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Drinking Alcohol – The Good, The Bad And The Ugly Aspects

By **James Dyson**

An online medical dictionary defines alcohol as organic chemical in which one or more hydroxyl

(OH) groups are attached to carbon (C) atoms in place of hydrogen (H) atoms. Well known alcohol includes ethyl alcohol or ethanol, methyl alcohol and propyl alcohol. Everyone, however, understood alcohol (ethanol) as wine, beer, and liquor. It has strong ability to alter people's pattern of attitude, behavior, especially those that are addicted to it. And, this is the focus of this article – the good, bad and ugly of alcohol drinking. In other words, we shall state the benefits of alcohol, if any – its terrible problems and major concerns for drinkers and the society at large.

Does alcoholic drinking has any benefit?

Maybe yes, maybe no! But let's consider some laboratory and medical tests and analyses about this controversial issue, before exposing any downside. According to the NIAAA – National Institute on Alcohol Abuse and Alcoholism, it concluded, after much scientific reviews that moderate drinkers do have lowest death rate compare to heavy drinkers and some fellows who don't drink. That conclusion was hinged on scientific findings that moderate drinkers do have stable heart condition, therefore improve their longevity. But, it seriously warns women of possible risk of breast cancer. Let's now consider some problems of alcohol drinking in more detail.

The problems of under-age drinking

The news is always awash with negative incidents of young boys (and sometimes girls) involving in wide parties and violent-prone fraternities, which under-cover police investigations have discovered to be highly-induced by alcohol drinking. Colleges across the United States and most countries of the world have been bombarded by this hydra-headed menace. Right now, parents are extremely worried

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and confused, while governments at all levels are spending large sums of money on rehabilitation, education, orientation and new police training and gadgets to curb alcohol drinking problems associated with under-age population.

Impact on the larger society

Deeper levels of alcohol drinking are various crimes and human behavioral disorders being unleashed to the larger society. We have various offences, ranging from minor to more aggravated crimes, such as traffic offences, little or grave assaults, battery and even murder. In the US, it is widely reported that from the year 2002, alcohol-related crimes were on the increase and potentially reduce the quality of life for both victims and their loved ones.

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Alcohol Rehab When It's Necessary

By James Calvin

Alcohol rehab has been made public through such organizations as AA, Alcoholics Anonymous, as well as other famous institutions that treat alcohol related issues. Alcohol rehab is important because it can bring back a promising life that is on the brink of disaster. When alcohol consumption becomes an issue, rehab may be the only option. Families have been destroyed, lives torn apart, and some people have lost everything over becoming addicted to alcohol.. Rehab can be the only option for some people. Their surroundings and friends can at times be environments that make drinking impossible to stop. For these people rehab may be the only option to quit drinking alcohol.

Alcohol rehab, although a Hollywood cliché, is actually an honorable action that anyone who suffers from addition to alcohol can take. Rehab is a place that one can go to find a solution to a problem with alcohol that they can't find on their own. Rehab helps educate and bring paradigm shifts to the person who may have never seen alcohol in a healthy light. The ultimate goal is to find what drives the person inside to drink alcohol in quantities that are unhealthy.

Alcohol rehab is an option that should not be left as a last resort. Checking into rehab at the onset of alcoholism may prevent serious civil consequences, such as loss of job, divorce, or tearing a family apart. Alcohol rehab has saved many lives in more ways than one. A life can be saved through a simple and effective alcohol rehab program. Education and environment can be achieved with the right alcohol rehab program. If you feel that someone you love may be at risk and may be able to benefit

from alcohol rehab, don't hesitate to look into what alcohol rehab programs are available in your area.

James Calvin is bringing awareness to the web with such topics as alcohol rehab through his website

<http://www.alcohol-rehab-site.com>

For more details on alcohol rehab be sure to visit his website. You

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