and dinner. We tend to use our carnal mind, eyes and ears that are distorted during this dark time.

Have you ever cried all night long? If so, do not cry a minute past midnight because the bible states that Crying may last for a night. But joy comes in the morning. This passage was taken from Psalms 30:5 in the International Children's Bible. Midnight is the cut off point for one day and if you cry one minute past midnight, you have blocked your joy from coming. Dry your eyes at midnight if you really have to cry. Place a smile on your face and embrace joy. Cheer up, it's morning time, joy has arrived!

Is self doubt is still hanging around harassing you? If so, get rid of it.

I hear you saying, "I have made so many mistakes." This is a familiar phrase that has been spoken so faithfully by many people. But, you are not alone. We've all made many mistakes but . . . the more mistakes you make. . . the more self-doubt and less confidence you will have in yourself.

Imagine yourself as a confident person free from self-doubt. Hold this image everyday until it sinks into your spirit. Whenever negative thoughts about yourself enter your mind, erase them immediately.

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When you wake up in the mornings get a clear picture of a self-image in your mind. What do you want to accomplish today? Write it on a piece of paper and post it on the refrigerator, mirror or someplace in your dorm. Engrave it on your heart.

Habakkuk 2:2

Then the Lord replied: "Write down the revelation and make it plain on tablets so that a herald may run with it.

Life can be full of questions and not enough answers. We know that answers are somewhere waiting to be discovered, but the question is where?

Habakkuk refused to have his questions to remain unanswered. The things he observed troubled him.

Habakkuk saw a dying world and it broke his heart. His main questions were:

ØWhy is there evil in the world?

ØWhy do the wicked seem to be winning?

Habakkuk did what most of us will not do. He took his questions to God.

The first chapter of Habakkuk is devoted to his questions to God. Chapter two is where God begins to respond by asking Habakkuk to write his answers that all will see and understand. God goes on to tell the prophet that it will not come quickly, but it will happen.

If Habakkuk questioned God and got answers, so can we.

Boldly take your questions and concerns before God and He will answer.

I challenge you to keep a journal this year. The year of 2003 is a year of Divine Manifestations. Record your prayers and place a date beside your request. As soon as your prayer is answered, record it in your journal.

What is it that you don't like about yourself? Talk to God about it and remember that He is the creator and He has a solution to all of your problems.

Happy New Year!

About the author: Founder of Writers Incubator, an organization where her main focus is youth and young adults learning how to develop their God given gifts, in the areas of writing and art. She is a published author of: *The Corridor Of My Heart*, *What Does God Have To Say About Sex?*, *Sonshine For A Cloudy Day*. She is also a recipient of The Editors Choice Award, for her poem *The Little League Game*. Teen Columnist for *Evangelist Newspaper*. See more at www.chosenwordpublishing.com

Believing Prayer

By Daniel N. Brown

Believing Prayer by Daniel N. Brown

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Have you noticed that most of us have been raised to not believe in positive outcomes? At the same time, we've been taught to believe in negative outcomes. Where's the logic in that? How much more effort does it take to believe in garbage than in positive things?

Believing in the positive is vital to our success. If we could only believe that everything will work out and trust that what we want will happen, we'd have great results. Life would change in ways we'd never thought possible. But for some reason most people just can't believe that things will work out for them. They look at past results and judge their future based on that past. Well, I'm here to tell you that God is greater than your past!

We've all heard at some point in our lives that if you truly believe in something, having faith that it will happen, then it really will happen. A lot of people don't completely accept that, but the Bible is clear; what you believe is what you get. Jesus said, "Whatsoever things you desire, when you pray, believe that you receive them and you shall have them." (Mark 11:24)

Now, He didn't say you would see the manifestation of your prayers immediately. Give God time to work things out. Have faith and keep believing, "For a man who wavers is like a wave of the sea driven with the wind and tossed. Let not that man think that he shall receive anything of the Lord." (James 1:6-7)

Daniel N. Brown is the publisher of the "Living the Abundant and Prosperous Christian Life" Newsletter. A free weekly publication that teaches people how to live the abundant and prosperous Christian life. Receive a free copy of Dan's 14 page report entitled, "5 Biblical Keys to Outrageous Prosperity," when you sign up. www.secretplaceonline.com

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