

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Dress to Impress**

**By Marisa Pellegrino**

**Dress to Impress by Marisa Pellegrino**

Have you ever wondered why that girl from the bar never called you back? The conversation came easy, the drinks were flowing, you could feel the chemistry, and you were dressed to kill? or were you?

Your mother always told you that you only get one chance to make a first impression and first impressions can make or break you. Women look at every last detail, from your tasseled shoes to the amount of goop you have in your hair. Be honest guys, women aren't the only ones who try on ten different outfits before deciding what to wear for a night out on the town. And it is perfectly normal. But how do you know which outfit is the right one to impress the girl on your first date?

Let me take you through it step by step. Clothes aren't the only thing a woman looks at when you're dressing to impress; it's the whole package. Fortunately or not, the outside is what she sees first. What you see is sometimes what you get. So what do you wear?

**Out with the Old?**

Rule number one is: don't under dress. Guys have a tendency to pull on a pair of pants and the first shirt they find and head out the door. You have to look put-together, like some sort of effort was made for her. So take those ratty, old tennis shoes and toss 'em! Take your t-shirts with big, loud prints and forget about them! And yes, women think carpenters are sexy but that doesn't give you the green light to wear your paint-stained jeans. The solution is simple. Ask a friend (male or female) over the day of your big date. Not only will they help calm your nerves but they'll also give you their honest opinion on your chosen outfit. Second, an iron can also be a man's best friend. You'd be surprised what a little pressing can do to change your look. Finally, don't rush! There's nothing wrong with taking an extra half hour to prepare. If you take the time to get ready, your date will take the time to notice.

**'in with the New**

So while the first rule might seem simple enough, some guys might take it too far, which brings us to rule number two: don't overdress. We don't expect you to know all the latest fashion trends of the day

## Dress to Impress

and we don't expect you to follow them either. This second rule doesn't only deal with being a label whore but also with men going overboard; that is to say those men don't know when enough is enough. While some guys take a shirt, smell it and decide whether or not it is clean, others think their shirt has to say Hugo Boss, Armani, or Ralph Lauren to look good. So let's make your sweater selection. Stay away from Grandma's knitted birthday gift and nipple shirts. The former screams little kid while the latter leaves nothing to the imagination. The tight shirt may not be an option if you're not comfortable enough with your body, but if you are physically fit, why not let the woman imagine what's under there to maintain an element of mystery. You can't go wrong with a button shirt, leaving the first couple of buttons at the top undone. It's casual, comfortable, and classic.

### A Dab Will Do You

Do you remember the last time you were walking down the street and almost got whiplash because someone passed by you with an overwhelming smell? Our sense of smell is one of our most powerful senses, which leads us to rule number three: always remember to smell good. Some smells take us back to childhood and others remind us of something very specific. The same applies to your cologne. But why is cologne used in the first place? Its purpose is twofold: it becomes your 'signature' and the sense of smell is heightened when things start getting hot and heavy. Again, less is more. No need to drown yourself with the stuff, keep in mind that when it comes to cologne, a little goes a long way. The best places to apply your signature are the inside of your wrists, your neck, and even your chest.

### Attention to Detail

Sometimes it's the little things that make a difference and rule number four reminds you to pay attention to detail. We all know women have an eye for the minute and the slightest thing can turn us off. So the solution is simple boys, don't overlook the small stuff. Just like women like carpenters, some women also think scruffy is sexy, but on your first date, go with the clean shaven look to be safe. And not only are you going to brush your teeth, you're also going to break out the dental floss for this one just to be extra safe. Make sure your hair is neat and doesn't hold an entire bottle of product in it. Remember to clean those nails. You may look like a man's man with dirty nails, but it's a turn off for women. Finally, keep the accessories to a minimum. You can wear your watch and necklace or a ring but that's it. If you're wearing more jewelry than your date then we could have a problem!

Of course, not all women are the same but most will agree that less is more when making a good first impression. So remember the four simple rules: don't dress like you're going to watch the game at a buddy's house or like you're about to walk down the runway; smell great and put in the effort to care of the details. You're sure to have plenty of second, third, and fourth dates!

I recently graduated with a BA in English Literature from Concordia University in Montreal, with a minor in Professional Writing. Currently, I help research and write for a Montreal radio show called Passion, a program about dating, relationships, and sex ([www.dating-idea.com](http://www.dating-idea.com)). I also do web copywriting.

### **Finding the Dress of Your Dream at a Price You Can Afford**

**By Kristie McDaniel**

## Finding the Dress of Your Dreams At a Price You Can Afford

Inspired by my own search for my wedding dress, I decided to write this article because it turns out you can get lucky if you research and are patient. I started looking for my dress a few months before I got married and I found the dress I loved, but it was \$800. My dress was really simple and this was not in my budget, so I got the company name and the style number and searched everywhere online and off for this dress. Finally I found it offline for \$499 at a local bridal shop. But then I was looking for flower girl dresses in a popular department store catalog and imagine my surprise when I saw my dress for \$299. I couldn't believe it. I know I lucked out, but maybe with these tips you can too!

Be patient.

You can definitely wait to buy your dress. With all these different companies selling that on dress, you can search to find the best dress. Unless you're buying a Vera Wang original, do a little hunting!

Write down the designer and style number or dress name.

This is important for your research.

Research

Look everywhere online and off for your dress. I found my dress online for a couple of lower prices before I found the \$299 dress. A lot of online companies offer dresses at rock bottom price. You can find accessories very cheap online also. Search for "Discount Wedding Dresses".

Look at the wedding dresses from popular department stores.

These stores can sell the same dress at lower prices because they have the buying power.

Have a style in mind, but don't get stuck on one particular dress if you can.

Learn the style that looks best on you. I say that looks best on you because originally I wanted one of those poofy Cinderella dresses but I tried one on and it made my hips look huge (and believe me I don't need any help!). So, I tried on different dresses and chose the style that looked best on me.

Good luck on your search and have fun planning your wedding!

Kristie McDaniel Author of the E-Book: Do Yourself A Favor: Easy and Affordable Wedding Favors You Can Make Yourself! On sale at

. [Subscribe To My Free E-zine!](#)

Related Content:

[Finding the Dress of Your Dream at a Price You Can Afford](#)

[How To Be Stunning In A Black Prom Dress](#)

[The Perfect Dress Pattern](#)

[Wedding Dresses – Frequently Asked Questions](#)

Dressing Tips for Interview Success

Read more Content at

Related Products:

Vintage Crochet Patterns Bridal

Hints for lovers

Brew Your Own Beer

Profitable Puppets

Home Remodeling Secrets

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**